

# THE ROYAL NEWS

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ISSUE 10 - OCTOBER 2022

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#### OCTOBER 2022

"Allars of distinction ....."

Royal Johannesburg & Kensington Golf Club has been named as one of five Clubs in the country to be awarded the Pillars of Distinction award by the Club Managers Association of Southern Africa.

In recognition of professional standards in management, financial control, productivity, service, education, best practices, innovation and efficiency.



The hours have been put in. The work has been done. As the moment approaches, you either fear it or feel it. So step up and settle in with confidence. Titleist TSR is here.

#FindYourFaster





#### THE OLD OAK RESTAURANT & FAMILY CENTRE PROUDLY PRESENTS AN EXCLUSIVE EVENING WITH



(Enlicence)



- du Mess

DATE: 8 NOVEMBER 2022

TIME: 18H00 FOR 18H30

COST: R950PP

INCLUDES: 3 COURSE WINE PAIRING SIGNED BOOK & PHOTO

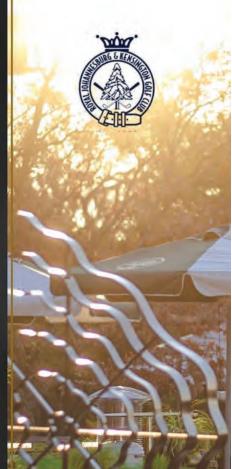
RSVP: LIMITED SEATS FUNCTIONS@ROYALJK.CO.ZA 073 644 8925

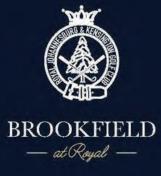
ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB ONE FAIRWAY AVENUE, LINKSFIELD, JOHANNESBURG











# BROOKFIELD At Royal

Enjoy contemporary living in a beautiful parkland setting. Brookfield at Royal, the first luxury apartment development situated within the precincts of Royal Johannesburg & Kensington Golf Club overlooking the fabled East Course.

- 290 Luxury Apartments
- Private Clubhouse
- Gross Sales Value R660 Million

## Spring Promotion R200k / R275k Discount

\*Offer only valid if purchased before November 2022 \*Terms & conditions apply

ON SHOW TUESD Y TO SUNDAY 12pm to 5pm

ENQUIRE NOW

#### FROM THE CLOCK TOWER

Chris Bentley, Chief Executive Officer

The dazzling jacarandas are out and It always amazes me how these trees sit so quietly, unnoticed all spring, until one day it feels as if every single one throughout the city bursts with velvet blossoms at the exact sametime and boy is It beautiful.

The West course renovation is progressing well, is on time and on budget and the members can see the new product coming together. We are in the final stages and the course conditioning is now underway. The team are working through the process of implementing the course furniture, scorecards and everything that will bring this new golf experience to life. With only one month to go until the opening on 30 November, the grand opening of the course will take place over 5 days and the schedule will be shared with the membership soon, so that you can start making your bookings.



It's been another stressful yet successful month at the Club. If it isn't covid or load-shedding, we were once again faced with a flash flood on the 20th of October. Our facility received 75mm of severe rain and hail within a 30 minute window. The hail blocked all of our drains and caused flooding in the clubhouse. Management and staff immediately followed all the necessary procedures to protect the facility and to ensure the safety of our members and guests on site.

We completed a full clean up within 54 hours and all 'damaged' bunkers on the East course have been fully restored. We have implemented further risk mitigation measures for hail storms and hope the additional steps taken will avoid flooding in the future. On a positive note it was pleasing to see how well our new bunkers managed the water on the West Course and a good sign that the completed work has been done well.

The 2022 annual Festival of Golf brought to you by Tricolt, was another great success. Whilst on a smaller scale this year due to the West course renovation, great fun was had by all and our sincere thanks to our property developers for another generous title sponsorship.



# SAVE THE DATES

The new West Course GRAND OPENING 30 NOV - 5 DEC 2022



As per key approval by the members at the AGM we have completed our submission to the Cabinet Office to change the name of the Club from Royal Johannesburg & Kensington Golf Club to Royal Johannesburg (the name, together with the new logo, subject to all requirements within our Royal Charter). We now await feedback and hope to roll out the new corporate identity in Q1 2023.

In addition, we have reached all our objectives to finally implement padel tennis at Royal and once the agreements have been signed members will be informed of this new and exciting value proposition to the Club. The project will be at no cost to the Club, it will create a new revenue stream and a wonderful new offering to members. As we enter the final stretch of 2022, the Club has some fantastic events coming up, which include; Carols by Candlelight and the warm return of Ashleigh Buhai. Keep an eye out for bookings.

The year end Board meeting is set to take place on 1 December and the Board hopes to finalise the proposals received around solar and the joint venture of the lodge initiative for 2023.

In closing, it was wonderful to host Honorary Life member Mr. Gary Player back to the Club in October. He played the East Course and shared many of his memories at the Club as a junior. Mr. Player complimented the East Course changes, its condition, the bunkers and most importantly noted that it was the best greens he had played in South Africa in recent times, so good that he's promised he will return whenever possible. Mr Player extended his congratulations to the Club on the numerous upgrades, enhancements and superb service. It's been great to come back to Royal. I have so many wonderful memories here and it's incredible to see how the Club has improved. This has to be one of the best clubs, course and hospitality in the country. If I lived in Joburg, this would be my golfing home!

