

# ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB

EST 1890



A U G U S T

### From the Clock Tower

The first signs of spring are starting to show, with the trees beginning to develop new buds and this would be evident if you had played recently.

Our Course Manager and his team have produced good playing conditions and their attention to detail throughout the winter period (project season) has not gone unnoticed and we now start 'scarifying' fairways moving closer to summer. As we prepare, we also remind members of the annual 'hollowtining' process, which will take place from 30 August - 3 September on the West Course and 27 September – 1 October on the East Championship Course.

We have successfully completed our annual financial audit with HLB, for the year ending 30 June 2021. Our auditors continue to show satisfaction with our practices, accounting, good governance and standard operating procedures. In this regard, the Club has delivered a small surplus for the year (after depreciation and capex), which is an extremely satisfying result considering the restrictions and macro effects. The results show the pro-active and strategic measures taken to align the Club business with the changing landscape of activity levels, across golf, functions and hospitality has been vital. We will continue to keep the revenue and expenditure gaps closed, whilst at the same time delivering what's promised and tactically scaling the business to accommodate our new and exciting facilities. Additionally, we are pleased to communicate, for the fourth consecutive year, the Club has retained a 5-star occupational health & safety rating. Special thanks to our infrastructure manager, Hennie Bredenhann, for consistently delivering the highest of safety standards for our facility.

The financial statements will be presented at the 130th Annual General Meeting (22 September 2021) and as always, the abridged results will be published in the Royal Review (8th Edition). A special thank you to our Financial Manager, Charlotte de Jong and Club accountant, Siobhan van Rooyen, for all the hard work, long hours and for another seamless audit. As a Club, we have been fortunate to see positive growth, despite all the difficulties and our focus has always been and always will be, a great member experience while continuously adding more value wherever possible. In this regard, we thank you, the members, sincerely for all your support and loyalty throughout the financial year and particularly off the course with the revenue generated through our 'curb side delivery' service which has been a key initiative to replace 'lost' revenue.

The current Board has considered the future composition and leadership of the Club, this alongside succession and duration of term. At the upcoming AGM, the Board will be asking the approval to increase the size of the Board from seven to ten board members, and changing the duration in office. The structure will ensure we protect the high standards of good governance, succession and add further strategic value where needed in the evolving landscape i.e. carbon footprint, electric and autonomous machinery, hydroponic farming, cashless environment, water, energy, security and even the acceptance of crypto currencies in the future. We have already progressed well and planned the high road scenarios, which is essential to support management and the 'masterplan' options/initiatives in this turbulent world.

Important to note the Board will not seek any further strategic resolutions at the upcoming AGM and will only be presenting the agenda as per the constitution, alongside updating the membership on current projects, the West Course renovation (planned for June) and reporting on conceptual objectives to guide scenarios, possibilities and future growth (the masterplan) to ensure the Club continues to mitigate risk, promote growth and operate with the direction of the membership.

The notice of the 130<sup>th</sup> Annual General Meeting will be distributed to the membership on Wednesday, 1 September 2021, alongside the nomination forms for the Board & Capital Fund Committee, which we encourage all members to please carefully consider. At this stage, we are still hoping restrictions for the AGM will allow us the opportunity to host as many voting members physically and the notice will include an RSVP requirement for attendance. Due to Covid -19, if the meeting cannot sufficiently accommodate, the Board will consider postponing the meeting to October as a contingency. Either way, the meeting will also be streamed live on a virtual platform for members who are non-voting and/or not able to attend physically. There will be no comments or questions allowed on the platform during the meeting but we will welcome questions prior. As communicated, this year's Royal Review publication (annual report) will be edited by the infamous wordsmith, Dan Retief and we encourage any member who wishes to advertise or contribute to the emag, to please email marketing@royaljk.co.za by 2 September 2021.

In the words of Adrian Gore, "The best time to build is in difficult times" and the progress in our property developments are well on track, despite council and pandemic delays. Both Brookfield at Royal & Royal View have completed all bulk earth works and at each step the residential vision is coming to life. The construction of the first phase of the new 'holding dam' at Brookfield is complete and the second phase starting shortly. The new dam will provide the golf courses an additional 1.8m litres of irrigation water which is of great value to the Club. The construction of the Old Oak - Restaurant & Family Centre (old halfway house) and the Royal Retreat – Wellness & Fitness Club (conference entrance, Birkdale & Blackheath rooms) continues to progress well and remains on track to open toward the end of the year.

We are pleased to communicate that the Club has established a Covid -19 vaccination program in an effort to assist staff and caddies to get vaccinated. The program is covered by the Club and completely voluntary and will start during the month of September. Our sincere thanks to Wendy Huddy for driving the initiative and assisting with the registration and overall process.

In closing, I have chosen to make use of some annual leave which was set to expire and will therefore take some time out with the family from 27 August, and

return to the Club on Tuesday, 7 September 2021. Over this period the Club Operations Director and Financial Manager will be available for any assistance in my absence.

I would also like to take the opportunity to extend my gratitude to the membership and staff for the overwhelming number of messages and support following the announcement of the 2021 PGA national management award, I am sincerely appreciative and privileged to be surrounded by the incredible people of this Club and bind this recognition to you, the members and staff—thank you.

Take care as we prepare ourselves to welcome the arrival of spring and some warmer weather and as always, I wish you and your family good health and strength, as we all do our part to remain 'together apart' in the fight against Covid-19.

