

# THE ROYAL NEWS

ISSUE 1 | *January 2023*



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# TSR

The hours have been put in. The work has been done.  
As the moment approaches, you either fear it or feel it.  
So step up and settle in with confidence. Titleist TSR is here.

#FindYourFaster



*Titleist*<sup>®</sup>



# The Dan Nicholl Show Invitational

## Teeing off for a worthy cause!



**BRIGHTROCK**

You're invited to purchase a three ball for The Dan Nicholl Invitational, in support of the Laureus Sport for Good Foundation. Be a part of change for good, make a difference, and enjoy a round of golf at the magnificent Royal Johannesburg and Kensington Golf Club.

It's a double course event, with a host of fun activities and a star studded line up of South African celebrities. One celebrity will make up the fourth player in each group via a live draw!

R7 500 Per Team | Limited spaces | Date: 6 February 2023 | Registration from: 10:00

Celebrity Live draw: 11:00 | Tee off time: 12:00 Shotgun | The East & West Courses

Includes: Golf Cart, Halfway, Dinner & Auction

All proceeds go to the Laureus Sport for Good Foundation

Secure your booking today: [clubops@royaljk.co.za](mailto:clubops@royaljk.co.za) by 15:00 on 3 February 2023.

We're looking forward to seeing you there!



# FROM THE CLOCK TOWER

*Chris Bentley, Chief Executive Officer*



On behalf of the Board, management and staff, we welcome you to 2023 at Royal. We hope that you and your loved ones enjoyed some quality time together over the holiday season.

Our focus for the year ahead is to keep becoming more sustainable, more efficient and innovative and to ensure the member value proposition and facility offering continues to reach new heights. As we start the calendar, we will continue to face the immense challenges that face our country, the economy and in turn, our business.

Load shedding remains a very costly concern and is currently consuming potential club profits. At an average cost of R6 000 a day in fuel, it is simply not sustainable. As communicated, the Board has received two power purchase proposals for solar and we look to approve an agreement at the March Board meeting and implement the solar solution by May. The signed agreement, will meet all our objectives and secure reliable, cost effective energy through a car port solution on a no capital basis.

“Mother Nature” is speaking to us louder than than ever before and it’s been a turbulent summer to say the least – from record rainfall, to sweltering heat waves! We are certainly hoping for more ‘stable’ weather conditions in the weeks ahead and our sincere appreciation to our course manager and his team, for delivering wonderful conditions despite the extreme changes in climate. The Old Oak Restaurant and Family Centre continues to grow in demand and the facility experienced a record turnover in December, which fortunately supplemented the loss of golf rounds due to rain. The facility is slowly maturing, expanding with outsourced catering and without doubt, becoming the first choice for family dining in Gauteng. Please keep a look out for some of the fantastic evenings and author events on the calendar, including a night with Chris Bertish in February and rugby legend John Smit in March. Thanks to our chefs and front-line staff for continually pushing memorable experiences, refined dining, better procurement and creating special occasions, which ensure this fantastic venue continues to go from strength to strength.



The dawn of a new year also brings new opportunities and many exciting projects. The Club has announced that we will be implementing padel tennis - the fastest growing sport on the planet. In the month of February, Africa Padel ([www.africapadel.com](http://www.africapadel.com)) will start the construction of extending the car park and building three courts, a padel pro shop and hospitality area on the west side of the car park (old bowling green - parking). This will include new landscaping, be child friendly, aesthetically pleasing and offer an area for us to provide food & beverage. The model is very similar to golf, with lots of synergy and economies of scale (hence the location), and it will be profitable from the outset and add an additional offering to members. Padel certainly compliments the 'Country Club' aspect and aligns with our mission to keep creating new revenue streams, superseding value, on a no risk basis. Once construction is complete (May), we look forward to launching the padel proposition to our members.

As communicated toward the end of 2022, the Cabinet office in the UK formally approved the name change of the Club, in line with the special resolution approved by the members at the 131st AGM. We are working with graphic designers on 'new' corporate identity and branding, which should be complete by March and then we aim to launch the new Club logo and name by May. In this regard, we remind members that the name change of the Club is for PR and marketing purposes. The legal trading name of the Club will remain the same.

Over the past month, we have started welcoming many homeowners into the residential membership - on behalf of the Club, we welcome you to your new home and the Royal lifestyle. We are looking forward to seeing you at the Club and wish you many happy and wonderful years in residence.

As the Club's moniker goes 'The Royal Experience', underlines the great support of the members, which is amplified by the management and Board's drive to continually enhance our Club for the future.

Despite all the challenges, we have so much to look forward too in 2023.







For More Information: [www.africapadel.com](http://www.africapadel.com)





The Old Oak Restaurant proudly presents an exclusive evening with

# Chris Bertish

HOSTED BY, THE INFAMOUS DAN NICHOLL

"Chris is a remarkable professional speaker; big wave surfing mavericks champion; stand up paddle boarding guinness world record holder and ocean pioneer"

