

ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB

EST 1890



From the Clock Tower

The enjoyment of this year's Open Championship at Royal St George's provided some much needed solace from the news. It was another exceptional event and a sublime performance by debutant Collin Morikawa, who held off the charge from Jordan Spieth to win the 149th Open by two shots. Just the second professional in history, alongside Tiger Woods, to win two Majors before the age of 25 – it is quite remarkable. Unfortunately, it was more sorrow for our number 1 SAFFA, Louis, who never got anything going in the final round and his wait for a second major championship win continues. He does however, take consolation as he moves back into the top ten in the world.

It's been the most challenging month fighting issues on two fronts – the first against the ongoing pandemic and the second against the actions of those who have sought to create unrest and chaos through looting and violence in KwaZulu Natal and Gauteng. Most of us wonder: where to from here? What will this do to our economy? Is my family safe? Is our business okay? Will I survive the pandemic? The stress and anxiety that characterises our lives at present has most of us operating from a place of fear. But could this be the beginning of the end of a tragic decade riddled with corruption, growing inequality and illogicality?

If there is one thing we have seen recently, it is that we have one of the greatest reasons to keep hope - the reactions of communities across South Africa, is proof that we are ready to do everything it takes to defend our democracy, overcome challenges and succeed in the face of adversity. The unity and resilience we have witnessed following the extreme destruction of infrastructure and looting is nothing short of inspiring. South Africans of all races, religions and from all walks of life coming together in peace to clean up the streets and rebuild communities, speaks volumes about the spirit of 'Ubuntu' and who we are as a nation. As the saying goes, 'through every storm, we await the rainbow' and like all tragedies, this too will pass. It is certainly not easy, but I hope that we can all keep this inspiration in our hearts as we move forward. This will be a great help as we keep looking to the horizon and remain focused on our collective efforts towards the continued growth and success of our wonderful Club.

At the time of writing this month's column, management have completed the preparations for the annual

financial audit, taking place on 2 August 2021. The preliminary results reflect positive trade against budget, with over 60 000 rounds played across both golf courses and a small overall surplus achieved (subject to audit adjustments). Following the membership renewals and static movement, the total membership for the financial year increased from 1375 - 1503 (1 July 2020 - 30 June 2021).

Considering the plethora of regulations in hospitality, our food and beverage department has produced a superb profit of R1.85m (58% GP), which has greatly assisted with the Club's overall performance.

As a Club, we have been fortunate to see positive growth, despite all the difficulties. Our focus has always been and always will be, a great member experience. In this regard, we thank you, the members, sincerely for all your support and loyalty throughout the financial year and particularly off the course with the revenue generated through our 'curb side delivery' service. This has been a key initiative to replace 'lost' revenue.

I also extend my gratitude to our exceptional teams of staff in each department, who have sacrificed, protected and delivered beyond all expectation. Club culture is our 'unspoken language' and the glue that binds us into an effective facility and team, based on shared assumptions, a positive mindset, trust, responsibility and a collective vision to succeed. I am proud and inspired by the way our Club has consistently risen to all the challenges around us — with flexibility, resilience, courage and caring hearts. It is vital that we continue to engage this challenging world with maximum strategic clarity.

The construction of the 'Restaurant & Family Centre' (old halfway house) and the Royal Fitness Club (conference entrance, Birkdale & Blackheath rooms), has continued to progress well and we can see the vision coming to life. We are in the process of completing the operational budgets, procurement and recruitment to run these facilities successfully. Contained within this month's edition are the release of the names of the new facilities and we are proud to introduce the Club's Executive Chef, Ransley Pietersen, who will work closely with Chef John and play a key role enhancing the food and beverage operation. Albeit the wonderful valued added amenities and experiences planned, these facili-

ties are set to break-even in the first year of trading (including start-up costs) and thereafter (2022/23) to start producing returns. We will continue to share each milestone ahead of the grand openings in November.

The Brookfield at Royal & Royal View developments are gaining momentum as the construction progresses and we are pleased to share that foundations are now being laid. Our developments are becoming the talk of the town as the renders fast become a reality. Interest, value and sales continue to grow as many South Africans look to luxury apartment living and secure investments. The developers remain on schedule and set to welcome residents in mid 2022.

The Board and management now progress with the preparations for the 130th Annual General Meeting, set to take place on Wednesday, 22 September. For this year's Royal Review publication, we have secured the editorial services of the infamous wordsmith, Dan Retief and we encourage any member who wishes to advertise or contribute to the e-mag, to please email market-ing@royaljk.co.za. At this stage, we are hoping restrictions for the AGM will allow us the opportunity to host the meeting physically, but this will be reviewed closer to the time.