Warm Regards,

Chris Bentley
Chief Executive Officer





# REMINDER

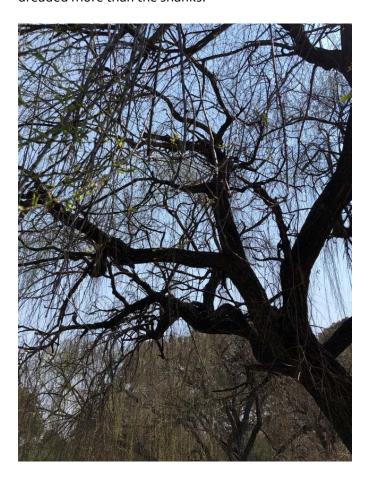
# 130th Annual General Meeting

WEDNESDAY, 22 SEPTEMBER 2021 AT 18H00



ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB
Est. 1890

After a winter that was seemingly never ending, it is a relief to see the trees budding and the sunrise creeping in a little earlier of late – all signs that spring is finally on its way (not to mention gale force winds synonymous with August in the highveld)! Whilst I have been watching many trees over the past month produce small buds that swell and eventually pop, it is the Willow tree leaf shoots that are the first big indicator for us and the "green light" for the team to start preparing the courses for conditioning and manicuring. The willow trees become our calendar so to speak and when they shoot it's time to scarify! Scarifying along with hollow tining are the bane of all golfers and two words that are dreaded more than the shanks.



Golf courses in the highveld have always astounded me in that they are complete opposites in seasons and one can imagine after a long cold spell such as the one we have endured, it takes the team some time to wake up the courses and get them back into their pristine condition. This is not only due to the size of our facility but we do have to work with what Mother nature gives us. All too often I get asked the question as to why we need to perform these dreaded treatments and how long it takes and whilst I would like to answer that simply, the reality is that there is no definite timeframe or shortcuts to producing a good golf course. Like most things we will get out what we put into our courses and

if we prepare them correctly, we will get the results we are after.



Before we can hollow tine the courses, the team need to perform what is previously known as scarifying and by definition this means removing all the turf to bare ground- a practice that was performed in the years when rainfall was fairly 'predictable' and fertilizer and fuel was cheap. Those days are long gone – however the turf still needs its treatments and course managers have had to adapt. This scarifying practice in its truest and original form is very scarce nowadays and whilst we still use the term in the industry, we rather perform a deep verticut/vertical mow which allows us to use less resources in the form of fertilisers to get the courses back in shape. It is however still a practice that requires a lot of feel and experience in determining how much thatch to remove and each hole is different and requires a different amount of thatch removal.

The first quarter of our year saw plenty of rainfall which contributed to a lot of thatch on the kikuyu which we are removing during this scarification process at present, allowing the new kikuyu shoots to grow through the dormant mat of turf. This is essential not only for new growth but to minimise the chance of diseases and insect damage which can be found later in the summer if the thatch is not removed. Whilst we would ideally like to perform this procedure as quick as we can, it is impossible due to the nature of our resources and time constraints. The team have started the process on West course during mid-August and we estimate that we will be completed in around 6 -7 weeks (in the first/second week of October). We apologise for the inconvenience caused to all our patrons and thank you for your understanding during this arduous process. The fruits of our labour will certainly be seen once this is completed and the hollow tining and fertilising is performed.

In conjunction with this, we remind members that we are entering a time of year when water availability and use on course is restricted to the bare minimum until we

receive regular rainfalls and so any fertilising of tees and/or fairways will only take place once we are guaranteed of regular rains – which is seemingly in late October if the past few years are anything to go by. Even with our boreholes, we are still compelled to act responsibly and only water as is necessary. Every facility is different in their size and water availability and over the next few months golfers may notice different facilities peak at different times. We at Royal only have water holding dams that catch and store water from storm water run-off. Fortunately, 50% of the new water holding dam on East has now been constructed and completed and the developers project team need to complete the other half during September month. We have begun using some of the water on East and testing the system which is working well. So far, we are on track to have the dam completed in full before the big summer rain is predicted — that is of course unless Mother nature has any surprises during September. Some exciting news for the members is that we will be doing the tree planting on West during the upcoming hollow tining and Arbor week which is in the first week of September and will be sending out pictures and doing a write up in next month's column. We also only have a few tees boxes to re-level on East during September until we can re-open these par 3 tees for play, and so there is lots to look forward to this spring. Until then, see you on the fairways.

Happy golfing,

Shaun Brits
Course Manager





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### The Captain's Note

As I sit in front of my computer and ponder on the recent Olympics and Lions rugby tour, I wonder how I can inspire all of you to get out on the fairways, seeing spring is just around the corner. I decided to take an article written by Andrew Parker for the latest Complete Golfer Magazine, which was published on the 13<sup>th</sup> of August 2021. If you haven't seen or read it yet, it makes for quite interesting reading, especially for our younger members who might consider taking up golf as a career.

#### Top 10 South African Money Winners in 2021



The current year has truly provided the South African golf public with some outstanding performances on the professional golf circuit. Those performances have proven fruitful for 10 of the South Africa's golfers in 2021.

Despite Louis Oosthuizen falling heartbreakingly short at three of the calendar year's four major championships, there have been some amazing victories to celebrate courtesy of LeeAnn Pace on the Ladies European Tour; Brandon Stone, JC Ritchie and Wilco Nienaber on the European Challenge Tour; Justin Harding, Daniel van Tonder, Garrick Higgo and Dean Burmester on the European Tour; as well as Branden Grace, Garrick Higgo and Erik van Rooyen on the PGA Tour.

All of this success adds up to some extremely lucrative paydays so let's countdown the top 10 South African money winners for 2021 so far...

#### No. 10: Justin Harding - R10.6 million

Harding found his way back to the winner's circle at the Magical Kenya Open earlier this year and had another extremely close call at the recent Cazoo Open hosted by Gareth Bale.

#### No. 9: Ernie Els - R11.2 million

Based on his own high expectations, it is fair to say that Els has underperformed in certain respects with just four top-10 finishes in 2021 on the Champions Tour.

#### No. 8: Christiaan Bezuidenhout – R15.3 million

Despite not having missed a single cut, Bezuidenhout will feel his 2021 season has been mediocre in all aspects apart from the healthy addition he has made to his bank balance.

#### No. 7: Retief Goosen - R17.8 million

A couple of runner-up finishes, including at the U.S Senior Open Championship, have helped The Goose climb the rankings in the Charles Schwab Cup on the Champions Tour.

#### No. 6: Erik van Rooyen - R22.1 million

A timely return to form last weekend at the Barracuda Championship not only won van Rooyen a whole heap of cash, it also secured his spot in the FedEx Cup Playoffs as well as his PGA Tour Card for the next two seasons.