66

# INTRODUCING EXPLORE MEMBERSHIP







Welcome to your golfing nirvana. A place where history & tradition meets modern hospitality!

From our award winning courses, to wellness and dining - it's all about family, fun and creating wonderful memories.

RJKGC is proud to offer a unique opportunity to experience the Club as a member for 31 days.

Simply pay the 31 day explore fee, now through December 31sth and if you convert to full membership, the Club will credit back the fee paid.

4 rounds of golf, gym access, 10% off food & beverage and much more.

# R1950

Valid Tuesday - Friday and Sunday afternoons Limited to 30 only | Interview and assessment required | Subject to availability. Terms & Conditions apply!



apply now: membership@royaljk.co.za

www.royaljk.co.za



apas

Every Wednesday to Friday from 16h00 to 19h00 R 350.00pp Terms & Conditions Apply

> To all our Hindu members from all of us at RJKGC

Happy Divel Festival Of Lights



# **BIG HIT: PING DRIVERS #1**





t's only week two on tour, and PING G430 drivers are going into the bags of PING pros and non-staffers at a record clip.

PING was the #1 brand of driver at the PGA Tour's ZOZO Championship in Japan with 22 in play, led by the G430 LST model with 10. The previous week, G430 LST debuted as the #1 driver model at the Shiners Children's Open, where 28 G430 drivers were played.

#### *32 PLAYERS HAVE SWITCHED TO G430 DRIVERS THE FIRST TWO WEEKS*

Contributing to the G430 LST tally in Japan were Cameron Champ (the longest driver on tour last season), Sahith Theegala, Corey Conners, Alex Smalley, Taylor Moore, Mito Pereira and Stephan Jaeger.





TAYLOR MOORE



<image><text>

#### THE GOLF DEPARTMENT

liam Brown, Director of Golf

With a wet start to our warm season, the courses will be in brilliant condition in the coming weeks and months, but with that comes a few more house rules that will need to be instilled from time to time and we urge all golfers to abide by them to ensure our courses stay damage free for as long as possible.

Firstly, we ask all players to repair their pitch marks on our pure greens! This is non-negotiable for every player and if you haven't made a pitch mark, fix someone else's! All players who use a cart are to please use the 90-degree rule as this avoids damaging the fairways. The concern around the state of our bunkers throughout a field has been a battle over the last few months as many have forgotten which end of the rake to use once they are finished playing their shot.

Lastly a reminder to all golfers of our lightning policy. The storms passing through our area carry a massive amount of lightning. A storm that passed the Club on Saturday the 22nd of October which consisted of 16 cells in the Gauteng area, was carrying more than 4500 strikes per minute!

We all know how fatal a strike can be. If the siren is blown, play is expected to stop immediately and players are expected to head back to the clubhouse. The system that we use allows us to track the storm and gives us enough information (except when a storm starts directly over the Club), to evacuate the courses safely. The rain shelters on the golf courses are not lightning safe and can be a deadly mistake if caught under there during a storm.



The 2022 league season has been a highly successful season for all Royal sides. The ladies weekday I team played outstanding golf all season which culminated in the team winning the ladies league! Our Mid-Am A side dominated the league and have won the title. The juniors managed to stave off a few tough games to win their respective division. The scratch league first side has one game left to play and lead their division by a point, however the second place CCJ is the final fixture, and the game is at CCJ. With a win here the Royal banner will have collected 4 division wins. The second scratch side still have an opportunity to dominate their final game and possibly get promoted back into the top division. All league players can be very proud of their efforts this year and have truly flown the Royal flag high.

#### Dates to note:

- 30 November The opening of the West course
- 3 December Inter Schools Final both courses
- 10 December Compleat Golfer Challenge Series Qualifier

#### <sup>⊕</sup>Investec



Investec SA Open Championship Blair Atholl Golf & Equestrian Estate 1 - 4 December 2022

# TROPHY COMING TO YOUR COURSE

DATE :

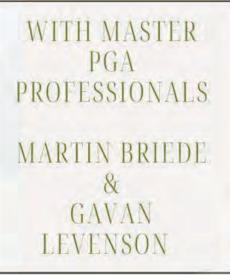
#### Saturday 12th November 2022



# BUY YOUR TICKETS NOW

Buy two or more tickets and receive a FREE Stella Artois on us!

#### Royal Johannesburg & Kensington Golf Club Driving Range & Academy by RightSide Golf



Buy a bucket of balls between 16:00 and 17:00 PM and one of our professional coaches will be here to give you a free helping hand on any part of your game you are struggling with



TEL. 01 640 3021 | WWW ROYALIK CO ZA | ROYAL@ROYALJK.CO.ZA | @ROYAL\_JHB\_GOLF

# WEDNESDAY IS PARENTS NIGHT OFF at the Old Oak Restaurant





# ELUB H'RE. FT KENSI E 3 BURG T JOHANNES S OYAL

BOOKINGS ESSENTIAL Terms & Conditions apply!

oldoak@royaljk.co.za | 078 764 3079

www.royaljk.co.za

# GENTLEMEN

ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB INVITES YOU TO GROW YOUR MOUSTACHE AND SHOW YOU CARE!

# A ROYAL Movember

Raising awareness for Men's Health in the month of November 2022. All funds raised will be donated to the winners charity of choice.