In closing, the recent events have shown us that our operations, initiatives and projects undertaken are even

more important today than they were before and our opportunity lies in emphasising that we provide safe a haven. Our Club is poised for continued growth and success and we must keep fostering resilience over fear. Despite everything happening around us, our facility, performance and developments should provide some excitement to look forward to and more so, a round of golf should be a welcome relief from the daily toil.

Like other countries that have received a battering from the pandemic, we will once again approach 'normalcy', especially now that the third wave appears to have passed and the vaccination programme is gaining momentum. In the meantime, as we each continue to endure the challenges, I urge you to stay safe and display the same spirit of 'Ubuntu' that has prevailed on South African streets.

As always, we wish you and your family good health and strength, as we all do our part to remain 'together apart' in the fight against Covid-19.

With warm regards,

Chris Bentley
Chief Executive Officer





Coming from a big Indian family where everything is centred around great food, it's no wonder my passion for cooking started at an early age and I aways knew I would pursue this professionally.

I started my culinary journey in 2013 with Protea Hotels. In 2014 I took on my formal education at Prue Leith Chef's Academy where I completed my Grande Diploma in Culinary Arts & Wine. My passion for food was extensively elevated during my practical training whilst working under the guidance and mentorship of Bertus Basson at the Overture restaurant in Stellenbosch.

Soon after obtaining my degree I went on to join Fermier Restaurant in Lynwood, working with Adriaan Maree (Chef & Owner). This is where my culinary skills were tested as well as honed into something worthy of being called a Chef. I then joined Serengeti Estates as the Head Chef of Mozzafiato and later was appointed as the Executive Chef of the Club. My time there was spent exploring food with no boundaries, whilst running a multi-faceted business.

I am driven by building a legacy of chefs around me and empowering my team to strive for something bigger than the individual. My passion for food is only fuelled by love for what I do. I look forward to working with Chef John, meeting and developing new bonds with the staff, members & guests of Royal and can't wait to create some magical & tasty moments together!

Warm regards,



Introducing

RANSLEY PIETERSEN

EXECUTIVE CHEF

Starting 1 September 2021

Ransley will report to Erik Brakhoven (F & B Director) and will oversee all food and beverage creations at the Club. This includes the launch of the much anticipated 'Old Oak' Restaurant & Family Centre, due to open in November 2021.



East to West

As I write this on one of the coldest days' we have experienced this year with a "reel feel" temperature of -6 outside, I am reminded that this is probably the coldest Winter we have experienced over the past 7-10 years here in the highveld. It certainly shows on course with the kikuyu being extremely brown and dry, but it has been good in terms of assisting us to control our poa-annua and weeds. However, as each day passes it also brings us nearer to Spring and I am sure we are all eager for the onset of some warmer weather once again.

As we end off some of our winter projects such as the bunker top up, veld mowing and tee -re-levelling during the remainder of July and the beginning of August, we have begun planning our spring treatments and will begin scarifying/verti-cutting the kikuyu around the middle of August (this depending on temperatures and whether we see any changes in the trees budding or not), and the team then perform our first hollow-tining treatments on the West course at the end of August. We ask members to kindly familiarise yourselves with these hollow-tining dates and thank you in advance for your

patience during our treatment season coming up over the next two months.

Of course, Spring treatments, which are a necessary evil, always comes at a tricky time of year for us as water availability becomes scarce until we receive regular rains, and as history has shown, can be erratic in the beginning of the season.

We have received a commitment that the final progress on our dam reconstruction on the East is nearing completion in the next few weeks and we will then begin filling the dam for irrigation use on course for the upcoming Summer.

There's only a couple more weeks of having to endure the biting cold, so stay warm and stay safe

See you on the fairways
Shaun Brits
Course Manager



WORLD GOLF AWARDS 2021

Nominated as South Africa's best golf course



Scan me to Vote

he East Championship Course



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AUGUST

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SEPTEMBER

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West Course Hollow tining

DATES TO NOTE

Wed 1 Sept West Course Hollow tining Thurs 2 Sept LGG Weekday League Vs Bryanston 3 Away Thurs 3 Sept Club Comp Betterball Stableford Senior Betterball League Round 4 Sun 5 Sept Scratch League Round 5 Mon 6 Sept Club Closed Tue 7 Sept Ladies Comp - Individual Stableford Wed 8 Sept Greg's Day Sat 11 Sept Club Comp - Betterball Bonus Bogey Sun 12 Spet Junior League Sun 12 Sept Betterball League Mon 13 Sept Club Closed Tues 14 Sept Ladies Comp - Ladies Open Spring Trophy Sat 18 Sept Club Comp - Individual Stableford Mid Amateur League R8 Sat 18 Sept Club Closed Mon 20 Sept Tues 21 Sept Ladies Comp - Ryder Cup 130th AGM Wed 22 Sept Club Comp - 4 Ball Alliance Sat 25 Sept East Course Hollow tining Mon 27 Sept East Course Hollow tining Tues 28 Sept Ladies Comp - Ind Medal or Stableford Tues 28 Sept East Course Hollow tining Wed 29 Sept East Course Hollow tining Thurs 30 Sept