#### No. 5: Dylan Frittelli – R22.9 million

For all of the planning and preparation that Frittelli put into his 2021 season, it was fate that led to his best performance on Tour at The Open Championship after only receiving a last-minute call after compatriot Louis de Jager was forced to withdraw due to COVID-19.

#### No. 4: Branden Grace – R26.9 million

Victory at the Puerto Rico Open and two excellent backto-back performances at The Memorial and U.S Open in June are the standouts from Grace's 2021 season.

#### No. 3: Garrick Higgo - R29.4 million

Without doubt the breakout star of 2021 in South African golf, Garrick Higgo followed up his maiden European Tour victory in 2020 with two more in the space of three weeks during the Canary Islands swing. Higgo's biggest win to date soon followed at the Palmetto Championship on the PGA Tour, the biggest stage of them all.

#### No. 2: Charl Schwartzel – R31.7 million

After battling a debilitating wrist injury, Schwartzel has used the past couple of seasons to fight his way back to

the top echelons of the sport. Based on what Charl has achieved so far in 2021, it is fair to say the 2011 Masters champion is due another victory on Tour.

No. 1: Louis Oosthuizen – R93.2 million

There is not much more to be said about South Africa's premier golfer after the heartache he has undoubtedly endured after three near-misses at all of the PGA Championship, U.S Open and The Open Championship. Don't forget King Louis also suffered defeat in a playoff at the Zurich Classic of New Orleans and had to settle for 2nd at the 3M Open. If there is any light at the end of the tunnel, Louis has nearly R100 million in annual on-course

earnings with the FedEx Cup Playoffs and the business end of the Race to Dubai still to cash in on.

(Credits to the author of this article, Andrew Parker)

In closing good luck to all the players still involved in all the Club knockouts.

See you all on the fairways

Nick Watt-Pringle
Club Captain



At last the days seem to be getting a little warmer but hopefully I am not speaking too soon. Although I didn't play, Saturday 14<sup>th</sup> August had to have been the coldest day we have had this winter and I applaud every person who played in that bitter, freezing weather – it could not have been enjoyable at all!

Sincere congratulations to Shannon Berry who has been selected to represent Gauteng to play in the Nomads SA girls championships to be played at Magaliespark from 10 to 12 September. Shannon's commitment and dedication has paid off and we wish her much luck for the championships.

Our two league teams have both had favourable results this month. Well done to Sandra van den Bergh and her Sunday team who secured a draw with Modderfontein on the tough Modderfontein course and to Lynn Gardner and her weekday team who had a great win against CCJ at home on the West Course. Unfortunately, this team went down to division leaders Kyalami, at Kyalami last week – this was always going to be a tough match on a challenging course. Bad luck ladies.

All the 2020/21 ladies knockouts have been completed and congratulations to all the winners and the finalists:

#### **BG's Singles Knockout**

Winner Niki Christie
Runner up Della Stapleton

#### BG's Betterball Knockout

Winners Charmain Partridge & Erica Robertson

Runners up Ali Foote and Sue Rice

#### **Tuesday Singles Knockout**

Winner Lelane Straw Runner up Niki Christie

#### Tuesday Betterball Knockout

Winners Niki Christie and Cilla Hewitt
Runners up Val McKenzie and Michelle von

Holdt

We look forward to hosting our annual ladies Spring Trophy event in September and hope that many visitors will join us for this day. This trophy is the only ladies trophy at Royal that may be won by visitors so we encourage all our members who are playing on the day, to invite friends to join you.

Preparations will soon begin for the 130<sup>th</sup> Annual General Meeting of our Club to be held on Wednesday 22<sup>nd</sup> September and I urge you all to keep this date open. How, where and how many attendees will be permitted, is still to be established and these logistics are things over which we have no control. All members will be kept informed of all the required regulations.

Many of our lady golfers have been kept out of the game for varying reasons and I look forward to welcoming them all back when they are fit and ready to do so. Sincere condolences are again offered to all those who have lost loved ones over the past month to Covid and other illnesses – our thoughts are with you.

I look forward to seeing you all around the Clubhouse.

Best wishes

Wendy Huddy Lady Captain



# Brookfield at Royal



# Our Amazing

# AMENITIES HAVE BEEN SET IN MOTION!

We're thrilled that construction of the new restaurant and state-of-the-art gym at the RJK Clubhouse has already started .





# SAFE & SECURE

CATERING FOR ALL.