DATE: TUESDAY, 21 FEBRUARY 2023 | TIME: 17H30 FOR 18H00 | COST: R950PP

INCLUDES: 3 COURSE - TALISKER WHISKEY PAIRING | SIGNED BOOK/PHOTO

RSVP: LIMITED SEATS | [FUNCTIONS@ROYALJK.CO.ZA](mailto:FUNCTIONS@ROYALJK.CO.ZA) | 073 644 8925

MEMBERS RECEIVE 10% DISCOUNT

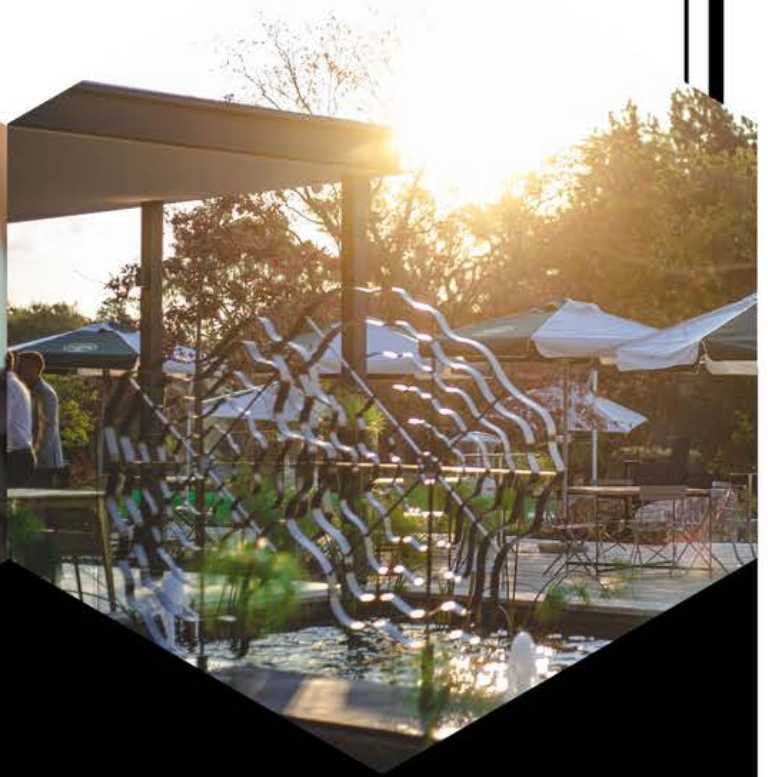
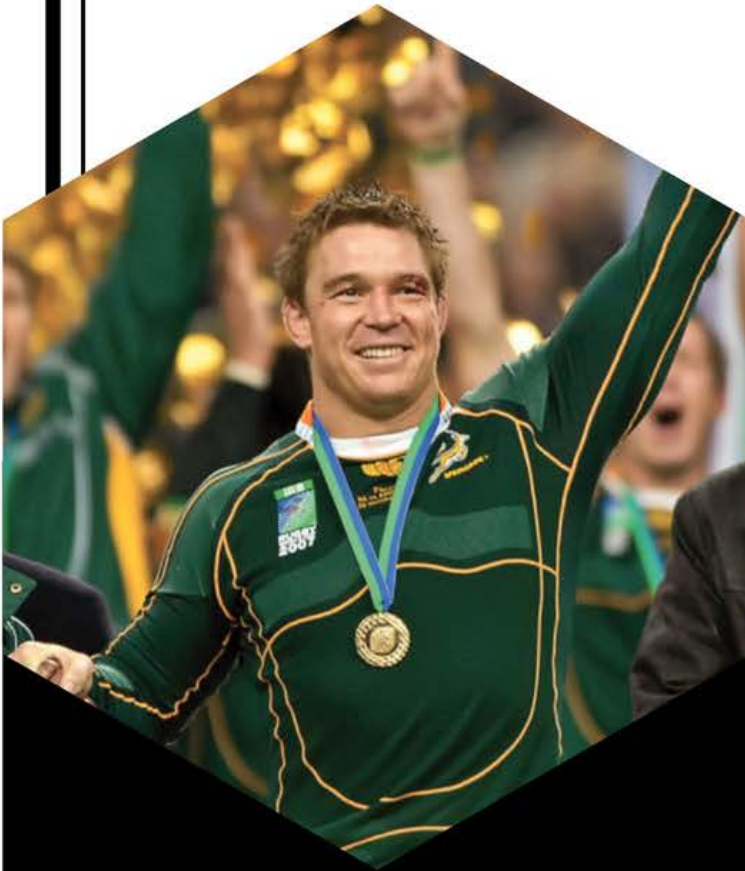




THE OLD OAK RESTAURANT PROUDLY PRESENTS AN EXCLUSIVE  
EVENING WITH SOUTH AFRICAN RUGBY LEGEND

# John Smit

HOSTED BY, THE INFAMOUS DAN NICHOLL



DATE: THURSDAY, 2 MARCH 2023

TIME: 17H30 FOR 18H00

COST: R1200PP

INCLUDES: 3 COURSE WINE-PAIRING  
SIGNED GIFT/PHOTO

RSVP: LIMITED SEATS  
FUNCTIONS@ROYALIK.CO.ZA  
073 644 8925

MEMBERS RECEIVE 10% DISCOUNT





# THE GOLF DEPARTMENT

*Liam Brown, Director of Golf*

We wish all members many more birdies for 2023.

Following the letter sent to the membership on the 17th of January - the intention of the communication was sent in the best interest of enhancing Royals standards, decorum and to get the most out of our wonderful facility. We are appealing to all members to take the responsibility and leave the course in a better condition than it was found.

Regarding lifts to staff, outsourced staff and or service providers - we were made aware of a few hijacking incidents reported in and around the Gauteng region, which allegedly involve service providers to clubs. We ask members and guests to be aware and to please be safe when offering lifts to anyone - for your own safety.



The Club has introduced a few fun initiatives which will take place every Wednesday and Friday evening for those who struggle to fit in golf during the week.

We have introduced 5@5 every Wednesday, which is five players, with five clubs and the length of the game is only 5 holes. We will change the competition weekly and encourage members to bring their kids and join in the fun. The first tee time available is 17h00 and the hole stretch is the 1st, 2nd, 3rd, 4th and 9th East.

On a Friday afternoon we have introduced a sundowner's competition which is over nine holes kicking off at 15h30. These are a couple of the great events and we hope to see members taking part.

The Central Gauteng league season is about to kick off on all fronts with better ball league facing their first fixtures this weekend, the 29th of January. The last season was a great one for the Club and we'd like to congratulate all teams on a spectacular 2022 year and as we look to the 2023 season, we hope for another strong showing from all teams.

Golf RSA released a new set of rules regarding the information that a player is expected to put on their scorecard. The need for putting the players course handicap and playing handicap is now not compulsory and players will not be penalised if they do not enter this information. But in saying that, if you chose not to enter that information, we will need to know the tee colour you elected to play off to ensure we allocate the correct handicap.





ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB

# The 2023 Club Championships

Men's, Ladies & Juniors



SATURDAY 25 & SUNDAY 26 FEBRUARY 2023

**CHAMPIONSHIP FEE R 595**

*Includes; Halfway both days, giveaway, prizegiving snacks, bucket of warm up balls per day & Prizes*

**ENTRIES CLOSE ON 16 FEBRUARY 2023**

Limited to 295 players. T & C's apply



ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB  
INTRODUCING



5 @ 5

5 BALL | 5 CLUBS | 5 HOLES | 5 PM

WEDNESDAYS | KIDS FREE | ADULTS R50 | COMP FEE R5 PER HOLE

FROM 25 JANUARY | EAST CHAMPIONSHIP COURSE | HOLES 1,2,3,4 & 9

TEE TIMES: 17H00 - 17H30 | BOOK NOW: 011 640 3021 | [WWW.ROYALJK.CO.ZA](http://WWW.ROYALJK.CO.ZA)





2023

# CLUB KNOCKOUTS

MIXED, SINGLES, BETTERBALL &  
GREENSOMES

**R 250 PP ENTRY**

TO BE DEDUCTED OFF CLUB SPENDING ACCOUNT  
1 MARCH 2023

**ENTER BY EMAILING [ASSISTANTGD@ROYALJK.CO.ZA](mailto:ASSISTANTGD@ROYALJK.CO.ZA)  
OR PUT YOUR NAME ON THE ENTRY LIST**

PRIZES: 12 ROUNDS TO THE WINNER(S) | 6 ROUNDS TO THE  
RUNNERS UP AND MUCH MORE!







# 2023 Rules of Golf

Access the new Rules  
via the official App



To download for FREE, scan the QR code or visit:  
[randa.org/rules/rules-app](https://randa.org/rules/rules-app)





# FROM EAST TO WEST

*Jerry Steyn, Course Manager*

What turned out to be an abnormally wet spring and start to the summer season, quickly turned into one of the driest January months we have experienced in 10 years at Royal with only 20mm for the month in total, the lowest recorded. Royal also seen its' highest annual rainfall in 10 years with 1422.2mm of rain falling from Jan - Dec 2022, of which 640mm rainfall was recorded from October to December 2022. Even though the rain was excessive, one never complains when it rains as it is always needed.

Maintenance on the courses has fallen slightly behind due to the festive season but the staff have put in some extra hard work to have the courses back on track with all the mowing requirements.

The East course hollow tining took place on the 6th of January and has gone as smoothly as it could. The recovery is going quicker than anticipated and the greens will be picking up their pace again during the first week of February, leading up to Club Champs. Furthermore, we have utilized the weeks closure to complete small sodding tasks on the fairways and bridge crossings along with cleaning out the dam on the 5th East. We have also attended to most of the drainage issues on East, with a few final touch ups that need to be completed but fortunately these are out of play area so it should not cause any inconvenience.



At the end of December and start of January we found an old stormwater pipe on the 6th West that had been blocked off. The team is hard at work trying to complete this and repair the issue. We have also found old drainage lines as well as old irrigation lines which have caused most of the water damage and continuously wet conditions on the West during the high rainfall period. We will start to unblock these pipes and restore them to get the courses drained quicker for play.

Golf etiquette has improved vastly with the raking of bunkers on both courses, however, what has not improved is the amount of unrepaired pitch marks on both East and West. With the West greens being so firm, the ball tends to release more than older greens and one tends not to look for the pitch mark due to nothing being close to the ball. I urge members and visitors to please be mindful of this when playing the west. We will conduct regular dusting on both courses to aid with the firmness of the greens and recovery of the pitch marks, but it remains every golfers responsibility to repair their own pitch mark and one other one. I wish all participants good luck in the upcoming Club Champs - have fun out there and may the best player win.



ROYAL JHB & KENSINGTON GC

SUNDOWNERS

# EVERY FRIDAY

9 HOLE COMP - TEE TIMES 15H30 - 16H00  
KIDS R50 | ADULTS R150 | COMP FEE R30



RECEIVE A FREE CASTLE LITE OR KIDS MILKSHAKE AFTER YOUR ROUND  
T'S & C'S APPLY

Book your Tee time online at [www.royaljk.co.za](http://www.royaljk.co.za) or call 011 640 3021  
Subject to availability.





# Bee Journal



It's been one incredibly wet summer season to say the least with record rain falls, many days where the bees had to chill and golfers being called off due to the duzi running through Royal many days. Welcome back to all our wonderful members, visitors and lovely staff for what is set out to bee one amazing year. As we head forward, plans for the third apairy site will begin with an area inspection with Jerry to be conducted and marked for future box placements. The club had an unfortunate incident on hole seven during December where one of the trees had to come down due to the safety concerns for golfers and as the tree hit the ground so did the bees come rushing out. A huge surprise by all and a scramble to find the beekeeper was on the agenda , luckily he was found hiding in the kikuyu grass on hole number two. Splish splash so i dashed across one of the wettest course recorded in a few years. The situation was discussed with Jerry and the bees were safely removed within hours of the tree coming down, luckily the siren was sounded due to severe weather, a sudden down pour which allowed myself and my team to quickly get the bees out of the tree cavity altering having to use the chain saw to cut it open, it was found to be an old parrot nest with an egg still inside. The bees were safely relocated to a new site in Brynston and the tree was removed by Jerry and his crew.

Always take note of your surroundings and I'f you notice any potential bee activity on the course, it can be reported to the suggestions book at reception.

Wishing everyone bebeautiful golfing , bee polite to your fellow golfers and we will bee seeing you on the fairways.

Bee Guy





# LADIES GOLF

Wendy Huddy, Ladies Golf Manager



Welcome back to those of you who travelled over the festive season and to those who stayed in Johannesburg, I hope you had many happy rounds of golf on our beautiful courses during the holidays.