The Captain's Note

As I write this report, I am extremely grateful that I am not playing golf today, Friday 23 July!! Gauteng is suffering its coldest spell in years. Please spare a thought for our staff, many of whom are already working on the course, long before some of us have left the warmth of our beds in the morning.

I am pleased to announce the winner of the last month's questionnaire – thanks to all 7 of you who replied.

7 th Place	Dion Rossouw	56 courses
6 th Place	Michael Benjamin	70 courses
5 th Place	Glen Witte	74 courses
4 th Place	David Stratton	78 courses
3 rd Place	Shezaad Tayob	8o courses
2 nd Place	Richard Pollock	86 courses
1 st Place	Gordon Odgers	91 courses

It pays to read my newsletter and reply - well done Gordon, on winning some golf balls.



On the subject of winners, it would be remiss of me not to mention that one of our league sides has already won their division with two rounds to go! Congratulations to the West betterball league team on winning the league - no other team in the league can catch them.

I would also like to wish our two South African golfers, Garrick Higgo and Christiaan Bezuidenhout, the best of luck as they tee it up at the Tokyo Olympics! Anyone who has played on the West course recently will notice the new sand which has been added to bunkers. This sand should last until the refurbishment of the West course begins next year.

There have been many questions asked about our current competition fee structure. I hope that this summary will help clear up any confusion and/or misunderstanding. Currently the Club competition fee is R 65.00. A percentage of this amount is deducted for VAT purposes, hole-in-one insurance, member consumables and for the golf department to use for various golfing activities and events at the Club. The remainder is divided between the two courses and morning and afternoon fields (using Saturdays as an example). On a Sunday morning, you might only have half the field entering the competition, so if it is a 4 ball alliance competition and there are three prizes per course, 24 players will be getting paid out! Pay out of prizes is based on the number of players who enter the competition on the day the less number of players that have entered, the fewer prizes awarded. I hope this has helped explain the system to those of you who have queried it.

Official World Golf Rankings 23rd July 2021

- 1. Jon Rahm Earnings \$6,793,933
- 2. Dustin Johnson
- 3. Colin Morikawa
- 4. Justin Thomas
- 5. Xander Schauffele
- 6. Bryson DeChambeau
- 7. Brooks Koepka
- 8. Patrick Cantlay
- 9. Louis Oosthuizen
- 10. Harris English

Official World Golf Rankings 24th July 2011

- 1. Luke Donald
- 2. Lee Westwood
- 3. Martin Kaymer
- 4. Rory McIlroy
- 5. Steve Stricker
- 6. Phil Mickelson
- 7. Dustin Johnson
- 8. Jason Day
- 9. Charl Schwartzel
- 10. Matt Kuchar

Official World Golf Rankings 22nd July 2001

- 1 Tiger Woods
- 2 Phil Mickelson
- 3 David Duval
- 4 Ernie Els

- 5 Vijay Singh
- 6 Davis Love III
- 7 Sergio Garcia
- 8 Darren Clarke
- 9 Lee Westwood
- 10 Colin Montgomerie

I thought that this would interest some of you who enjoy information and stats. Only three players based on this week's rankings, have made the top ten more than once, over the past twenty years, namely Phil Mickelson, Lee Westwood and Dustin Johnson. Could this be due to their non-violent swings?? (ha-ha)

Travis Fraser(Captain) Derek Scullard, Logan Lofstedt and Dylan Keylock have been selected to represent