# **SAFE & SECURE**

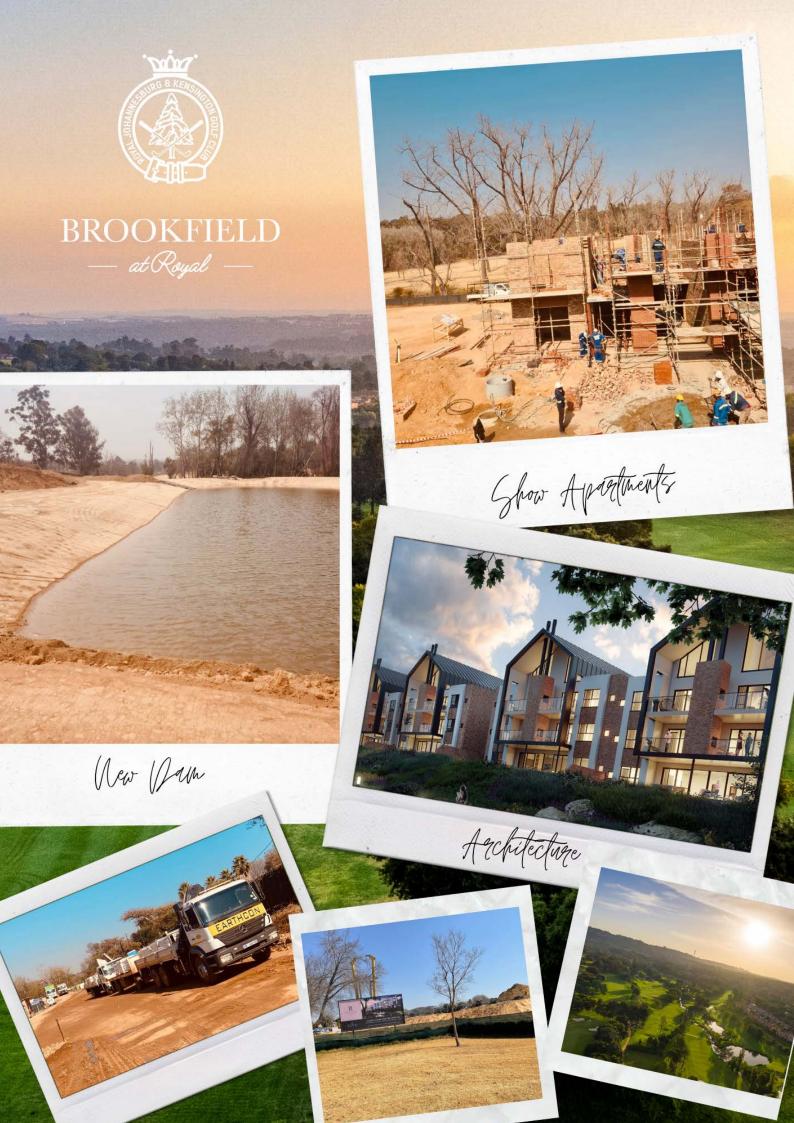
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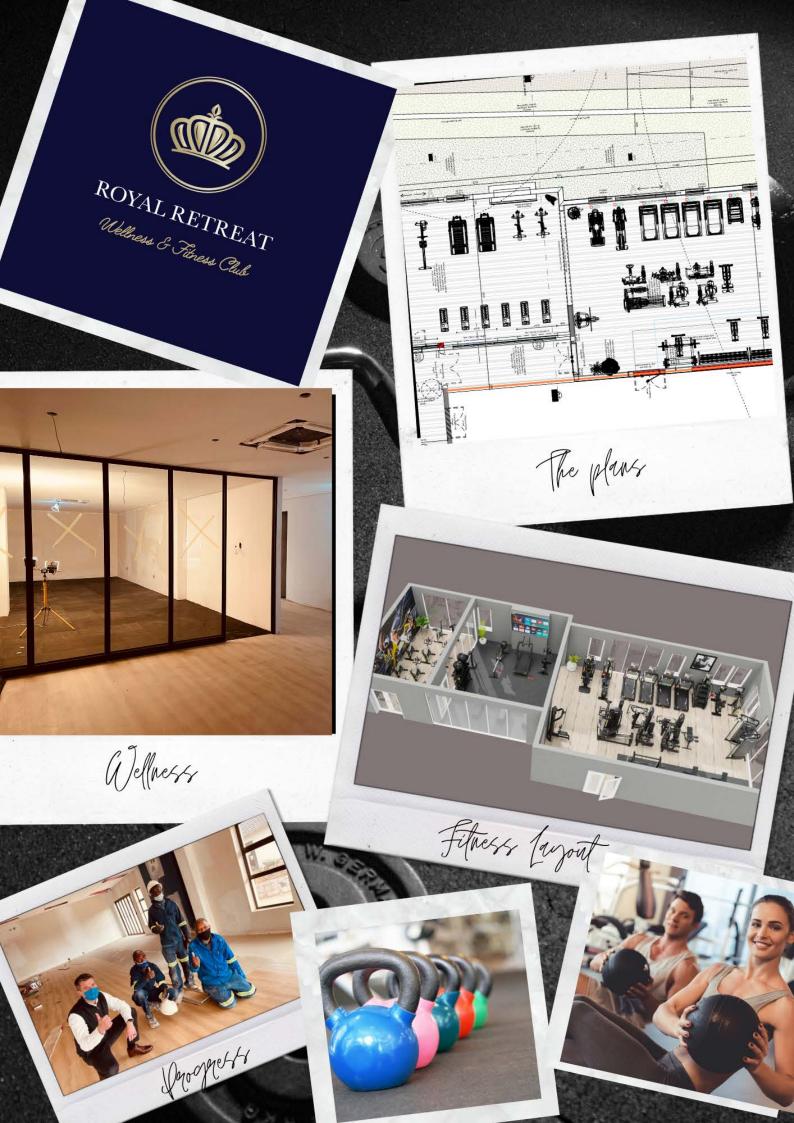
# EXTENSIVE PROGRESS BEING MADE On The Dam...



We are thrilled to announce that our careful planning and attention to detail have resulted in extensive progress being made on the dam







# Birds of the Month



Top Left; Giant Kingfisher | Top Right; Malachite Kingfisher

(Photographer: Trevor Barnett)

Bottom Left; Black Sparrowhawk | Bottom Right; Longcrested Eagle



### **SWING THOUGHTS**

#### By Theo Bezuidenhout



Theo is a psychologist, guest-lecturer and self-confessed sports nut. He is the founder of BVP Sport Psychology as well as the current High Performance Psychologist for GolfRSA. Theo has a professional philosophy that performance (good or bad) is not co-incidental. He therefore encourages clients to maintain both physical and mental processes and routines that lead to consistent performances and a consistent life.

#### 'Quiet Eye'

His eyes focus on the hole for two to three seconds. He then slowly tracks his head and eyes back to the ball. Lastly, he fixes his laser-like focus on the ball for another two seconds before he takes the putter back.....

Watching Justin Rose execute his well-rehearsed putting routine you could be forgiven for missing a very important neurological skill he incorporates by staring intently at the hole and the ball, namely "Quiet Eye".

Not only has Rose's work with putting coach Phil Kenyon been a contributing factor to his success on greens but also his work with a neuro-feedback tool called FocusBand (<a href="https://focusband.com">https://focusband.com</a>). A crucial part of the effectiveness of FocusBand is the ability it has to measure "Quiet Eye" moments.

What is Quiet Eye? Scientifically the quiet eye (QE) is a term first proposed by Professor Joan Vickers of Calgary University. It refers to gaze patterns observed immediately prior to movement in aiming tasks, such as hitting a golf ball, or in Rose's case putting.

