

# GOOD TIMES

THE MONTHLY NEWS OF ROYAL JOHANNESBURG  
ISSUE 10 | OCTOBER 2023



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ROYAL JOHANNESBURG  
2023 FESTIVAL OF GOLF



Merci  
Beaucoup





# FROM THE CLOCKTOWER

CHRIS BENTLEY, CEO

A night we will never forget as the mighty Springboks go down in history for having won the Rugby World Cup more than any other nation. The Club welcomed some 300 members, guests and residents to the final and the celebrations continued well into the morning. It was the perfect end to an incredible Festival of Golf week and personally, an occasion I will never forget, as one of the best events I have ever been part of at the Club.

Viva le France... the 2023 Festival of Golf brought to you by Tricolt, was a standout festival of great fun and our sincere thanks to our property developers for another generous title sponsorship as well as all the other companies who contributed to this year's success. Thank you to all the members who supported and participated and to our special staff, who worked tirelessly to pull it all off.

Earlier in the month the Club announced that our East Championship Course claimed its 5th World Golf Award! The 10th annual awards ceremony took place in Abu Dhabi on 24 October and saw the golf industry, press, pioneers and golf figureheads traveling from across the world to attend, where the East Course was once again named Best Golf Course in South Africa for 2023.



Another very proud moment for the members, Board and staff, as our Championship facility continues to be recognised amongst the very best on the international stage. We express our gratitude to everyone who voted for us and a heartfelt thank you to all the members who support the Club's success year after year - the only Club on the continent to with bragging rights to 5 world golf awards.

The dazzling jacarandas are out and it always amazes me how these trees sit so quietly, unnoticed all spring, until one day it feels as if every single one throughout the city bursts with velvet blossoms at the exact same time and boy, is it beautiful. In October last year we were 'mopping' up the clubhouse due to flooding, in contrast, this year has been very dry. However, at the time of writing this month's column, we have just received 36mm of gradual rainfall which will have a great effect on the courses in the coming weeks.



In this regard, it is important to note that we are heading into an El Niño summer and the Club is being very conservative with its' water for the courses.

The construction of our solar carport structure is well underway (70% complete), the battery room is finished and members can see the progress being made. The handover is set for 20 November and we look forward to having a full car park available again and of course the significant benefits of reliable and cost effective energy. In conjunction, the Club has also completed the installation of its pre-paid meters, to curb the incorrect billing cycles from COJ. We are also pleased to advise that the implementation of our water storage tanks for the Clubhouse have been completed, which will serve as insurance during periods of no water supply.

The new furniture for the patio, bar, halfway and deck starts to arrive this week and everything should be in place by 8 Nov. The new furniture will enhance your hospitality experience - it's a wonderful 'look & feel' and will be more comfortable and provide better choice of seating when at the Club.

Management is working hard behind the scenes to finalise the Club's new website with progress being meticulous and we are hoping to launch by the end of November/ early December. The new site will be easier to navigate, more attractive and provide the latest online technology.

The year-end Board meeting is set to take place on 22 November and the Board plans to review progress made and to finalise strategic plans for Q1 2024.

Now we put our weight and support behind the Proteas and pray our team can claim double World Cups! Please continue to use the Club, bring the family and enjoy your wonderful facilities.