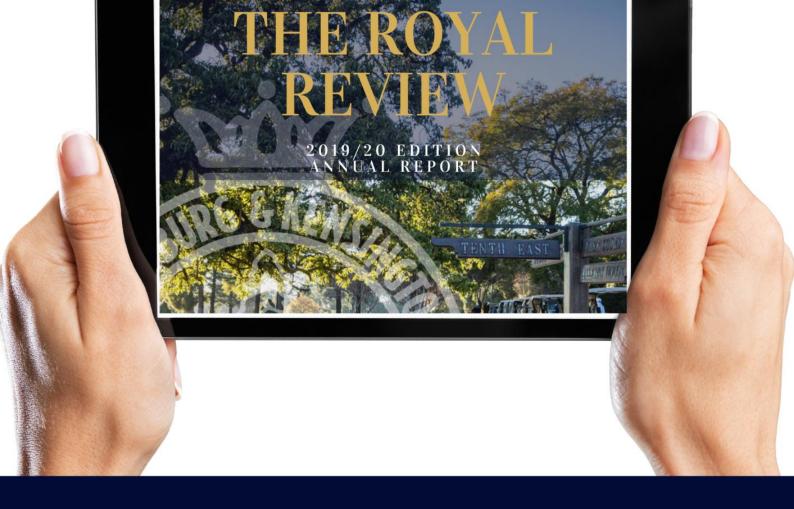
CGGU as the 2021 mid-amateur IPT to be held at Elements Private Golf Reserve from 11 to 15 October. Congratulations gents and wishing you all much success at the tournament.

In closing, I would like to congratulate our CEO on a recent PGA award. A very well deserved award and the members sincerely appreciate everything you are doing in leading the Club.

I look forward to seeing all you on the courses over the coming month.

Nick Watt-Pringle Club Captain





THE ROYAL REVIEW 2020 -2021

ADVERTISING OPPORTUNITIES



Our annual 'year in review' magazine distributed to all members - digital or hard copy

Full Page R5 750 Half Page R3 000



Booking cutoff & artwork cutoff 24 August 2021

For bookings contact: 011 640 3021 Candice Humphrey marketing@royaljk.co.za

Ladies Golf

How fortunate are we all, to still be able to play golf on two beautiful courses whilst there is so much sadness and devastation going on in our country? Yes, our socialising before and after golf has been curtailed a bit but to be out exercising with our friends in a very safe environment is a privilege and thanks must be given to our management team for prioritising the safety of the staff, the members and visitors at our Club at all times.

As a safety measure, the LGG league season was suspended for the month of July and the season will be resumed on 1st August. Our Thursday team and our Sunday team both had matches postponed but are due to play these matches within the next couple of months, the results of which will be included in future newsletters.

We played a most enjoyable July Fun Day on Tuesday 29 June on the West Course. The competition was a 3 ball alliance with a twist and players were only permitted to have 7 clubs in their bag. It was a great turnout and it was wonderful to have several of our BG's join us for the morning. Sadly we were not able to enjoy our traditional 'soup and rolls' after the game but hopefully this luxury will be enjoyed after another game, soon

We have reached the semi-finals stage of the 2021 Mixed Knockout Competition. Good luck to Charmain Partridge and Neil Urmson, Bongi Mokaba and Mavela Dlamini, Della Stapleton and Mike Wardle and Marian Ledingham and Ben Jacobs when they play their next match within the next couple of weeks.

Our 'Open Championship' Mixed Competition that was due to be held on the morning of 18 July (final round of the Open) had to be cancelled unfortunately, but many thanks to all who had booked for the competition – it

was a full field! We will not be having the mixed competition that was diarised for 22 August and haven't as yet scheduled another mixed competition as we would rather wait to see what lies ahead for us all. The same applies for our Ladies Open days – we cancelled our Ladies Open on the 13 July and have done the same for the scheduled Ladies Open on 10 August. Hopefully by September, we will be back to 'normal'.

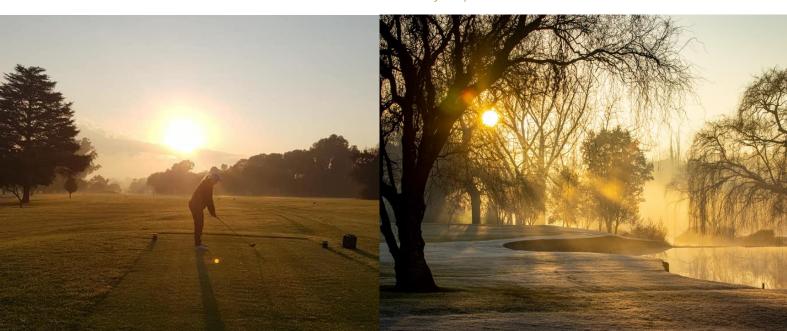
A new competition was introduced to the ladies calendar this year – the 'Under 65's vs the Over 65's', played on Tuesday 27 July on the West Course. The competition was a betterball stableford with a team aggregate score calculated to determine if 'age IS just a number'!! The over 65's came out on top with an aggregate score of 208 points (5 betterball scores added), with Marianne Abrahams and Sue van der Riet winning the betterball competition on 43 points, counting out Lynn Mordt and Pam Spencer. Thanks to all who played and again, it was lovely to see so many of our BG's playing in the field. This competition will now be a permanent fixture on the ladies calendar but moving forward, we might have to change the cut off age!