The year started off well with a 2023 ladies league breakfast held on Sunday 15 January at the Old Oak restaurant. This is an annual get together for all the ladies playing league for our Club in the upcoming season and a very happy morning was had by all who attended. 4 days later, our two weekday league teams played their first match of the season, with both fixtures taking place on the West course. Our weekday 1 team beat The River Club team 3 - 0 (old way of scoring) and our weekday 2 team drew their fixture with the Kyalami 2 ladies 1.5. - 1.5. Well played to all players and hopefully this sets the tone for the rest of the season. The Sunday league team play their first match away at Bryanston on Sunday 5 February and I have no doubt that their result will be just as favourable as that of the weekday teams.

It is wonderful to be able to have the choice to play on two courses again and both are looking absolutely beautiful. It is up to us, the members, to keep them looking beautiful - please refer to the detailed email sent out by our golf director, Liam Brown, re looking after the courses and adhere to the instructions given. Please take responsibility for the condition of our courses and leave them in a better condition than they were found.

We look forward to hosting our Cupcakes of Hope and Valentines Ladies Open Day on Tuesday 14 February (postponed from November 2022) with all funds raised on the day, being donated to Cupcakes of Hope.

Hopefully we will have a bumper entry for the 2023 Club Championships - please enter online or write your name on the entry form on the main notice board in the Clubhouse. It looks like there will be some tough competition in both divisions this year so please do enter - a good weekend will be had.

Our first open mixed competition will be held on the West course on Sunday 12 March, morning times. Teams comprise two gents and two ladies so diarise the date and organise your team now - more details will follow in the next few weeks.

Wishing all our ladies a great year of golf and I close this short report with a great Arnold Palmer quote: " Golf is deceptively simple and endlessly complicated".





# Welcome

LADIES AMBASSADOR PROGRAM



*Lejan Lewthwaite*

*Nobuhle Dlamini*



*Cassandra Hall*





TUESDAY 14 FEBRUARY 2023

# Ladies Valentines OPEN



WEST COURSE

TEE OFF TIMES FROM 07H00

R 175

MEMBERS WITH PRE-PAID ROUNDS

R 500

VISITORS & MEMBERS - WITH NO PRE-PAID ROUNDS

INCLUDES COMP FEE, HALFWAY HOUSE VOUCHER & LIGHT LUNCH AFTER THE GAME

ALL PROCEEDS COLLECTED WILL GO TO CUPCAKES OF HOPE



082 772 0489



ladies@royaljk.co.za





# THE CAPTAINS CORNER

Hello fellow members,

I cannot believe we are already one month into the new year. Good luck to all the players who are playing their first round in the CGGU betterball league that has already kicked off. Please don't forget to put your name down for the 2023 Club Championships which will be played on the 25th and 26th February, using both courses. You may enter on the entry form that can be found on the main notice board in the clubhouse or by responding to the email sent out to the membership on 19 January. Please remember to enter the club knockout competitions - these entry forms can be found on the same notice board.

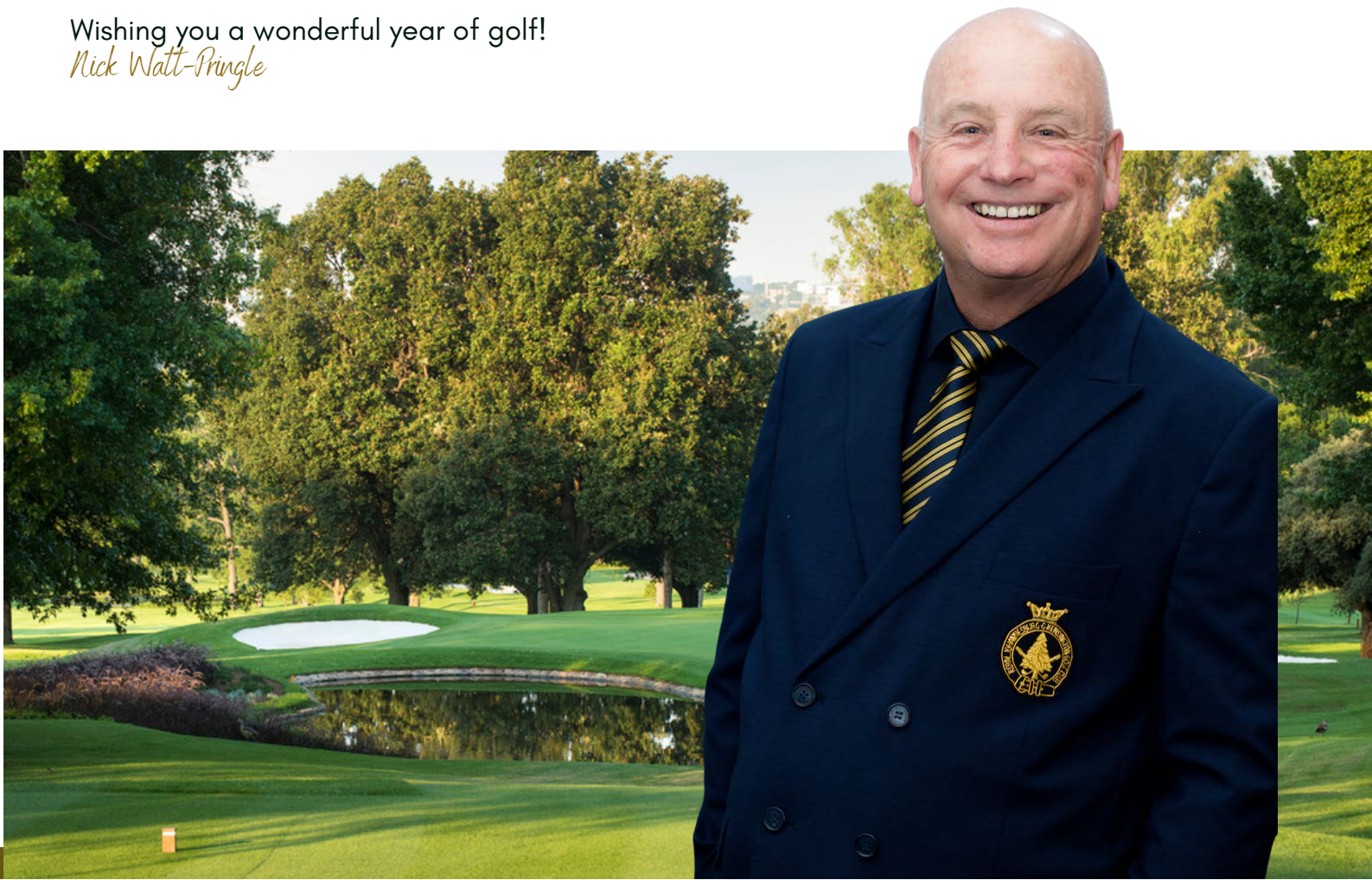
The first round of the 2023 Interschools Challenge will be held in the morning of Saturday 25 March so please diarize that date. Further details on the competition will follow.