Vickers defines the QE as 'the final fixation on a location that is within 3° of visual angle for a minimum of 100ms' (Vickers, 1996). This type of visual focus is also seen in

several other aiming based tasks such as archery, darts, football, ice hockey, shooting, snooker, table tennis, tennis, and a number of other sports.

Practically, Quiet Eye refers to the final pause where the gaze of a player remains steady on a single location, such a dimple at the back of the ball, before starting to move the putter or club. In what seems to be coincidence (but us golfers know better as it is the hardest sport!) Vickers and colleagues discovered the QE when they were performing exploratory studies on expert golf performers during putting (<u>Vickers, 1992</u>).

They noticed that expert performers used more efficient and steady gaze behaviours compared to sub-elite and novice performers (see (Vickers, 2007) and this 'aiming fixation' particularly was LONGER. Further studies also demonstrated that a longer QE was also associated with successful performances on an individual basis too. An analysis expertise by Mann and colleagues (Mann, Williams, Ward, & Janelle, 2007) also identified the QE as a trait of expert performance.

Theories as to why the QE is such a noticeable trait of expert performers appears to base around the allowance for increased processing time. When more time is taken to view the target before a movement, more relevant information can be processed sub-consciously about the target and what is required to hit it.

Referring to the golf putting example, limiting yourself to a single but prolonged look at the hole (~2seconds seems about right) and then directing gaze back to the back of the ball for a further 2s before putting is a much more efficient strategy when only task relevant information is processed. Thus, much better than just looking back and forth at the hole and the ball aimlessly! Initial studies in both golf putting and basketball have shown that QE training of both novice and expert performers has the immediate benefit that skills can be learned to a higher level in less time. As an added benefit individuals who receive QE training appear to be able to retain their performances better under pressure compared to performers who received more regular 'technical' training (Vine, Moore, & Wilson, 2011; Vine & Wilson, 2010, 2011).

This obviously has huge implications for sports performers as it would appear QE training can 'buffer' an individual from the effects of anxiety and pressure on performance.

One theory for this buffering effect is that QE training is an implicit learning technique (Masters & Maxwell,

2004). This theory suggests that explicit learning which is focusing consciously on the technical elements of a skill, for example learning the correct grip, feet positions, arm actions etc., can cause an individual's performance to break down when performing under pressure. In plain language: paralysis by analysis.

Thus, the Conscious Processing Hypothesis predicts that when put under pressure to perform, individuals exert more effort into consciously controlling their movements. This puts a considerable amount of strain on the individual's working memory and takes processing resources away from task and goal relevant stimuli that may be happening around them. Think of your computer becoming slower and slower as more and more large files are stored on it.

However, if a skill is learned implicitly, such as the QE training which gives simpler directives of where to look and when, performance is often retained to a higher level under pressure. Utilizing our computer example QE would be the equivalent of enhancing the storage capacity of the computer or even deleting or downloading unnecessary files.

So how do we train QE then? Below I have included three exercises that I suggest for all of my clients when they start to work with FocusBand and you will soon see the benefits of this training if you stick to the exercises as suggested:

#### 1. Ball in hand drill

Intently focus on a dimple or marking on ball for 1min using your phone countdown timer then relax for 1min...change the spot of the ball you are looking at and then start the timer again while focusing on this different dimple/marking...repeat 5 times (10min in total)

#### 2. Shifting awareness and focus

Start by focusing on dimple or marking on ball in hand until you feel you have quiet eye (2-3 seconds)...then shift awareness to ball on ground 2-3m away to your left for right handers and your left for lefties....then shift your eyes and focus slowly to the ball on the ground....feel yourself get another quiet eye moment on a dimple on the ball on the ground....shift awareness to ball in your hand and then slowly shift eyes and focus back to dimple on ball in your hand....do this for 2-3min using phone countdown timer....idea is to shift between

the two balls 3-5 times....do this 3-5 times in total (10-15min in total).

In referring to awareness it simply refers to thinking of the ball on the ground or in your hand, not actually looking at it. This exercise mimics the movement of your eyes between a ball on the ground and your target.

#### 3. Alignment Sticks

Set up two alignment sticks 5m apart with head covers on both. Stand by one and focus on a marking on the far head cover when you feel you have had a quiet eye you can start to walk slowly to the other head cover all the time focusing on one point. Once on the other side take a minute to relax and then repeat the walk to the other side. Rather move too slowly for now. Repeat 5-8 times (Total time 10-15 minutes). This exercise mimics walking into the ball while getting QE on your target.

You can do these exercises as part of your warmup or just as part of your mental plan every day.

#### References:

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Contact Membership

(011) 640 3021 membership@royaljk.co.za Inclusive of unlimited rounds Only available on upfront payment T's& C's apply

### MEMBER CALENDAR

#### SEPTEMBER

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#### DATES TO NOTE Virtual CHOC Cancer Challenge (Month of September) Notice of the 130th AGM Wed 1 Sept Wed 1 Sept West Course Hollow tining West Course Hollow tining LGG Weekday League Vs Bryanston 3 Away Senior Betterball League Round 4 Scratch League Round 5 Club Closed Mon 6 Sept Ladies Comp - Individual Stableford Tue 7 Sept Greg's Day Wed 8 Sept Club Comp - Betterball Bonus Bogey Sat 11 Sept Junior League Sun 12 Spet Betterball League Sun 12 Sept Board Nominations Close Sun 12 Sept Club Closed - East Course Scarifying Mon 13 Sept Ladies Comp - Ladies Open Spring Trophy Tues 14 Sept Club Comp - Individual Stableford Mid Amateur League R8 Sat 18 Sept Sat 18 Sept Club Closed Mon 20 Sept Tues 21 Sept 130th AGM Wed 22 Sept Club Comp - 4 Ball Alliance Sat 25 Sept East Course Hollow tining Mon 27 Sept East Course Hollow tining Tues 28 Sept Ladies Comp - Ind Medal or Stableford Tues 28 Sept East Course Hollow tining Wed 29 Sept East Course Hollow tining Thurs 30 Sept