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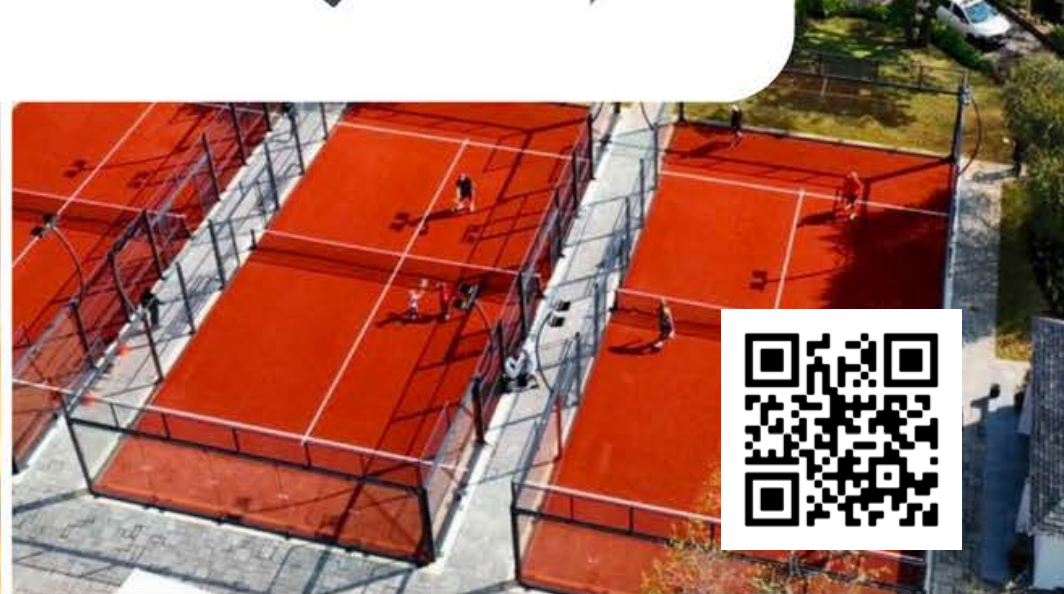




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28014 Madrid, Spain





# THE GOLF DEPARTMENT

LIAM BROWN, DIRECTOR OF GOLF



The 2023 Festival of Golf week was full of member activations and new memories. The week went exceptionally well, and we are truly appreciative of all the members who supported the week.

I'd like to take a moment to thank all the sponsors who came forward to contribute toward the week, without your support the week would not have been possible.

Our Mid-Am A side has done it! not once but twice! Clinching the league for the second year in a row which took a hard-fought battle against league leaders, Glenvista, who needed a draw for the fixture to hold the title. The match went down to the last hole and one last putt. Step up Ryan Lane who had no option but to win the hole to win the team the league. We congratulate a fantastic league win led by David Ryan the team captain.

The league dates for 2024 have been released by the Central Gauteng union and will be distributed to league captains in the coming weeks.

We remind all golfers playing on our prestigious courses to take extra care going into the summer season, repair pitch marks, fill divots and ensure all bunkers are raked. The lightning season is quickly approaching with our first storms occurring recently, if the siren is sounded we ask all players to immediately mark your ball and return to the safety of the club house until play is resumed.

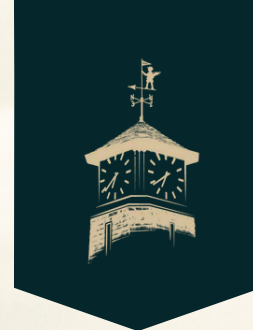
Thank you for all your support and we look forward to ending the year strong.





# Welcome

## TIAAN VAN WYK



### ASSISTANT GOLF DIRECTOR

We are delighted to announce the appointment of Tiaan Van Wyk as Assistant Golf Director.

**“I am excited to start this new journey with Royal Johannesburg and to serve the Members of this remarkable institution. I look forward to meeting you and creating wonderful golfing memories”**

- PGASA Associate
- BSI Graduate
- R&A Rules





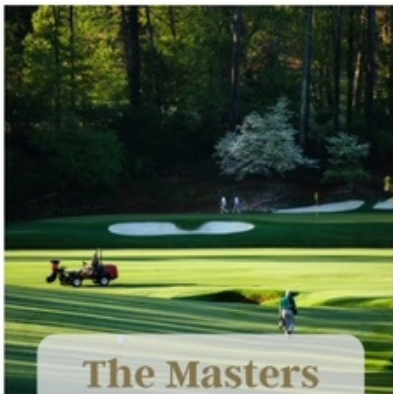


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EST. 1890

## Travel Club

Where discerning golfers unite to embark on extraordinary golfing holidays centered around coveted bucket list destinations and unforgettable experiences. Our club offers an exclusive opportunity for members to blend rounds at the world's most prestigious golf courses with major events on the sporting calendar. Whether you're a seasoned golfer or a passionate beginner, our travel concierge allows you to customise your dream golfing holiday. Join us and tee off on the journey of a lifetime!