Calling all senior members who are sixty years and older to block off two Saturdays for our first senior Club Championships that we are hoping to host on the 15th and 22nd of April. More information to follow in the next newsletter.

Lastly, At the start of our financial year (1 July 2022), several members opted to purchase less rounds of golf up front due to the 6 month upgrade of the West course. With both courses now open again, for those members who require rounds of golf for use up until the end of our financial year (30 June 2023), please email: [membership@royaljk.co.za](mailto:membership@royaljk.co.za) in the month of February and receive preferential rates on rounds (the more you play, the cheaper it becomes). In addition a 20% discount will be offered for the Old Oak restaurant in the month of February.

Wishing you a wonderful year of golf!

*Nick Watt-Pringle*







# Your Perfect Venue

We offer a wide choice of facilities and our flexible approach to events means that we can cater from the largest to the smallest conference or meeting. Our facility offers high 'tech' yet sophisticated venues that have successfully merged vintage with contemporary design. A full range of services are able to cater for all your requirements. Prices are competitive and the value offered is outstanding.

Golf Days  
Conferences  
Business Meetings  
Functions  
Celebrations

And much more...

Contact us today for a package to suit your needs and budget.

Members receive FREE venue hire!  
(subject to availability)

**Enquire now!**

[functions@royaljk.co.za](mailto:functions@royaljk.co.za)

011 640 3021 | [royaljk.co.za](http://royaljk.co.za)







# Playing Tickets

1 January - 30 June 2023

At the start of our financial year (1 July 2022), several members opted to purchase less rounds of golf up front due to the 6 month upgrade of the West course. With both courses now open again, for those members who require rounds of golf for use up until the end of our financial year (30 June 2023), please email: [membership@royaljk.co.za](mailto:membership@royaljk.co.za). Alternatively you still have the option to pay as you play at R340 per round.

52 Rounds (R240 per round)	R12480
26 Rounds (R295 per round)	R7670
12 Rounds (R315 per round)	R3780
Pay as you play - 18 holes	R340
Pay as you play - 9 holes	R180

**SPECIAL  
OFFER**

Purchase a playing ticket in the month of February and receive a 20% discount voucher to the Old Oak Restaurant .

T's & C's apply (Valid Wednesday - Friday) Subject to availability.



# THE CHEF'S TABLE

*Ransley Pietersen, Executive Chef*

*"Innovations that are guided by smallholder farmers, adapt to the local circumstances, and sustainable for the economy and environment will be necessary to ensure food security in the future."-  
Bill Gates*

In kicking the year off with a bang, we would like to welcome all our members back home to 1 Fairway Avenue. 'Tis here we celebrate our diverse offering, outstanding facilities, constant innovation and strive to be pioneers of change and development. I would like to take this opportunity to wish everyone a successful year ahead.

This year has so much in store for us as we embark on thoroughly investigating different aspects of our business in terms of food and beverage. The opportunities in new revenue streams and creating an altogether new arm of the business ensures that we market our offering in taking our food and beverage resources outside the perimeter of the Club. Over the past month we have done 3 offsite events that have been a major success for the food and beverage department, raising the question of creating a new department for outsourced catering in the future. We are proud to have successfully catered for the launch of the new IWC Top Gun Watch at Circa Gallery in Rosebank. What a privilege for our team to present a multiple course dinner at such an exclusive event alongside a very curated pairing presented by none other than the infamous Dan Nicholl.

The partnership and synergies between 'Oh One Two Mushrooms' and the Old Oak have been very fruitful over the past couple months and we plan on introducing locally grown mushrooms onto the property by inoculating tree stumps in controlled environments to better our yield and accessibility, lower carbon footprints and ensure the sustainability of our produce.





Our annual calendar is filled with exciting new events that we will roll out throughout the year. We trust that our members will support these initiatives and join in the festivities to come.

*What to look out for:*

9 February 2023: Paint Night

14 February 2023: Valentine's Day set menu

21 February 2023: Chris Bertish book launch & dinner

ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB



THE OLD OAK  
*Restaurant & Family Centre*

# PAINT NIGHT



@THE OLD OAK  
REFLECTION ON THE WIND

THURSDAY  
9 FEBRUARY 2023  
6PM

R350 PER PERSON  
SUPPLIES & DRINK INCLUDED  
TO BOOK VISIT



**PaintNite.com**



JUST BE  
& Paint

WWW.ROYALJX.CO.ZA | 011 640 3021 | ONE FAIRWAY AVENUE, LINKSFIELD, JOHANNESBURG, SOUTH AFRICA





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# 702. - 7 JOZI-BASED RESTAURANTS TO TRY OUT NOW

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[Click here to read the full article](#)



From the street food flavours of Latin America to what we've dubbed Joburg's best-kept secret, these are 7 restaurants you'll want to try out this month...

## Joburg's best-kept secret...

by **Sian Roelofz**

Overlooking the brilliant green golf course and lush gardens, The Old Oak at the Royal Johannesburg and Kensington Golf Club must be Joburg's best-kept secret. Sip on a glass of ice-cold Sauvignon Blanc on the wide verandah and you're instantly transported to a wine farm in the Western Cape. In fact, everything about this restaurant - the decor, the water feature, and the gardens - reminds us of the Cape.