#### HOW TO ENTER

STEP 1 - PAY R200 PP BY 28 OCTOBER. (REF: YOUR NAME | FNB 250 655 | ACC: 62355709654) STEP 2 -WHATSAPP A CLEAN SHAVEN FACE (PICTURE) ON 31 OCTOBER TO 076 392 2495 (NOT BEFORE 15H00). STEP 3 - GROW YOUR STACHE FOR 30 DAYS. STEP 4 - NAME YOUR CHARITY AND WHATSAPP A PICTURE OF YOUR STACHE ON 30 NOVEMBER. (NOT BEFORE 15H00 AND ON THE GOLF COURSE:) STEP 5 - INDEPENDENT PANEL TO ANNOUNCE THE WINNER ON 2 DECEMBER.

#### FROM EAST TO WEST

Terry Steyn, Course Manager

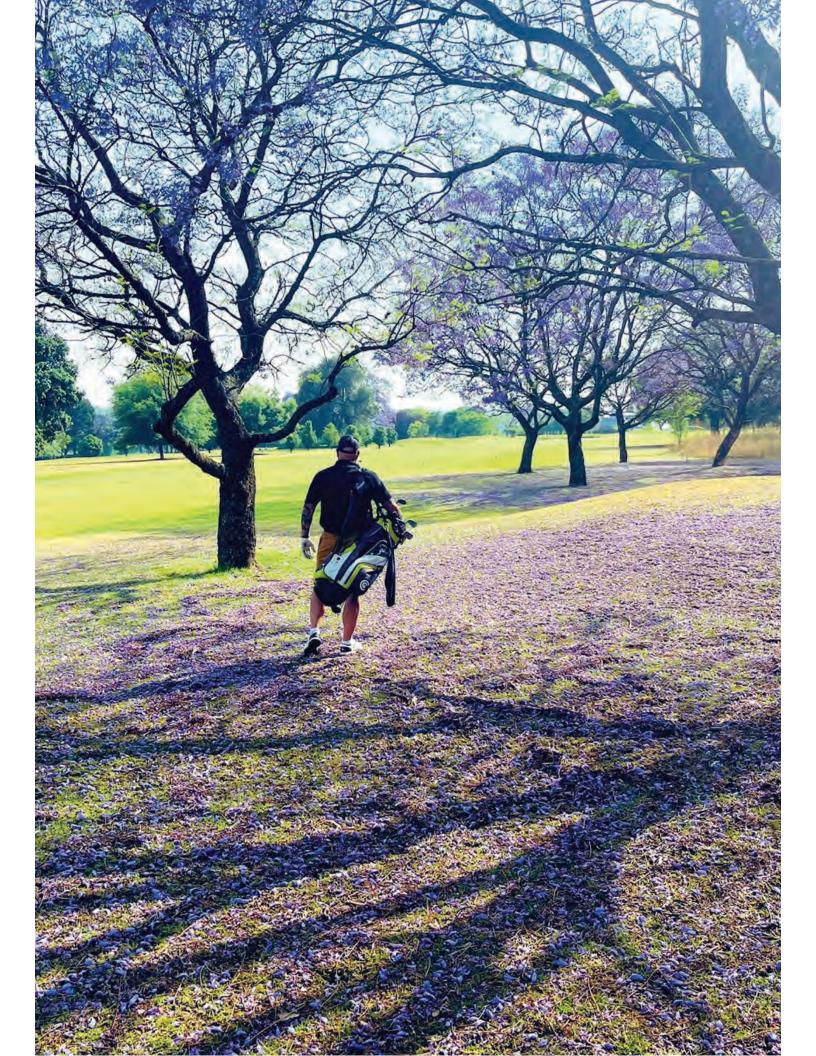
The start of October was a dry and hot couple of weeks but we ended the month well, with some wet and cool days. We finally received our first rains in the week of 17 to 21 October with a total of 78mm for the month to date. These rains were sufficient enough to water our courses well and more importantly fill up the dams again. The storm we received on the 20th October caused some untidiness but no real potential damage. The only repair we had to do was to remove some contaminated sand in a few bunkers and repair the pillar blanket on the 17th greenside bunker. The rains have also allowed us to start fertilising the courses with East being done on 24 October and West will follow and be completed in the first week of November. Soon we will have lush and beautiful golf courses again and Royal will showcase its' beauty and brutality in all aspects.

The shaping of tee boxes on both East and West will soon be correctly marked out and realigned. We will also be introducing more environ/veldgrass areas on East while removing more of the in-play areas on the West course. Planned maintenance on East for November will only include our normal light dusting of the greens.



The West course renovation is also nearing its' end and in the next newsletter we will be discussing the opening of the course. It is unbelievable how quickly six months have passed. With all construction having been completed by mid-October, bunker sand installation has started immediately. The current front nine has been completed with the back nine only having six bunkers left to fill with sand and this should be completed by no later than the end of the month. Following the storm we had, the bunkers drained very well with not a single bunker waterlogged at any point. The flash flood was the ultimate test for these bunkers and they have passed it with flying colours. Our team has also completed removing dead trees and will soon start with removing the tree stumps on both East and West the TLB is utilised to assist with bunker sand installation. Leading up to the opening of the West course, the maintenance team will be hard at work getting the course into pristine condition.