#### OCTOBER

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#### DATES TO NOTE East Course Hollow tining Seve Ballesteros Evening @ Royal Club Comp Betterball Stableford Mid Amateur League Round 10 Senior Betterball League Round 5 Sun 3 Oct Club Closed Mon 4 Oct Ladies Comp - Individual Stableford - Trophy Event Tue 5 Oct Club Comp - Betterball Bonus Bogey Sat 9 Oct Betterball League Sun 10 OCt Club Closed Mon 11 Oct Ladies Comp - Ladies Open Tues 12 Oct Greg's Day Wed 13 Oct Club Comp - Individual Stableford Sat 16 Oct Club Closed Mon 18 Oct Ladies Comp - Individual Medal or Stableford Tues 19 Oct Club Comp - 4 Ball Alliance Sat 23 Oct Scratch League Round 7 Sun 24 Oct Senior Betterball League Round 6 Sun 24 Oct Club Closed Mon 25 Oct Ladies Comp - 4 Ball Alliance Tues 26 Oct Mid Amateur League Round 11 Sat 30 Oct

# WORLD GOLF AWARDS 2021

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# he East Championship Course



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### The Golfers Scorecard

I think we can all agree that this month has probably been one of the coldest we have had in a very long time. On a few days our members deserved medals for just completing their rounds. But as we start to see the buds blooming on the trees, it seems that spring is around the corner and we all eagerly await lush fairways again.

#### League Results

We wish all our league players the best of luck with their matches now that the league season has resumed again.

#### Important dates:

West Course hollow tining: 30 August – 3 September

Heritage Championships: 28 August

130<sup>th</sup> AGM: 22 September

Choc Cancer Challenge: 25 September

East Course hollow tining: 27 September – 1 October

#### **Special mentions:**

Congratulations from the golf department to our C.E.O. 'Chris Bentley' for recently winning the 2021 Professional Golfers' Association of South Africa's Management Award. We are honoured to work under his leadership and are extremely proud of this fine achievement.

Good luck to all our knockout players who resume their schedule and complete their matches this year. If you have any questions or need to book your game please email golfops@royaljk.co.za

Over the last couple of months, the golf department have noticed that members as well as guests, are unfortunately ignoring the rule of staying clear of the greens and surrounds when it comes to parking their golf carts. The golf department have now set geofences around the greens which will not allow our carts to be parked near the greens. The golf cart will be locked if it breaches the geofence perimeter around the green. The only way you will be able to unlock the cart is by reversing until it is out the breach area, after which you can then move the cart forward, staying outside the geofence area.

Shaun and his team have started the process of scarifying the West fairways and will soon move over to the East course. During the process and until the fairways have fully healed, the golf department have implemented a **1** club length placing rule. Please ensure that you read the info sheet on a daily basis for any changes.



It is fantastic to see so many members using the self-check in portal from Club Master. If you would like to take advantage of this ultra-easy way of checking in please email <a href="mailto:guestrelations@roylajk.co.za">guestrelations@roylajk.co.za</a> and we will talk you through the process.

#### Hole-in-One Competition "The perfect shot"

**How does the hole in one work**: The hole-in-one comp is run on every day that the club is open and you pay your entry fee of R 20 pp inside the Pro Shop when checking in. The first person who gets a hole in one will receive R 10 000.

**Is the hole-in-one on all holes**: NO - this competition is only on the 2<sup>nd</sup> hole of the East course.

How much is the hole-in-one comp: R 20 per person What happens if I get a hole-in-one but I didn't pay inside the Pro shop: Unfortunately, if you didn't pay and enter the hole-in-one competition while checking in, you are not eligible to win the R10 000.

How will you know if someone is telling the truth about getting the hole-in-one: There are cameras situated behind the 2<sup>nd</sup> green - these cameras are a constant live feed which is stored. The golf department have access to this camera feed so they are able to see full coverage of the hole.

Can I enter the comp as many times as I want: Yes - if you play 36 holes you can enter it twice in a day.

Where does the R10 000 cash prize come from: The R10 000 is put up by GolfRSA and Fluid.

**Can guests enter this competition**: Yes, this competition is open to both visitors and members.

#### **August Rule Question**

Terry hits his drive on our Championship East Course where he presumes his drive has landed in the fairway bunker. When he walks up to the bunker, he realises that it's not in the bunker and after 3 minutes Terry unfortunately cannot find his ball. He then proceeds to call you for a ruling, what do you give him.

- Terry Is supposed to take a drop inside the bunker, 1 shot penalty.
- Terry is supposed to take a 1 club length drop outside the bunker with a 1 shot penalty.
- Terry can't find his ball which means he needs to go back to the tee and play under the lost ball rule.
- There is no penalty, but Terry must place the ball nearest to the point he thinks it landed.

Answer will be revealed in September newsletter.

Jayde Rademeyer Club Operations







THE DAILY

# HOLE IN ONE

CHALLENGE



# WINNING PRIZE STARTS AT



ANYONE CAN PAY TO ENTER AND WIN ONFIRM IT WITH CAMERA EVIDENCE



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**CAROL LOURENS** 



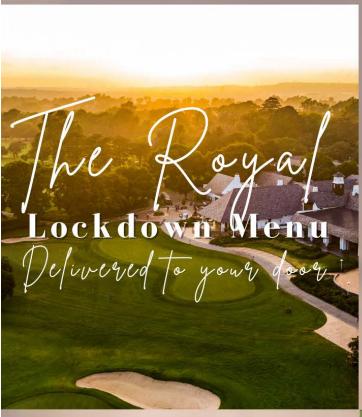












## HEAT AND EAT

	Serves 4	Half Fortion
Steak & Guinness Pie	R 210	R 105
Traditional Bobotie	R 210	R 105
Butter Chicken Curry & Rice	R 220	R 110
Chicken & Mushroom Pie	R 210	R 105
Vegetable Chilli Con Carne		×
Served with tortilla wraps & rice)	R 185	R 95

### HEAT AND EAT

	Serves 4
Hearty Lasagna	R 220
Half Portion Lasagna	R 110
Chicken Schnitzel	R 100
(Pack of 4)	
Scotch Eggs	R140
(Pack of 4 - Requires a 24 hour lead time)	
Beef Wellington	C/O