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New Zealand



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golftraveller

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## ROYAL JOHANNESBURG CLUB TRIP: LIVERPOOL

10 NIGHTS | 29 MARCH - 8 APRIL 2024

### ACCOMMODATION

10 Nights **B&B** at Titanic Hotel, Liverpool (4\*)  
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*Upgrades available upon request*

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Clubhouse Dinners (x2)

### GOLF

Royal Liverpool Golf Club

Formby Golf Club

Hillside Golf Club

Royal Lytham & St Annes Golf Club

Royal Birkdale Golf Club

### TRANSFERS

Luxury Ground Transfers Throughout

### EXPERIENCES

**Premier League Football:**  
Manchester United vs Liverpool, Old Trafford  
*With Hospitality*

Manchester City vs Arsenal, Etihad Stadium  
*General Admission*

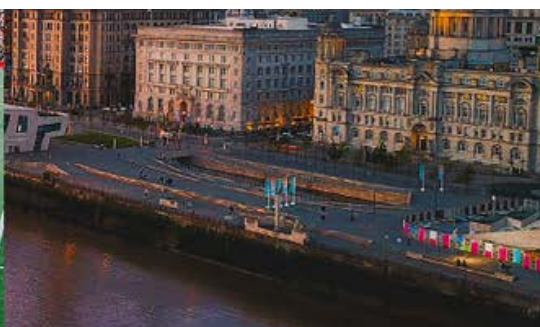
*\*Subject to availability and Premier League scheduling.*

### ADDITIONAL SERVICES

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# FROM EAST TO WEST

JERRY STEYN, COURSE MANAGER

October is Jacaranda month and there is nothing more spectacular than the blooming of all the Jacaranda trees in Gauteng. Every year I am amazed by how many of these trees are around us. Normally their presence welcomes rain but unfortunately we have had only 2mm recorded for the month and it is certainly felt out on the courses. The El Nino is certainly making its presence felt and as predicted we are having a hot and dry spring thus far but fortunately not our worst October as in October 2019, we recorded 1,5mm followed by 178mm for November 2019 so hope is still there. For now, we will impatiently be waiting for the rain to come.

The water situation at Royal remains under pressure and we are using water conservatively due to the presence of the El Nino. The East course dam upgrade has helped us to be able to water more frequently than the West, hence the reason we were able to fertilise the East already.



Unfortunately, in these high temperatures the evapotranspiration rate is much higher than the amount of water we can supply during our watering schedule while also being cognisant of the climate change and predictions.

The West greens were hollowtined in the first week of October, holes have all been closed within a two week period following the first holes being punched. Green speeds have been slower than normal due to the aeration taking place and we will gradually be dropping mowing heights to be the same as East and green speeds will gradually also be picking up again.

The tee levelling on West is near completion and we only have two tee's left on the 17th West to complete. We have also started preserving grass on 5 East and 16 East and these tee's will be started in early November.



During September and October, we have taken the opportunity to use our scarifying clipping to build a new Kikuyu nursery of about 8000m<sup>2</sup>. This will be ample supply to sod across on both East and West, and the nursery first section is almost ready for use. This will not take us away completely from using the driving range fairway when sodding is needed but the sods are of much better quality and recover within a two week period.





# Year end Celebrations

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- Cocktail special | Buy one get one free
- Members receive free venue hire (Mondays & Tuesdays)

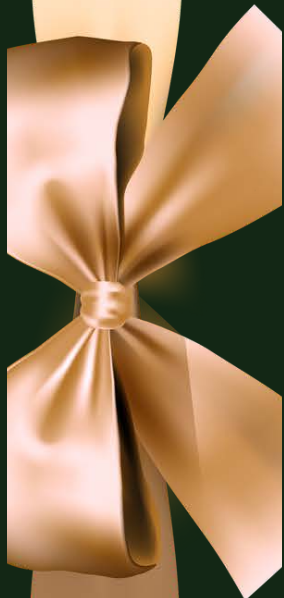


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FROM

**R862 PM**

TS & CS APPLY

Any Member who introduces a "buddy" new member to the Club will receive a 52 round playing ticket split between two Members.