Again we would like to thank the members for their patience during the renovation thus far. The long wait is now nearing the end and this wait will be so worth it for both the members and the maintenance teams.



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# PRCCOCHOLLOW G48 HOLLOW TINING Dates EAST COURSE

Save the dates 9th to 13th January 2023





There is nothing more frustrating than hitting your ball into a bunker and finding, on arrival, that your ball is sitting at the bottom of someone else's divot or footprint. Over the past couple of months, we have noticed an alarming number of bunkers left 'unraked', particularly on member days.

Bunkers are frustrating places to visit, but by following the correct rules and etiquette, all golfers can help themselves and fellow golfers escape this unnecessary situation. You will also boost your own standing amongst fellow members and playing partners, as a considerate and responsible player.

The Club has invested considerable funds into our bunkers and the course staff take great care in preparing the bunkers every morning, ahead of play, but it requires all golfers to rake any bunker they have been in and to ensure the bunkers remain playable and presentable for all, throughout the day. Please rake your bunkers and encourage your fellow golfers to do the same.

"In golf, customs of etiquette and decorum are just as important as rules governing play. It is the enthusiasm, passion, respect and support of our Club members, which enables us to offer these wonderful facilities. To offer a great experience it takes the cooperation of all patrons using the course to uphold the guidelines, culture and standards. Golf is a game of great integrity; there are no referees on the course and it's every golfers responsibility to respect each other, the game and the facility we play. We thank you in advance for helping us and for leaving the course in a better condition than you found it". Christopher Bentley, CEO



The 2022 Ladies IPT was played earlier this month at the Silver Lakes golf estate and although the CGGU ladies team were beaten into second place by North Gauteng by half a point, Shannon Berry, playing in her first IPT, had the most outstanding tournament. Shannon did not lose a match all week (played 6, won 4 and halved 2) and finished in second place in the individual standings with a total of 5 points, one point behind North Gauteng's Zane Kleynhans. Well done to Shannon – a remarkable achievement.

The number of ladies playing this month has dropped quite considerably, particularly with the Tuesday ladies. I was asked why I thought this was and I believe it can be attributed to a number of reasons - illness, injury, travel and just finding playing the East course on most Tuesdays, a bit much. The time has gone by quickly and it is only another month until the opening of our revamped West course happens and we can go back to alternating courses. However, having said that, we can look forward to our next ladies open day to be held on 8 November on the East course, when we already have a field of 88 players participating!! All proceeds from this day will be contributed to the Cupcakes of Hope charity and we anticipate having a fun filled and successful day. There are two spots still available for anyone wishing to enter a fourball.





Congratulations to Christine de Villiers, Barbie Grossmith, Gill Wood and Lynne Yammin who won the Gauteng Senior Ladies Anniversary Cup, fourball alliance, played on the East Course on Friday 21 October. The course played long and hard after the downpour on Thursday afternoon so well done to them and all who played on the day.

Please do diarise Sunday 27th November when we will be having our Christmas Mixed Competition on the East Course, morning times. Details will be sent through to you all in the next couple of weeks and we hope that this will be well supported by our members and their guests.

Thanks ladies and wishing you all a great November.

#### MIXED OPEN DAY SUNDAY 27 NOVEMBER EAST COURSE MORNING TEE OFF TIMES

R 150

MEMBERS WITH PRE-PAID ROUNDS

R 450

GUESTS & MEMBERS WITH NO PRE-PAID ROUNDS Includes Comp fee & light lunch after the game Entries: Fourball entries only (two gents & two ladies)

WHATSAPP: 082 772 0489 Email: ladies@royaljk.co.za Tee off times will be sent through a week before play

TEL: 011 640 3021 | WWW ROVALSK.CO.ZA | ROVAL@ROVALJK.CO.ZA | @ROVAL\_JHB\_GOLF

# A Royal Occasion!

At Royal, we create our own standards! Every detail is considered - from the quality of the cuisine to the finer points of our warm hospitality and our luxuriously elegant facilities, you can expect only the best. Our extraordinary attention to detail, seamless planning and implementation makes Royal a sought-after venue for hosting your special occasion.

Our highly experienced team is on hand to advise and assist you with every aspect of your event. From the initial planning and selecting the most suitable venue, to arranging the flowers, photography and menus, through to assisting you on the actual day to ensure that your special occasion is a resounding success.

#### Enquire now!

functions@royaljk.co.za 0116403021 royaljk.co.za













# 2022 FIFA WORLD CUP @ ROYAL 20 November to 18 December 2022

### BIG SCREEN, FOOD SPECIALS & MORE!

INFO: events@royaljk.co.za

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	GROUP A	G	ROUP B		GROUP C		GROUP D
	QATAR	EN	IGLAND	-	ARGENTINA		FRANCE
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	GERMANY	* M	OROCCO	+	SWITZERLAND		URUGUAY
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1 FAIRWAY AVENUE LINKSFIELD NORTH 1011 640 3021 I WWW.ROYALJK.CO.ZA F@ROYALJHB\_GOLF I ROYAL@ROYALJK.CO.Z





The golf course is a magnificent place to unwind. The trees whistle while the birds chirp, the sound of the crowned eagle calling in the distance and the jumping fish in the locked dams makes for a blissful setting while I start up the smoker. Knock knock, a disguised scent fills the entrance of the hive as the bees start to scramble, something is up. Running the cold metal tool along the seam of the lid as I begun to crack the roof of the hive, the smoker filling the air with fire like smoke causing panic as bees start filling the night sky in an attempt to leave. Some curios new timers begin to catch on and lean towards flying in the direction of this white object standing near by. The incredible scents of stored honey, bee alert phenomenon begins to fill the air causing major euphoria as the lid comes off. The hive of activity becomes apparent as the bees begin to sing in a magical vibration of noise and activity, sounds which can hint whether the bees are in a good or bad mood. With a steady hand and lots of patience, care is given to the colony as in terms of nature, this is an invasion of privacy and hard work. My dedication to the bees well being is always present thus the journey of the hive is bigger than I.