The restaurant has a mouth-watering menu with options like lamb saddle with courgette cream, Agrodolce peppers, and baby spinach; or, pork belly with apple puree, compressed apple, apple blossom, braised fennel, and crackling. The beef short rib with ponzu, cauliflower, red amaranth, and Elm oyster mushrooms served with a side of biltong and rosemary fries was one of the best meals we've had in Joburg!

Lighter menu options like wood-fired Neapolitan-style pizzas and gourmet salads are also available. Not only is the food delicious, but all ingredients used at The Old Oak are sustainably sourced from responsible farming methods. Plus, the bread and cheeses are made in-house.

One of our favourite things about this restaurant is that it caters to the entire family, without feeling like you're at a kids-only venue. The world-class, children's play area that blends seamlessly into the surrounding gardens ensures your little ones are kept busy for hours on end. Children also have the option of making their own pizzas, with their very own chef hats and aprons, alongside the chefs. Happy faces all round!

A truly wonderful dining experience that's sure to be loved by the whole family.

The Old Oak Restaurant and Family Centre at Royal Johannesburg and Kensington Golf Club, 1 Fairway Ave, Linksfield North, Johannesburg. Details: 078 764 3079

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THE OLD OAK

Restaurant & Family Centre

Tuesday 14 February

Booking essential - Limited seating  
17h30 | 18h30 | 19h30

# Valentine's Day

4 course meal with wine pairing

R 1 850 per couple

R 1 150 per couple excluding wine pairing

MEMBERS RECEIVE 10% DISCOUNT

BOOK NOW



073 764 3079



OLDOAK@ROYALJK.CO.ZA



DINEPLAN

## Menu

### Course 1

Ken Forrester Sparkle horse  
Forest Marshland  
Mushroom, Edamame Beans, Courgette

### Course 2

Lismore Age of Grace Sauvignon Blanc  
Arancini Delight  
Chicken Thigh, Yellow Bell Peppers, Gremolata,  
Tomato Emulsion

### Course 3

The Quintessential Couple, Rose Salmon  
Compressed Apple, Fennel, Baby Turnips

OR

French Trimmed Lamb Cutlets  
Carrot, Kale, Mushroom

### Course 4

Slivovic Plum Wine  
Plum Tarte Tatin  
Rooibos Ice Cream







Wellness & fitness Club



Two magnificent courses



*It's incomparable!*

LIVE - PLAY - EAT - RELAX

Membership at Royal Johannesburg & Kensington Golf Club, is one of the most prestigious memberships on the continent. It provides a lifestyle of uncompromising personalised service; luxurious amenities and attention to detail that create a lifetime of memories.

An incomparable lifestyle that caters to the needs of you and your family.

Current members, who introduce a new member (gold category) receive 12 FREE rounds.  
Members receive 10% off food & beverage when using their prepaid account.



Our heritage, your home



Two Restaurants (Old Oak & Champions Retreat)



Enquire now!



Family & fun



# RUHAN'S WINE COLUMN

*Ruhan Duvenage, Assistant Food & Beverage Manager*

Another year and more possibilities. Looking back at what felt like a very long year in 2022, we cannot help focus on what 2023 has in store, whether you want to or not. This year promises big dreams and even bigger opportunities, when only the finest will do. May you all have a prosperous new year and may it be the best one yet.

With the new year's plan of excellence in full swing, it brings me great pleasure to introduce a few wines that are made with exactly that focus and strive for excellence. I was very lucky to have had a tasting with Meridian Wine Merchants Sommelier, Duane Hendricks and Sales Manager for Mullineux & Leeu Family Wines, Nicola Tipping. After a long struggle to get our hands on the Leeu Passant Cabernet Sauvignon when we first opened The Old Oak, our efforts and meetings paid off and they agreed to add us to their yearly allocation. These were some of the best wines that Chef Ransley Pietersen and I have tasted to date and The Old Oak can brag today on receiving a case of each of their selection, which now forms part of our off list wines. Stocks are extremely limited so be on the lookout for the following wines from Leeu Passant Family Wines - Leeu Passant Stellenbosch Cabernet Sauvignon, Leeu Passant Red Blend, Leeu Passant Wellington, Old Vines Basson Cinsault, Leeu Passant Franschoek and Old Vines Lötter Cinsault

The Leeu Collection's founder, Analjit Singh (aka BAS), is a partner in Mullineux & Leeu Family Wines with Chris and Andrea Mullineux and they are the team behind these celebrated wines produced on Roundstone Farm in the Swartland appellation and at Leeu Estates in Franschoek. By 2021, Mullineux & Leeu Family Wines had notched up over 45 five-star ratings from Platter's South African Wine Guide since its' first release in 2008, and was also named the wine guide's Winery of the Year in 2014, 2016, 2019 and 2020 - the first winery in South Africa to achieve this accolade four times. Wine Enthusiast, the prestigious US magazine, named Andrea its 2016 Winemaker of the Year.

These wines are collectors wines and are of immense value. Be sure to come past and have a look at what they have to offer.





ROYAL JHB & KENSINGTON GOLF CLUB



THE OLD OAK

*Restaurant & Family Centre*

BACK BY POPULAR DEMAND

# Pizza Night

**EVERY WEDNESDAY  
BUY ONE GET ONE FREE!**

BOOKINGS ESSENTIAL T'S & C'S APPLY

*Members*

Receive 10% off

[www.royaljk.co.za](http://www.royaljk.co.za)  
[oldoak@royaljk.co.za](mailto:oldoak@royaljk.co.za)  
078 764 3079 | 011 640 3021