**(26 FREE ROUNDS EACH)**



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**SOCIAL**

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# New Website



## COMING SOON

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# LADIES GOLF

WENDY HUDDY,  
LADIES GOLF MANAGER

October has been a busy month at the Club and on the golfing calendar. I am sure that all eyes were glued to the TV screens for both the Solheim Cup and the Ryder Cup, neither of which disappointed. Such incredible golf was played by both the ladies and the gents and congratulations to Europe for winning both cups! Ash Buhai is now back playing after a long layoff and had some pretty decent results these past two weeks, throwing in a first round ten under par at the Seowan Valley Country Club! Good luck to Ash for the rest of the season, which includes her defence of the Australian Open Crown!

Our league season has finished and congratulations to all three of our ladies teams but particularly to our weekday 2 team, managed by Lynn Gardner, who won the D division and will be promoted to the C division for the 2024 season. Not bad for a team who fought being relegated last year! Both our Sunday team and our weekday 1 team, ably managed by Gina Slade and Ina Sanders, finished in second position in the Sunday league A division and the weekday A division.



Thank you to every player who represented Royal with such enthusiasm and pride and to our three managers who obviously 'got it right' with the selections and pairings, looking at the results!

Our team of Marian Ledingham, Sherida Stevens, Lynn Gardner and Helen Tyne finished in third position in the recently held CGGU Teams Challenge on the challenging Houghton Golf Course. Well played to them all and to Royal's other three teams who all fared well but were not in the prizes.

The Festival of Golf is now a thing of the past and congratulations to Chris Bentley and his team for yet another successful week. Not many people realise quite how much work goes on behind the scenes so well done to everyone involved. Our Ladies Open day was such a great success and thank you to everyone for embracing the French Theme – our patio looked magnificent and to hear the banter and laughter at lunch time was wonderful.







# CAPPIE'S CORNER

ANDILE MSENTI  
CLUB CAPTAIN



My first newsletter article since I took over the Captaincy from Nick Watt-Pringle.

Firstly, I would like to thank Nick for the sterling work he did over the past 3 years - I certainly have some big shoes to fill.

It is an honour for me to now be your Captain and I will do my very best to continue the great work of the past. I would like to sincerely thank all the members for the wonderful welcome and support I have received thus far.

Whilst our excellent management team run the golf department oh so well, please do feel free to pass on any suggestions or ideas you may have which could further improve your golf experience or membership at the Club.

I will endeavour to play with any new members and different groups (Schools) throughout the year and look forward to hearing other people's perspective of our wonderful Club.

As the Captain my primary role is to serve as the interface between the members and the board and to ensure we are all travelling the road set by the majority members.

I will serve as a custodian at Club events and promote our brand with great pride. We will be looking to set up more inter club events in the new year and creating more fun wherever possible.

In closing, last week's festival was another remarkable occasion and boy was it a celebration of this wonderful game. My sincere thanks to our Golf Director, Liam and all the teams, to our members who participated and of-course our generous sponsors who brought the event to life.

Wishing members, goodluck with your golf and enjoy the course and the facilities and more than anything enjoy being part of Royal Johannesburg.





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MEDITERRANEAN

*Sushi*

NIGHT



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# THE CHEFS TABLE

RANSLEY PIETERSEN  
EXECUTIVE CHEF

As the first thundershowers of the season embrace our dry land, a symphony of nature's might begins.

Nurturing the process of the seasons change and giving birth to a new life beneath. As we bask in the glory of yet another Rugby World Cup Victory and feel the resonating spirit of Ubuntu we are reminded that in everything we are StrongerTogether. With the festive season beckoning, a palpable excitement fills the air. It's a time when anticipation mingles with nostalgia, and traditions come alive with a renewed spirit.

Our Festival of Golf 2023 has been a resounding success concluding with the Rugby World Cup Final. The entire week has been filled with accolades and achievements across the club for members, guests and fellow staff of our wonderful club.



We have hosted a successful farewell for the former Miss SA, Bryoni Govender as she sets off to compete in the Miss Universe Pageant. Royal Johannesburg is currently the exclusive on consumption partner for Avante Brandy, and we are proud to bring this amazing product to our members. With the sale of every bottle of Avante, our members get an invite to the launch of Avante in December 2023, to rub shoulders with the likes of John Smit and the Rugby Legends behind the brand.