#### THE CHEF'S TABLE

Ransley Retersen, Executive Chef

"They eat the dainty food of famous chefs with the same pleasure with which they devour gross peasant dishes. mostly composed of garlic and tomatoes, or fisherman's octopus and shrimps, fried in heavily scented olive oil on a little deserted beach." - Luigi Barzini. Italian Fournalist

At the time of writing this article I find myself in this exact situation. A little under a week ago, my wife and I arrived in Mauritius for some time away just before a busy schedule lined up leading up to the festive season and busy rush. We are, at this point at Île aux Cerfs enjoying classic Creole cuisine very casually on the beach and then last night we enjoyed a formal private dinner on the beach at Veranda Paul et Virginie Hotel. I think the reason behind enjoying food, whether it be peasant dishes or fine dining, would be the appreciation and respect behind the authenticity of what you are eating.

Visiting this country for the first time, I am inspired by their culture, habits, tradition and mostly produce and eating styles. Port Louis has a massive fresh produce market that boasts the best quality ingredients in a bazaar setup with farmers in the region. It was such an experience being in the hustle and bustle of the market with people everywhere doing their last-minute shopping for Diwali- The Festival of Light. Traveling abroad gives a chef the ability to innovate and recreate with their own flair. If you haven't experienced the essence of a culture, you have no foundation from which to draw inspiration

By no surprise to our family and friends, most of our trip surrounded food experiences and activities that have become such amazina memories that we will cherish always forever. And as these experiences will memories and translate to new dishes/ flavour profiles that we will soon feature on our menus going forward.



It's rare to visit a restaurant time and time again and still love the beautiful setting, delicious flavours and remarkable service. The Old Oak really is a hidden gem in Joburg. *Dineplan Review* 



Wellness & fitness Club

ALL ALL

# -*It's incomparable* LIVE - PLAY - EAT - RELAX

Membership at Royal Johannesburg & Kensington Golf Club, is one of the most prestigious memberships on the continent. It provides a lifestyle of uncompromising personalised service; luxurious amenities and attention to detail that create a lifetime of memories.

An incomparable lifestyle that caters to the needs of you and your family.

Current members, who introduce a new member (gold category) receive 12 FREE rounds. Members receive 10% off food & beverage when using their prepaid account.





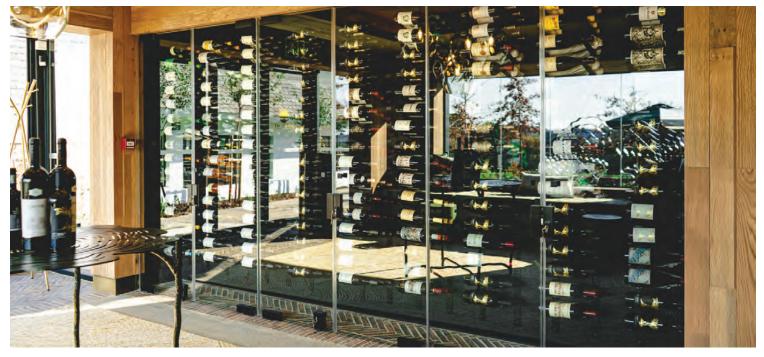
#### RUHAN'S WINE COLUMN

Ruhan Duvenage, Assistant Food + Beverage Manager

I am very pleased to announce that we have added two very special wines to our cellar at The Old Oak, after a lot of demand. I have introduced two special old vintages from Neil Ellis that offer great value and exceptional quality. Be on the look out for a stunning Neil Ellis Grenache 2010 and a Neil Ellis Syrah 2005. We were very fortunate to have tasted these extraordinary wines recently with winemaker and guild member Warren Ellis and Gauteng sales manager Kirsten Brabant. These wines showed beautifully on the day and are a great addition to our selection in the cellar. Stocks are limited so be sure to try them before they are gone.

The 2010 Grenache was sourced from 55-year-old bush vines in the Piekenierskloof, with a vibrant crimson colour, perfumed, spicy and a rich plummy fruit. A medium bodied palate with good weight. Fine grained fruit tannins complement a rich concentrated palate.

The 2005 Syrah from Jonkershoek has incense wood, notes of spice, pepper and soft sweet berry fruit, with dark toasted wood on the nose. Flavors of cherry, blackberry, mocha, roasted meat and spice makes for a superb soft and elegant wine.