# The 2023 Club Championships

Men's, Ladies & Juniors



## February

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

# February 2023

Date Night	Thurs 2 Feb
Club Comp Alliance 2 scores to count	Sat 4 Feb
Club Comp AM - Alliance 2 scores to count	Sun 5 Feb
CGGU Junior Awards	Sun 5 Feb
Ladies Comp - Ind Stableford Draw	Tues 7 Feb
Greg's Day	Wed 8 Feb
Paint Night @ The Old Oak	Thurs 9 Feb
Club Comp - Better Stableford	Sat 11 Feb
BG's Valentines Comp	Sat 11 Feb
Club Comp AM - Betterball Stableford	Sun 12 Feb
Ladies Open - Valentines Day Comp	Tues 14 Feb
Valentines Dinner @ The Old Oak	Tues 14 Feb
Pasta Evening @ The Old Oak	Wed 15 Feb
Club Comp - Ind Medal - West   Ind Stableford - East	Sat 18 Feb
Club Comp AM - Ind Stableford	Sun 19 Feb
Ladies Comp - Betterball	Tues 21 Feb
High Tea @ The Old Oak	Thurs 23 Feb
Royal Joker Draw	Fri 24 Feb
Live Music @ The Old Oak	Fri 24 Feb
2023 Club Championships	Sat 25 Feb
2023 Club Championships	Sun 26 Feb
Ladies Comp - 3 Ball Alliance	Tues 28 Feb

Every Wednesday - Pizza Night @ the Old Oak | 5@5 Golf  
 Every Friday - Sundowner 9 Hole Comp | Tapas & Bubbly

# March 2023

Evening with John Smit @ The Old Oak	Thurs 2 March
Club Comp - Windhoek Lager Pairs - Betterball Stableford	Sat 4 March
Club Comp AM - Alliance 2 scores to count	Sun 5 March
Ladies Comp - Trophy Event - Ind Stableford	Tues 7 March
Greg's Day	Wed 8 March
Paint Night @ The Old Oak	Thurs 9 March
Club Comp - Alliance 2 scores to count	Sat 11 March
Mixed Open AM - West	Sun 12 March
Club Comp AM - Betterball Stableford	Sun 12 March
Ladies Open - 4 Ball Alliance	Tues 14 March
Pasta Evening @ The Old Oak	Wed 15 March
St Patricks Day - Pot of Gold Drinks special @ The Old Oak	Fri 17 March
Club Comp - Ind Medal - East   Ind Stableford - West	Sat 18 March
Club Comp AM - Ind Stableford	Sun 19 March
Public Holiday - Human Rights Day	Tues 21 March
Club Comp - Interschools Round 1	Sat 25 March
Club Comp AM - Betterball Medal	Sun 26 March
Ladies Comp - Jean Eustice Trophy BB Stableford	Tues 28 March
Club House Whiskey Week Special	Tues 28 March
High Tea @ The Old Oak	Thurs 30 March
Royal Joker Draw	Fri 31 March
Live Music @ The Old Oak	Fri 31 March

Every Wednesday - Pizza Night @ the Old Oak | 5@5 Golf  
 Every Friday - Sundowner 9 Hole Comp | Tapas & Bubbly

## March

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	







THE OLD OAK

*Restaurant & Family Centre*

# Date Night

*First Thursday of each month*

*2nd February 2023*

3 Course Dinner  
for 2

including a bottle of  
Chamonix Sauvignon Blanc or  
Miles Mossop Introduction Red

R 895  
per couple\*

Members received 10% discount when using pre-funded Club cards

*M e n u*

## *Starter (Sharing)*

Lamb & Mint Pizzetta  
OR

Salmon Tartare, Crostini, Beetroot

## *Main Course*

Herb Crusted Beef Rump, Heirloom Carrots, Mojo Rojo  
OR

Poached Seabass & Salsa Verde with Pappardelle  
OR

Basil Gnocchi, Parmesan Cream, Broccoli Florets

## *Dessert*

Pineapple Tart, Cardamom Crumb, Cinnamon Ice Cream  
OR

Mini Bombolini's, Pistachio Cream, White Chocolate

**Booking Essential**

oldoak@royaljk.co.za | WhatsApp 078 764 3079  
DinePlan





## EMPLOYEES OF THE MONTH

*Congratulations!*



*Front of house - Percy Radebe*



*Back of house - Themba Rabata*



# THE DRIVING RANGE & ACADEMY

## Friday Braai Days

Summer is back with some vengeance added to it, which makes it perfect to bring back our Braai day Fridays.

Starting from the 10th of February, every Friday is Braai day down at the range !!!!

**Time:** 14h00 to 17h00

**Special:** R100 - 60 ball bucket, boerie/prego roll & drink

Hope to see everyone down at the range, taking advantage of this beautiful weather.

## Junior Golf Clinic

Juniors will have a total blast with our new and improved junior clinics that we are hosting throughout the year.

5 - 9 years

- Every Saturday from 09h00 to 10h00

9 - 16 years

- Every Tuesday or Thursday from 15h30 to 16h30

To book your session please contact [jayde@rightsidegolf.co.za](mailto:jayde@rightsidegolf.co.za)

## Jacks Paint Barrel Challenge

Due to popular demand, we are happy to announce that our first barrel challenge will kick off on the 24th of February, and the cash prize will start at R5 000.

Please take note that it will be every last Friday of the month, just before the Club's joker draw.

**Times:** 15h00 to 17h00

**Price:** R 100 (includes a warm up bucket and 5 attempts.)

Let's see who has their wedge games zoned in.

## Monday Special

Every Monday the driving range has a 'buy 1 get 1 free' special on all buckets, so if you are in the area, swing past and take advantage.