In concluding Restaurant Week 2023, 5 November- The Old Oak is currently ranked in the top 5 Restaurants to dine at in Johannesburg boasting a 5-star rating from the diners that have passed through the facility during the last month. During the next two months, the Old Oak is set to host a variety of private events where the facility will be closed exclusively. To avoid disappointment, ensure that your bookings are made in advance.

Our Mediterranean Sushi Thursdays are growing in popularity, and we are delighted that our diners are enjoying the bespoke offering.





# The Christmas Collection

Available at Royal Jhb & Kensington Golf Club & The Old Oak Restaurant

*Last collections available @ 12:00, 24 December 2023  
Limited amount of prepacked boxes available  
Pre orders on Gammon, Biscuit Box, Artisanal Breads*

## Glazed Gammon

**R295**  
(1.7 to 2kg)

## Cake Pops

*Charged individually*  
**R60**

## Kiddies Santa Socks

**R145**  
*Filled with candies and treats*

## Wine Box 1

**3 pack R495**  
Old Oak Chenin  
Old Oak Pino  
Horizon Rose

## Wine Box 2

**3 pack R540**  
Old Oak Chenin  
Old Oak Pino  
L'avenir Glen Rose

## Biscuit Box

**R150**  
*Citrus & Almond, Choc Chip, Sugar Cookies*

## Artisanal Bread Box

**R220 for all 4 /R80 Each**  
*Ciabatta, Olive, Sourdough, Garlic*





# HAPPY HOUR

EVERY  
FRIDAY  
6-7PM



CLUBHOUSE

BUY ONE,  
GET ONE FREE





# THE BEE JOURNAL



It's that time of the season again where the flowers blossom and there is a prominent buzz in the air. The beautiful Jacaranda trees have begun flowering so you begin noticing what we call bee carpets. This is where flowers have fallen to the ground and the bees are still able to draw nectar from those fallen flowers. Keep an eye out for bees when walking as there are cases where people are accidentally stung. The staging area is extremely noisy and busy with bees which is due to the trees in full flower. Did you know South Africa is home to 10% of the global plant species with three global diversity hotspots.

Honey is expected at the end of November so please do keep an eye out as this product will be in limited quantities. I am planning to submit the Royal Honey for awards at the end of November, this is something which I do BeeLIEVE we can walk away as champions with our honey.

The Beekeeper





# BEST EMPLOYEES

*Of The Month*



VINELLE BOTHA

*Front of house*



MULAMULELI MAKHADO

*Back of house*



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LUNCH | WEDNESDAY - FRIDAY



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# FROM THE PROS

MARTIN BRIEDE,  
HEAD TEACHING PROFESSIONAL

Spring treatment and hollowtining have been completed on the range. The tees are looking lush providing a good hitting surface and the putting and chipping greens have also recovered nicely.

With the weather warming up I encourage members to come practice or perhaps come take a lesson with Gavan or myself. We have a selection of cold drinks and water in the driving range shop to quench your thirst on warm days. We also have a few training aids for sale to improve your game.



This month we will be hosting a ladies clinic on Wednesday 22nd of November, an hour of instruction on the range to be followed by pizza at the Old Oak. We also host a clinic every Saturday morning from 9am till 10am for junior golfers under ten years of age. For more information on lessons and range bucket packages call me on 084 503 5477 or Gavan on 082 990 7186