Restaurant & Family Centre

## Every Thursday Might Movember 2022

3 Course Dinner for 2 including a bottle of Neil Ellis Wines

# R835

Members received 10% discount when using pre-funded Club cards

Starter (Sharing)

Fig & Brie Pizetta or Corn Bread Gouda. Fennel. Whipped Dill Butter

Main Course

Short Rib Ragout Pappardelle Pasta. Pangritatta. Grana Padano

Sous Vide Chicken Thighs Herbed Polenta. Courgettes. Charred Heirloom Tomatoes Or

Wild Mushroom Risotto Chives. Elm Oyster Mushrooms. Porcini Dust

Dessert

Chocolate Fondant Cinnamon Ice Cream. Vanilla Crumb Or Eton Mess Brownie. Macerated Strawberries. Coral Sugar

#### **Booking Essential**

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#### AN INSPIRING VIEW ON RETIREMENT



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Situated on the Royal Johannesburg Golf Course, Royal View offers a new and fresh perspective on senior living. With fine dining, hospitality and entertainment; concierge services; a fully equipped exercise and wellness centre; comprehensive on-site care facilities and 24hr nursing care and support.

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INTERNATIONALLY AWARDED









# EMPLOYEES OF THE MONTH Congratulations



Front of house - Elton Nxumalo

Back of house - Seanego Koena (April)

#### THE RANGE

By Right Side Golf Academy

#### Jacks Paint Barrel Challenge

And we finally have a winner!!!!!!! Congratulations to Shane Feldman who managed to hit the perfect 113m shot and take home the R 8 000 cash prize. Please take note that our next Barrel Challenge will be the 11th of November and will be back to R 5 000.

#### Introducing TIP Fridays !!!!!

Every Friday, buy a bucket of balls between 16h00 and 17h00 and one of our PGA qualified coaches will be able to give you a quick tip on any part of the game you are struggling with.

#### Year end function ideas

Still haven't decided what to do for your businesses year end functions?? Then why not try something new with our corporate clinic packages.

Par Package: R 350 per person

Includes welcome drinks, coaching/fun games, snacks and drinks on the patio after the clinic.

Birdie Package: R 750 per person (limited to 30 people).

Includes welcome drinks, coaching/fun games, specialised menu at The Old Oak & give aways after the clinic.

For more information or to book your session contact Jayde on jayde@rightsidegolf.co.za or 071 410 7212

# <section-header>



#### DENIS HUTCHINSON TRIBUTE TOUR WITH DALE HAYES AT ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB



We invite you to join these South African golfing greats on Tuesday 15th November for golf on The East Championship course at 11h30, shotgun fait followed by prizegiving & an evening with South Africa's 'Voice of Golf' and 'Mr Golf' at the Old Oak Restaurant, 17h30 for 18h00

R 1 000, Guests & Members without pre paid rounds | R 700, Members with pre-paid rounds (Includes; greenfees, cart, prizegiving, dinner & talk at The Old Oak) Join us for the dinner & talk only R 350.00 Bookings: events@royaljk.co.za



THE OLD OAK

No. 1 Fairway Avenue Linksfield North, Jhb | 011 640 3021 | www.royaljk.co.zal @royal\_jhb\_golf

## SHOTS OF THE MONTH

By resident photographer. Trever Bannett





#### Greg's Day

The Golf Shop's monthly golf day will be held on the 12th of October and Srixon will once again be here with a sleeve of golf balls for each player who enters the competition. Bring all your friends and come and enjoy the day with us. We'll even buy your half way lunch!

#### New arrivals

For our Ping fanatics out there we are pleased to announce that the new Ping G430 has arrived and is ready to be purchased by those wanting to gain a couple of extra meters.



#### Specials

On top of that in preparation for the festive season coming up, we are having a special on Srixon Z star and Srixon soft feel balls. This would be a great combination with the purchasing of the new club!!

Pricing:

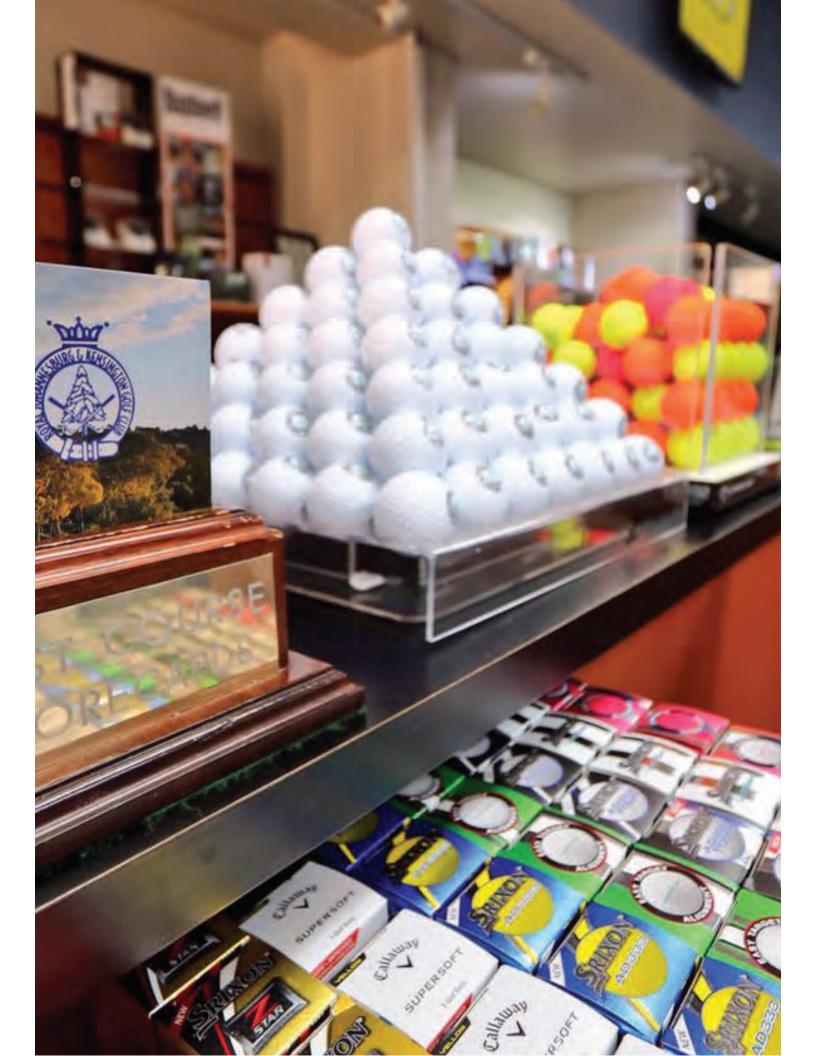
- 1. Srixon Z Star 2 pack R300
- 2. Srixon soft feel 2 dozen R600