(On request 48 hours lead time)



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### SOUP FOR ONE

Butternut	R 40
Minestrone	R 45
Tomato & Basil	R 40

### DESSERT FOR FOUR

Malva Pudding & Custard R 125



All safety and hygiene measures will be followed All items will be sanitised before delivery



# RUHAN'S WINE CELLAR

First and foremost, what an absolute pleasure it is to be part of the Royal Family and I thank you all for welcoming me with open arms. I look forward to serving each and every one of you and hope to bring and share the best of what the wine industry has to offer. Our CEO, Chris Bentley, has asked me to write a monthly wine column 'Ruhan's Wine Cellar', and I am very excited and proud to bring you the very first publication. As I sit and write, I keep asking myself what I want to share in this monthly publication. Why do I want to share my passion for fermented grapes? Where did my love for wine come from? I realise that there are a few influencing factors - is it maybe because my surname being "Duvenage" and being of French decent means "Of the Vineyard"? Perhaps it is the endless fascination with the concept of fermenting grapes and allowing nature to add its special touch of flavour and characteristics to the vineyards and grapes. It could be that it is such a complex process and never the same no matter what bottle you have - it is always unique and it always surprises no matter what. So, I am writing this column to share my enormous passion and knowledge with people who appreciate wine for what it is - a beautiful, intricate, super rewarding thing. In my monthly wine column I will be highlighting some of the most amazing wines, their wine farms and what food to pair with what wines.

Beautiful spring will be arriving in a few days. With it comes a new energy filled with excitement and possibility, as we all look forward to warmer weather and spending more time outside loving nature and lighting our braais and getting as much of that beautiful spring time vibe.

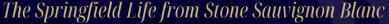
In this month's column, I present two of my favourite wines which not only pair well with long sunny afternoon lunches but also give praise to the flavours and colours of what spring time has to offer. Thinking of spring there are two wines that come to mind, The Haute Cabriere Chardonnay Pinot Noir and Springfield Life From Stone Sauvignon Blanc. I simply cannot get enough of either of these wines and I keep going back to these favourites, not only because they are easy drinking wines, but also a great pairing with food. They never disappoint, paired well with Mediterranean flavors, Charcuterie boards, Chicken Pesto Pasta, Braai Broodjies and good company.

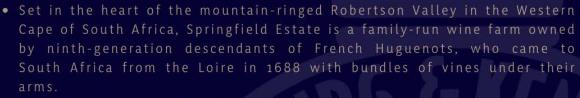




#### Haute Cabrière Chardonnay Pinot Noir

- Founded on the values of family, community and sharing.
- From the von Arnim family who have been artfully harnessing the unique terroir (sun, soil and vine conditions) of the Franschhoek Valley in the Western Cape since the property was bought in 1982.
- The farms stretch way back and were established in 1694 by French Huguenot, Pierre Jourdan
- With roots that extend deep into not only the soils but also the community of Franschhoek, they hope to grow the legacy of Pierre Jourdan in all that they do and be a winery of which their community and valley are exceptionally proud.
- They specialize in wines created from Chardonnay and Pinot Noir grape varietals. This wine pays tribute to the versatility of both. By using these two grapes you enjoy the freshness of Chardonnay with the body of Pinot Noir.
- Expect citrus fruit underlined by a firm acidity, with an abundance of white peach, lychee, and red fruit on the nose. A good food wine which pairs especially well with Mediterranean flavors.





- The farm has been in the family since 1898 and today, using a combination of sometimes risky winemaking techniques, traditional methods and modern technology, along with a sense of practicality and dogged determination borne from living off the land all their lives, the Bruwer family is able to handcraft wine true to its motto: Made on Honor.
- Life from Stone derives its name from the incredibly rocky soils in which it is grown. Every year the vineyard battles against nature to produce highly concentrated, powerful wines with a flinty, mineral character true to the quartz rock in which it is grown. Monumental human effort was required to plant the vines - implements destroyed, and, in the case of the older vineyards, dynamite deployed.
- A true expression of the site's terroir, this wine will drink well now or can be enjoyed in the next 2-3 years. The Sauvignon Blanc grapes were picked from 18 24-year-old vines.
- It is a unique, naturally made crisp white wine. Brilliant straw yellow with green, yellow tears. Dusty nose full of minerality, exotic and native white berries. Delicious fine yeasty note and fresh herbs. Playful attack with lots of depth and character.
- Very lively yet aged acidity and contains low alcohol. Extremely long frisky finish. Pairs extremely well with a Fatty Fish Ceviche, raw vegetables with cheese dip, asparagus, and fresh goat cheeses.

Both these wines are available for purchase at Royal Johannesburg & Kensington Golf Club at a special price.

Hope you enjoy these beautiful wines as much as I do. Cheers!

Yours in hospitality

Ruhan Duvenage

Assistant Food & Beverage Manager



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# Greg Jacobs Pro Shop

The buy 3 and pay for 2 shirts has been incredibly successful and we'll run it for one more week.

AL XXL XXL XXL

The Titleist loyalty is in full swing, don't forget to collect your balls in the Golf Shop this weekend. It is the 2021 golf ball!



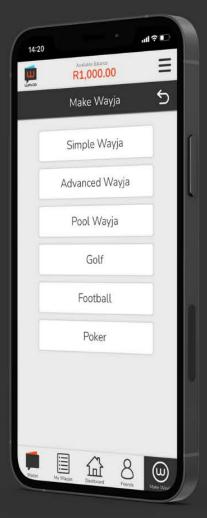
The new TaylorMade P790 and Titleist irons will be launching shortly. Get fitted and be the first to purchase these magnificent irons!

Our new range of Rudy Projects have arrived just in time for summer. Sun protection is massively important not only your skin but your eyes too! Come try a pair on and play a round with them. If you suffer from headaches after your round this may be a simple solution.

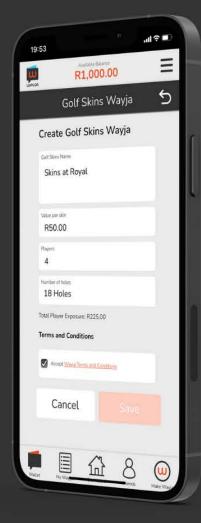




# Let's Wayja







Visit wayja.me to register an account and connect with your friends. You'll be able to bet with them on absolutely anything, from anywhere.