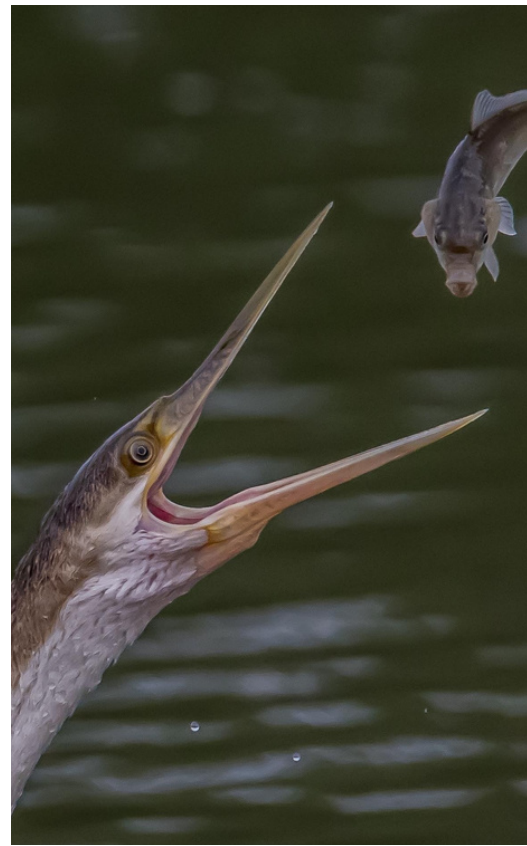
## YOUR TIP OF THE MONTH





# SHOTS OF THE MONTH

BY THE TALENTED, TREVOR BARNETT





[PROSHOP@ROYALJK.CO.ZA](mailto:PROSHOP@ROYALJK.CO.ZA)



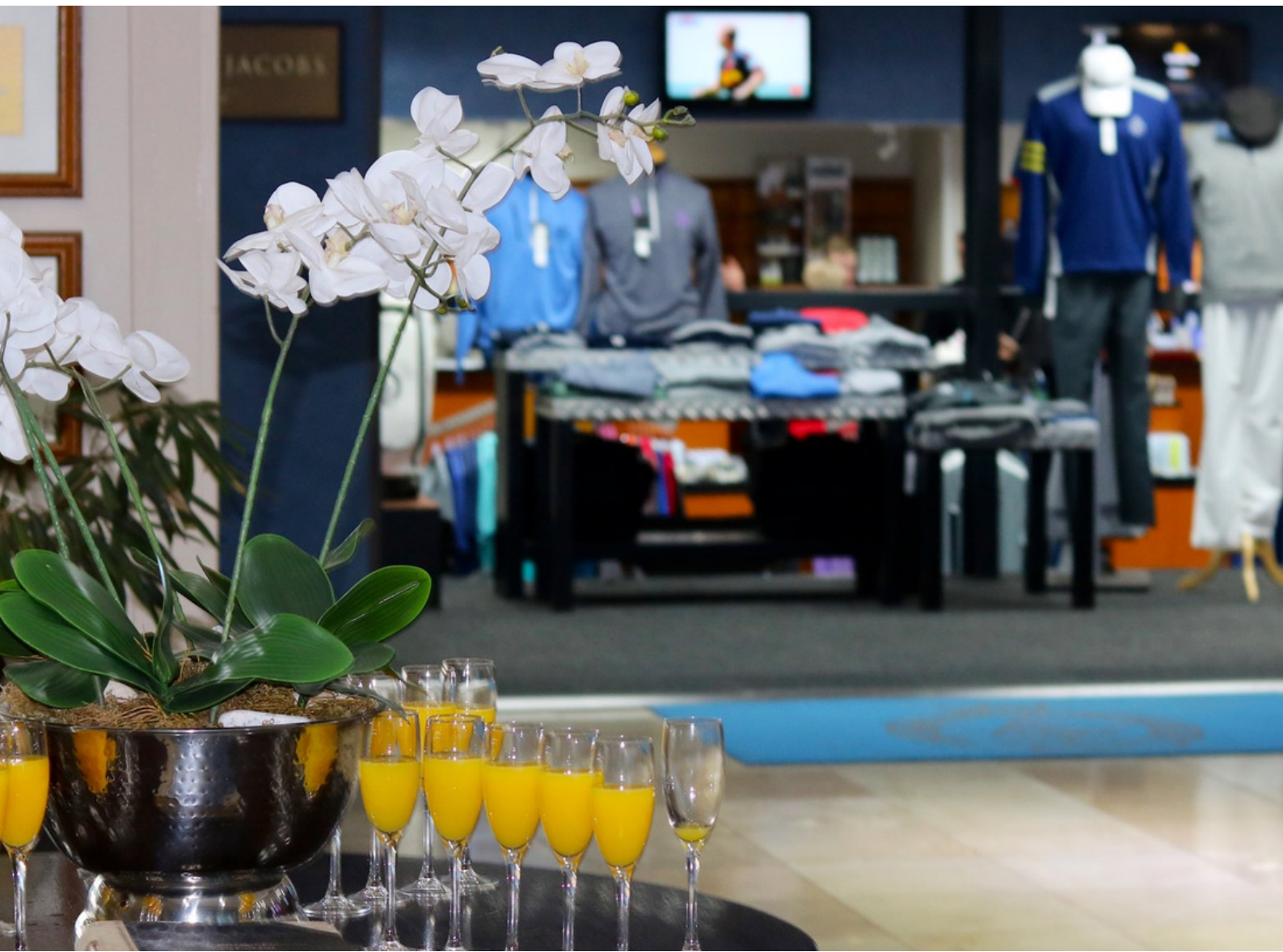
The Festival of Golf was once again a huge success. It finished off the World Cup Rugby final. The patio, bar and lower bar was jam packed. It was the most brilliant evening. Well done to all the members who made the occasion so special.