#### Be aware!!

We are very happy to announce that by next week we are welcoming the one and only Greg Jacobs back into the working circle. This means that you all must ensure to be on your best behaviour, and feel free to arrange a round of golf and take some two clubs, this will most definitely put a big smile on his face!!

#### PROSHOP@ROYALJK.CO.ZA



# ENOUREROW

Je



#### ROYAL RETREAT

Wellness & Fitness Club



# HOME SWEAT HOME BUILD YOUR OWN GYM

REBEI

ELITE FITNESS

14LB

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BEL

REBEL



REBE

ELITE FITNE

20LB



**ROYAL RETREAT** 

Wellness & Fitness Club

#### MAKE YOUR BODY STRONGER

Book a session with Royal Retreat Wellness & fitness Club's Exclusion Personal Trainer

# INTRODUCING

SPECIALISING IN WEIGHT LOSS, MUSCULAR Hypertrophy, sports specific Movements, high performance training And special aged populations groups

My training methods come from the nerdy science behind the reason for each exercise and therefore in my sessions I am always explaining the benefit of the exercise from an anatomical point of view ,I'm a true nerd in the field . Reason being is I treat my clients as athletes no and want to maximise their performance and results without injury and the best way to do that is to help them understand and learn so that they can create a sustainable lifestyle for themselves. So no , I am not the boot camp trainer that's going to be screaming at you "train insane or remain the same "

1-1

BOOK NOW

#### **ROYAL RETREAT WELLNESS & FITNESS CLUB**

Welcomes Bronwyn Wilkinson - Massage Therapist

Bronwyn is a qualified Therapeutic and Sports Massage Therapist with 20 years of experience in private practice.

She prides herself in maintaining a professional yet relaxing environment for athletes and clients of all ages, focusing on physical, mental and emotional wellbeing. Qualified in Therapeutic, Deep Tissue, Sports Massage, Lymphatic Drainage and Cupping Therapies. Bronwyn is able to provide pain relief from sore and tight muscles, increased flexibility, relaxation, mental clarity, improved circulation, sports recovery and injury prevention.

Working with athletes from golfers, runners, CrossFit, Triathletes, cyclists, swimmers, martial arts to dancers, Bronwyn has vast experience and knowledge in injury prevention and healthy muscle maintenance. Working closely with other medical practitioners in the treatment of stress and anxiety disorders, acute and chronic dis-eases in the body is another one of her passions. Her mission is to serve the community in health and wellbeing available to all.



For Bookings or enquiries, please contact Bronwyn on 060 571 4344



#### Vitality Fitness Assessments now at Royal Retreat

Earn up to 7500 Vitality points by completing the Vitality Fitness Assessment.

The fitness test has been scientifically designed to give you an accurate and personal understanding of your fitness.

The fitness assessment consists of 3 parts.

We start with the basics – height, weight, waist circumference and blood pressure.

Once we've done that, we move to the cardiovascular fitness test. This can be done on either the treadmill or on a Wattbike, giving us a great understanding of the aerobic fitness levels. Lastly, we do a strength and flexibility screening where we look to identify problem areas to improve on.

- The test takes about 40 minutes to complete and is easy to complete.
- The cost is R480-00 and is covered from the day-to-day benefit of the medical aid.
- You will earn a minimum of 2500 points for completing the test and up to 5000 bonus points, depending on the level of fitness.

For more information, or to book your Vitality Fitness Assessment call Dale on 082 324 7797 or email dale@bespokefit.co.za

#### AIMPOINT GOLF

#### Sandra Van den bergh

I am so delighted to have taught the AimPoint Technology to the following players in the winning seat this past month:

2022 SA Amateur Champion, Kyle De Beer won the Ekurhuleni Stroke Play Championship with a score of -20 over 72 holes at Glendower Golf Club.

Nadia van der Westhuizen won the Vodacom Origins of Golf at St Francis Links on the Ladies Sunshine Tour

Dylan' Naidoo's first win on the Sunshine Tour at the Sibaya SunBet Challenge at Umhlali Country Club.