From your next round of golf to the next office pool, Wayja's peer-to-peer betting platform has been built for you and your friends to put your money where your mouths are.

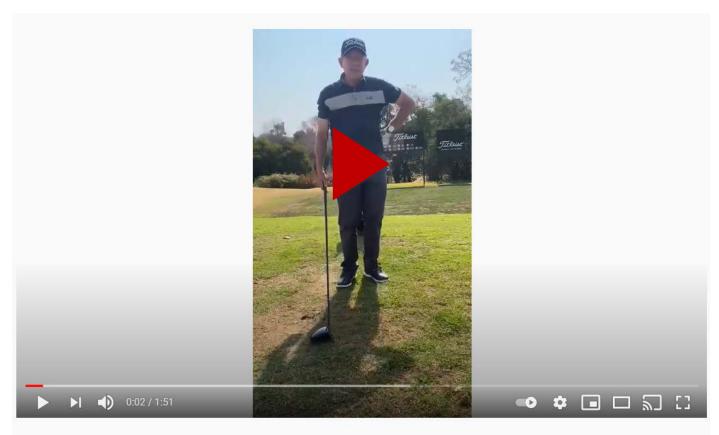
Wayja is the best way to bet friends.





## Your monthly golf tip

This month, Gavan gives us some advice on when and how to hinge the wrists during the golf swing. He gives us a great drill to get the correct feeling - click the link to watch.



Your monthly golf tip - August 2021

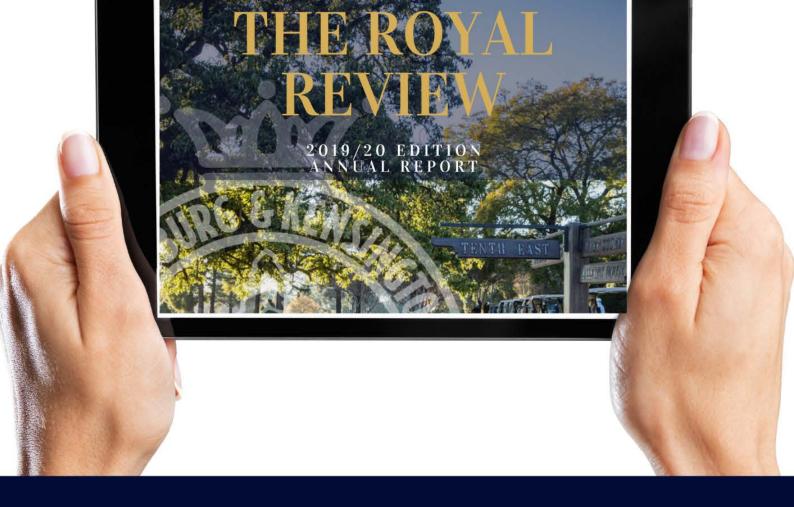
The range has been used often over the past month. The ball dispensing machine has been working well and members are getting the hang of using it and are dispensing their own range balls. You have the option of a practice bucket of 60 balls or a warm up bucket of 35 balls.

A few members have taken up the annual and monthly option. Please contact me if you practice regularly and are keen to take up a monthly membership of the range which gives you unlimited use of the range for the month.

#### Martin Briedé

Head Teaching Professional 084 503 5477





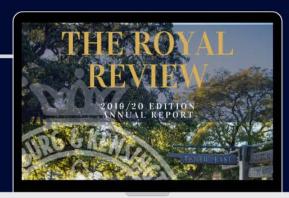
THE ROYAL REVIEW 2020 -2021

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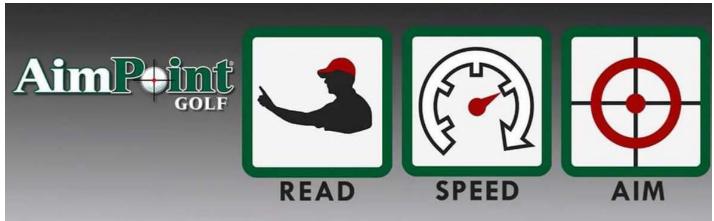


Booking cutoff & artwork cutoff 24 August 2021

For bookings contact: 011 640 3021 Candice Humphrey marketing@royaljk.co.za

## Royal Retreat Wellness & Performance Centre

# AimPoint – 🤞



#### AimPoint at The Olympics

The best woman golfers in the world were putting on a show in Tokyo at the Olympics this month.





#### Exempt status on the PGA Tour – 2022/2023

Erik van Rooyen recently won his first PGA Tour title at the Barracuda Championship in the USA. Huge congratulations and exciting times ahead for Eric.

Eric visited South Africa for 2 weeks in December 2020 and I managed to see him for Aimpoint Green Reading and his Personal Calibration during that time. His Coach Dough Wood confirmed that during the whole week of the Barracuda Champs he used AimPoint successfully and was dialed in with his calibration.

So pleased for the whole team supporting Eric.

# aimpointexpressgreenreading #personalcalibration #makeeverything &

# Contact me for more information and bookings.

Sandra van den Bergh Certified level 3 AimPoint Instructor

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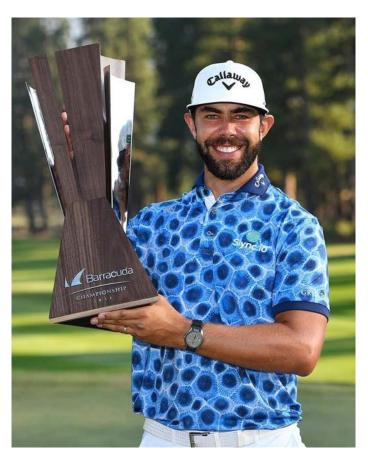
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As our newsletter continues to evolve, we are looking to make it even more useful and interesting for our members We encourage you to share your thoughts with us. THE ROYAL NEWS - AUGUST EDITION

AUGUST 2021

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