We are running a Srixon Q-Star Divide. Purchase a dozen balls for R500, a saving of R200 And go into a draw to win a Srixon stand bag.

The Titleist range has been hugely successful, in particular the T150 irons. I am using that model, just incredible. You need to hit it to believe it!

We have 15 new Titleist golf bags that have arrived. Less 15% on all the models.

Thank you for all your support and happy golfing!





# ROYAL RETREAT



ROYAL RETREAT

*Wellness & Fitness Club*

Knee pain during a golf swing can be caused by various factors related to the mechanics of the swing, physical condition, or even prior injuries. Here are some common causes and potential solutions:

1. **Repetitive Motion:** The golf swing involves repetitive movements that can strain your knee, particularly if your swing technique puts stress on this joint. The rotation and weight shift during swings can place pressure on the knees, leading to soreness.
2. **Incorrect Technique or Posture:** Incorrect form or posture during your swing can contribute to knee pain. Improper weight distribution or pivoting could strain the knee joint.
3. **Overuse:** Playing golf for an extended period, especially if you're not used to it or if you've increased your frequency suddenly, can lead to overuse injuries. This can cause soreness or even minor injuries in the knee.
4. **Existing Knee Conditions:** If you have a pre-existing knee condition or injury, such as arthritis or previous damage, playing golf might exacerbate the discomfort. The stress of the swing and walking the course could agitate these conditions.
5. **Inadequate Warm-up or Conditioning:** Inadequate warm-up exercises before playing, or inadequate conditioning, can lead to muscle fatigue or strain, which could manifest as knee soreness.

To alleviate knee soreness after playing golf, you can consider the following:

- **Rest and Ice:** Rest your knee and apply ice to reduce any swelling or inflammation.
- **Compression and Elevation:** Consider using a knee brace for support and elevate the leg to alleviate discomfort.
- **Consult a Professional:** If the soreness persists consider consulting a sports medicine specialist or physical therapist to assess any underlying issues or for guidance on injury prevention and rehabilitation.
- **Stretching and Strengthening:** Incorporate knee-strengthening exercises and stretches to improve joint flexibility and stability.
- **Pain Management:** Over-the-counter pain medications can help manage pain and inflammation.
- **Proper Technique and Posture:** Work on improving your swing technique and ensure proper posture to reduce strain on your knees.

Remember, it's essential to listen to your body and not push through pain. If knee soreness persists or worsens, seeking professional medical advice is crucial to prevent further injury.

*Dale Ebell*

082 324 7797  
dale@bespokefit.co.za

TPI  
CERTIFIED



# AIMPOINT

## DP Tour

AimPointer Adrian Meronk won the 2023 Estrella Damm N.A. Andalucía Masters  
Louis de Jager took 4th place – Louis came to see me in Feb 2021 to learn AimPoint and be calibrated, he has been using AimPoint successfully on the various tours.

## The Nedbank Golf Challenge

Players Max Homa, Justin Thomas, Tommy Fleetwood and Justin Rose have confirmed for the Nedbank Golf Challenge at Sun City in November. All four are avid AimPointers and played in the Ryder Cup.  
It will be so exciting to watch them on home ground!

## PGA Tour

AimPointer Erik van Rooyen using the world's best green reading system at the PGA Tour Sanderson Farms Champs.  
Erik came to see me in SA at the end of 2020 and has been using AimPoint ever since.