#### Sandra van den Bergh

Certified level 3 AimPoint Instructor The only certified AimPoint instructor in Africa E: sandra@royalretreat.co.za C: 0832911183 Twitter: @svdberghgolf Facebook: Aimpointgolf South Africa Instagram: aimpointgolfsouthafrica



#### THE CALENDAR

<b>N</b> 20							West Course temporary greens in play	- 12
20	22						Ladies Comp - 3 Ball alliance Club Comp Betterball stableford	Tue 01 Nov Sat 05 Nov
							Club Comp - AM - Alliance 2 scores to count	Sun 06 Nov
							Scratch league - Round 7	Sun 06 Nov
							Club Closed - Maintenance	Mon 07 Nov
							Ladies Comp - Cupcakes of Hope Open	Tue 08 Nov
SU	MO	TU	WE	TH	FR	SA	Greg's Day - Betterball Stableford	Wed 9 Nov
50	MO	10				JA	Club Comp - Betterball bonus bogey	Sat 12 Nov
		-					Club Comp - AM - Betterball stableford	Sun 13 Nov
		01	02	03	04	05	Club Closed - Maintenance	Mon 14 Nov
							Ladies Comp - Under 68's v Over 68's	Tue 15 Nov Sat 19 Nov
06	07	08	09	10	11	12	Club Comp - Individual stableford Club Comp - Am - Ind Stableford	Sun 20 Nov
00	07	00	05	10		12	Scratch league - Round 8	Sun 20 Nov
	100			2.5			Club Closed - Maintenance	Mon 21 Nov
13	14	15	16	17	18	19	Ladies Comp - Individual stableford	Tue 22 Nov
							Royal Joker Draw	Fri 25 Nov
20	21	22	23	24	25	26	Presidents Cup Final	Sat 26 Nov
20							Club Comp - 4 Ball alliance	Sat 26 Nov
		100					Presidents Cup Final	Sun 27 Nov
27	28	29	30				Club Comp - AM - Betterball medal	Sun 27 Nov
							Christmas Mixed Open - AM	Sun 27 Nov
							Club Closed - Maintenance	Mon 28 Nov
	an antan a		A PROPERTY.	Sec. in			Ladies Comp - Lady Captains Choice	Tue 29 Nov
	West Cours	se tempora	ry greens in	play - Nove	ember 2022	2	West Course Grand Opening Launch	November 2

Saturday 26th November & Sunday 27th November - 2022 Presidents Cup Final

West Course Grand Opening - 30 November to 5 December

Sat 03 Dec Sat 03 Dec Sun 04 Dec Mon 05 Dec Tue 06 Dec Sat 10 Dec Sun 11 Dec Mon 12 Dec Tue 13 Dec Wed 14 Dec Fri 16 Dec Sat 17 Dec Sat 17 Dec Sun 18 Dec Mon 19 Dec Sat 24 Dec Sat 24 Dec Sun 25 Dec Mon 26 Dec Sat 31 Dec Sat 31 Dec

Club Comp Betterball stableford
BG's Christmas Comp & Lunch
Club Comp - AM - Alliance 2 scores to count
Club Closed - Maintenance
Ladies Comp - Christmas Comp & Lunch
Club Comp - Betterball bonus bogey
Club Comp - AM - Betterball stableford
Club Open - West Course Only
Ladies Comp - Individual stableford
Greg's Day - Betterball Stableford
Public Holiday - Day of Reconciliation
Club Comp - Individual Medal - West Course
Club Comp - Individual stableford - East Course
Club Comp -AM - Ind Stableford
Club Open - Both Courses
Club Comp - AM Only - 4 Ball alliance
Club Open - Last Tee off time 12h30
Public Holiday - Christmas Day - Club Closed
Public Holiday - Boxing Day - Club Open
Club Comp - AM only - Golf Directors Choice
Club Open - Last Tee off time 12h30

Please always confirm with the Club



STREET, STREET

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					01	02	03
(	04	05	06	07	08	09	10
1	11	12	13	14	15	16	17
1	18	19	20	21	22	23	24
	25	26	27	28	29	30	31

Sunday 25th December – Club Closed Monday 1 January – Club Closed GUEST RELATIONS & BOOKINGS RECEPTION@ROYALJK.CO.ZA

CLUB OPERATIONS

FOOD & BEVERAGE

FUNCTIONS & EVENTS

FINANCIAL MANAGER

CLUB ACCOUNTANT

COURSE MANAGER

CHIEF EXECUTIVE OFFICER CHRISTOPHER BENTLEY CEO@ROYALJK.CO.ZA

NO. 1 ON FAIRWAY AVENUE LINKSFIELD NORTH JOHANNESBURG

INFRASTRUCTURE DIRECTOR

GOLF

BOOKINGS@ROYALJK.CO.ZA

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ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB

#### @ROYAL\_JHB\_GOLF

As our newsletter continues to evolve, we are looking to make it even more useful and interesting for our members. We encourage you to share your thoughts with us.











PHONE: 011 640 3021 WHATSAPP: 076 392 2495

#### BOARD:

C. WADHWANI (CHAIRMAN), D. HARDING (VICE CHAIRMAN), N. WATT-PRINGLE (CLUB CAPTAIN), J. GOODWIN (LADY CAPTAIN), T. PEYPER (TREASURER), G. ODGERS, D. MOOROSI, W HUDDY, C. BENTLEY (CEO)

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