**Time:** 12h00 to 16h30

Regards

RightSideGolf Team



## JUNIOR GOLF CLINICS 2023

AGES: 9 - 16 YEARS  
TUESDAYS OR THURSDAYS  
15H30 - 16H30

**R800 PER MONTH  
OR  
R300 PER CLASS**

**INCLUDES**

- ✓ Lessons with qualified PGA coaches
- ✓ Building young golfers
- ✓ On course lessons
- ✓ Golf clubs can be provided

MartinBriedé  
RightSideGolf



## FUNDAMENTALS OF GOLF

**FOR KIDS 5 - 9YRS**

**R800  
MONTHLY FEE  
OR  
R300  
PER CLASS**

- ✓ Every Saturday
- ✓ 09h00 - 10h00
- ✓ Loads of fun
- ✓ Royal JHB & Kensington GC

**Contact Us**  
071 410 7212  
[jayde@rightsidegolf.co.za](mailto:jayde@rightsidegolf.co.za)

MartinBriedé  
RightSideGolf





# YOUR MONTHLY FIX

*By Martin Briedé, Master Teaching Professional*

 Your Monthly golf tip - January 2023

 Share



Watch on  YouTube



*Titleist*<sup>®</sup>



# SHOTS OF THE MONTH

*By resident photographer, Trevor Barnett*





# GREG JACOBS

PRO SHOP

It's a new year and Greg's Day will continue to be on the second Wednesday of every month. This month it will be hosted on the 8th of Feb, so dust off your clubs and bring your mates. We will even buy you lunch!

There is a bunch of new products launching in the new month and the most exciting of them all will be the new Callaway Paradym range. Come and book your fittings in store to make sure you don't miss out on those extra meters off the tee!

We also have a new face in the shop. Ethan Olivier has joined the team and he is looking forward to serving our members to the best of his ability! Welcome Ethan.

We also want to thank NJ for the work he has done in the shop as he will be finishing at the Club at the end of January. He will still be around, but will no longer be working in the shop. We wish him all the best in his new venture.



PROSHOP@ROYALJK.CO.ZA







# HOME SWEAT HOME

BUILD YOUR OWN GYM







## THIS MONTHS FITNESS TOP TIP

*By Yusuf Valley, Qualified Personal Trainer*

A YouTube video player thumbnail for 'Your Monthly Fitness tip by Yusuf Valley'. The video features a man with a beard and a black t-shirt, wearing a silver chain necklace. A red play button is centered over the video. In the top left corner, there is a circular logo with a crown and the letters 'G.E.'. In the top right corner, there is a 'Share' button with a white arrow icon. In the bottom left corner, there is a 'Watch on YouTube' button with the YouTube logo.

Your Monthly Fitness tip by Yusuf Valley

Share

Watch on YouTube



# ROYAL RETREAT WELLNESS & FITNESS CLUB

## What is Golf Fitness, and how will it help?

There is a cloud of misconception around golf fitness. A lot of people believe that it is only for the tour pros, because they need to make that marginal difference in a tournament week. But that is not true. Sure, the tour players need to be at their physical best to compete week in and week out. The everyday golfer can create more marginal benefit from following a personalized training programme than the benefit created by any tour pro. Golf fitness works in 3 major areas - speed, longevity and pain free golf.



Speed training focuses on force production. This means using your body to effectively and efficiently deliver as much force as possible through the club to the ball.

Longevity training refers to keeping golfers on the course as long as possible. Good joint health and strong muscle balance will keep golfers golfing for many years.

Pain free golf is in the area of injury rehabilitation and injury prevention. Any injury limits the enjoyment of golf, from painful ankles to a stiff neck and everything in between. This is coupled with returning to golf after any sort of injury.

The tool used to screen for strength and flexibility limits and abilities is the Titleist Performance Institute screening. It is the gold standard in Golf Fitness, and widely used across the world. The TPI philosophy is "We don't believe there is one way to swing a club; we believe there are an infinite number of ways to swing a club. But we do believe that there is one efficient way for everyone to swing a club and it is based on what they can physically do."

Our resident Biokineticist, Dale Ebel, is registered with the HPCSA and the Biokinetics Association of South Africa. Since graduating in 2011 he has worked in a variety of practice environments, focusing on orthopedic injury rehabilitation and promotion of performance. He has had the opportunity to work under some of the best mentors within the golf space, promoting his knowledge of the golf swing and the physical requirements for an efficient swing. He is Titleist Performance Institute Certified and has completed the Golf Fitness Specialization through the NASM in the United States. Along with his work in the performance space, he also has a deep knowledge of chronic musculoskeletal issues that affect golfers, including arthritis and lower back pain. Using his skills and knowledge he can aid in creating longevity in the game.

Dale Ebel  
Biokineticist  
082 324 7797  
dale@bespokefit.co.za

TPI  
CERTIFIED





# AIMPOINT GOLF

*Sandra Van den Bergh*

## **Viktor Hovland and AimPoint**

Viktor won the Hero World Challenge two years back to back Dec 2021 and Dec 2022!

Full Article:

<https://www.golfmagic.com/pga-tour/viktor-hovland-misreading-putts-two-feet-defending-hero-world-title>

*Viktor Hovland revealed the new putting technique which helped him to defend his title at the Hero World Challenge at Albany Golf Club.*



Just as in 2021, Hovland finished ahead of Scottie Scheffler back in second place. The young Norwegian carded a final-round 69 to seal the deal by two shots before posing for a picture with the trophy and Woods himself.

After the final round, Hovland revealed that his putting recently underwent a significant shift in technique. He works with Jeff Smith, the Director of Instruction at Eagle Springs GC in Colorado and a Top 100 instructor. They teamed up back in 2020.

Hovland claims he was misreading 15-foot putts by two feet at Karsten Creek, just outside of Stillwater, Oklahoma where he lives. A concerning image considering he is a three-time PGA Tour winner and World No. 9. Smith introduced AimPoint putting to him, the putting routine that has become popular in the amateur and professional games. Hovland felt inspired once Smith instilled this technique into his arsenal and he was able to end his year in perfect fashion.

As Hovland says, this method doesn't guarantee a perfect quick fix to your short game. Weather conditions and the speed of the green are other variables which you still need to calculate in your mind too.

Other players such as Dustin Johnson, Adam Scott, Justin Rose, Stacey Lewis and Lydia Ko have also used AimPoint. There is method to the madness and this showed with another strong display in December from Hovland.

For AimPoint bookings contact

## **Sandra van den Bergh**

Certified level 3 AimPoint Instructor

The only certified AimPoint instructor in Africa

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*As our newsletter continues to evolve,  
we are looking to make it even more  
useful and interesting for our members.*

*We encourage you to share your  
thoughts with us.*