To Learn AimPoint here at Royal JHB

*Sandra Van Den Bergh*

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# HOME SWEAT HOME

BUILD YOUR OWN GYM





# November 2023

Cricket World Cup - SA v NZ	Wed 1 Nov
Club Comp - Betterball Stableford	Sat 4 Nov
Club Comp - Alliance 2 scores to count	Sun 5 Nov
Cricket World Cup - SA v India	Sun 5 Nov
Ladies Comp - Individual Stableford draw	Tues 6 Nov
Gregs Day	Wed 8 Nov
Cricket World Cup - SA v Afghanistan	Fri 10 Nov
CGGU Tournament - East Course	Fri 10 Nov
CGGU Tournament - East Course	Sat 11 Nov
Club Comp - Betterball Bonus Bogey	Sat 11 Nov
CGGU Tournament - East Course	Sun 12 Nov
Club Comp - Betterball Stableford	Sun 12 Nov
Ladies Comp - 4 Ball Alliance	Tues 14 Nov
Club Comp - Individual Stableford / Medal	Sat 18 Nov
Club Comp AM - Betterball Medal	Sun 19 Nov
Ladies Comp - Under 70's v Over 70's	Tues 21 Nov
Interschools Final	Sat 25 Nov
Club Comp - Betterball Stableford	Sat 25 Nov
Club Comp AM - Alliance	Sun 26 Nov
Ladies Comp - 3 Ball Alliance	Tues 28 Nov

Every Wednesday - Pizza Night @ the Old Oak  
Every Thursday - Sushi Night @ the Old Oak



November						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



# December 2023

Club Comp - Betterball Stableford	Sat 2 Dec
Club Comp AM - Alliance 2 Scores to count	Sun 3 Dec
Ladies Comp - Xmas Comp & Lunch	Tues 5 Dec
Club Comp - Betterball Bonus Bogey	Sat 9 Dec
Ladies - BG's Xmas Comp	Sat 9 Dec
Club Comp AM - Betterball Stableford	Sun 10 Dec
Ladies Comp - Individual Stableford	Tues 12 Dec
Greg's Day	Wed 13 Dec
Public Holiday	Fri 15 Dec
Public Holiday	Sat 16 Dec
Club Comp - Individual Stableford / Medal	Sat 16 Dec
Club Comp AM - Betterball Medal	Sun 17 Dec
Club Comp - 4 Ball Alliance	Sat 23 Dec
Club Comp AM - Alliance	Sun 24 Dec
Public Holiday - Christmas Day - Club Closed	Mon 25 Dec
Public Holiday - Day of Goodwill	Tues 26 Dec
Club Comp - Golf Directors Choice	Sat 30 Dec
Club Comp - Golf Directors Choice	Sun 31 Dec



December						
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Every Wednesday - Pizza Night | Every Thursday Sushi Night @ The Old Oak





- Westlake Golf Club
- Bloemfontein Golf Club
- East London Golf Club
- Humewood Golf Club
- Inanda Club
- Kloof Golf Club
- Prince's Grant, Durban
- Pretoria Country Club
- Zebula Country Club & Spa
- Royal Cape Golf Club
- Royal Durban Golf Club
- Royal Port Alfred Golf Club
- Pecanwood Estate Golf Club
- Rustenburg Golf Club
- The Victoria Club, Pietermaritzburg
- Royal Harare Golf Club, Zimbabwe
- Chapman Golf Club, Harare, Zimbabwe
- Windsor Golf & Country Club, Kenya
- Omeya Golf Estate, Windhoek Namibia
- Phakalane Golf Estate Botswana
- Denman Golf Club, England
- Royal Ascot Golf Club, England
- Royal Clinque Ports Golf Club, England
- Royal Wimbledon Golf Club, England
- Royal Dublin Golf Club, Ireland
- Royal Aberdeen Golf Club, Scotland
- Hong Kong Golf Club, China
- Mission Hills, China
- Killara Golf Club, Australia
- Royal Perth Golf Club, Australia
- Royal Queensland Golf Club, Australia
- Auckland Golf Club, New Zealand
- Royal Wellington Golf Club, New Zealand
- Real Sociedad, Spain
- Royal Colwood Golf Club, Canada
- Royal Ottawa Golf Club, Canada





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