In closing. I would like to offer sincere condolences to those of you who have lost loved ones over the past few months and would also like to send best wishes for a speedy recovery to those of you who have been hit by the Covid virus. We look forward to seeing you all back playing golf when you are fit and ready to do so.

Take care everyone and please stay safe.

Kind regards

Wendy Huddy Lady Captain



Brookfield at Royal



Our Amazing

AMENITIES HAVE BEEN SET IN MOTION!

We're thrilled that construction of the new restaurant and state-of-the-art gym at the RJK Clubhouse has already started .





SAFE & SECURE

CATERING FOR ALL.



SAFE & SECURE

A DISTINGUISHED DESIGN





We are thrilled to announce that our careful planning and attention to detail have resulted in extensive progress being made on the dam

Birds of the Month





Top Left; Giant Eagle Owls | Top Right; Grey Heron
(Photographer: Trevor Barnett)

Bottom Left; Black Sparrowhawk | Bottom Right; African Hoopoe





SWING THOUGHTS

By Theo Bezuidenhout



Theo is a psychologist, guest-lecturer and self-confessed sports nut. He is the founder of BVP Sport Psychology as well as the current High Performance Psychologist for GolfRSA. Theo has a professional philosophy that performance (good or bad) is not co-incidental. He therefore encourages clients to maintain both physical and mental processes and routines that lead to consistent performances and a consistent life.

3 Mental Mistakes to avoid in your golf in 2021 (Words: 1153)

"Theo, I need to find consistency in my game."

"I want to be positive all the time on the course."

"I cannot seem to take my range game to the course."

If I had a Rand for every time a golfer has sat down with me in a session and used these 5 terms I would have been a very rich man a long time ago. The unfortunate thing about these statements is that they are very common when it comes to the mental game in golf AND more critically they are also all wrong. Dead wrong in fact.

In this blog I will debunk these 3 mental mistakes many golfers make and give you some suggestions on how you can change your narrative around these 3 "deadly" mental errors so that you can play your best golf and enjoy the game more.

1. The consistency lie

I would like to meet the coach or psychologist that first planted this erroneous thought in the minds of golfers and give them a good kick in the....shin. You see I believe golf is a game of inconsistencies not consistency. Not only when it comes to external factors such as the weather the course and competitors but also when it comes to internal states or mindsets.

As the philosophical statement goes: "you cannot cross the same river twice". So, it is golf. No hole, course, shot or round is ever exactly the same and we need to accept this if we are to play the golf of our dreams.

So instead of working on a "one sided miss" or implementing a course management strategy that is limiting your belief, rather focus on the areas in which you excel and limit the damage with the other aspects of your game. How does this work practically on the course? I'd suggest you think like a rugby goal-kicker or a penalty taker in football. They do not try to miss to the "best" side of the polls or try to miss the goals consistently to the left, do they? No, they step up, pick a spot and execute to the best of their ability.

In my experience, too many golfers of all levels are so focused on trying not to mess it up too badly by being "consistent" that they do not focus on the one thing that actually matters: the target! So instead of trying to play an inconsistent game more consistently rather accept the challenge each shot, hole or rounds brings and roll with it.

You'll be a lot less frustrated than what you are now....I promise.

2. "Just be positive"

Hands up if you are positive every minute of every day in your life.

Is that a resounding no I hear? So why then do we try so hard to implement a mindset on the course, under pressure, that we cannot even get right in our normal day to day activities? In fact, I would rather have every single client I work with acknowledge and embrace the positive AND negative emotions that they feel on the course than try and manipulate them into a perpetual state of pseudo-positivity.

You see the reason why "be positive" is such a dangerous statement to employ in your mental game is that it goes against every element of the human and golfing experience. The game has ups and downs and so does life. Learning to surf these emotional waves is much more practical than trying to block the 6om tsunami with your bare hands. "How do we do this then Mr. Smart Psychologist" I hear you say? By using a formula that I call thoughts-feelings-actions. Simply put rather than trying to change the content of our thoughts and thus trying to manipulate our emotions, focus on reframing emotions to lead to some form of valued action.

An example: Thought: "just do not hit it in the water left". Emotion: "I am so irritated with myself now because I need to think positively about this hole to overcome my mental block". This is where it stops for most golfers because they do not reframe the thoughts and emotions above to lead to some form of action under their control.

Rather try the following: Thought: "just do not hit it in the water left". Emotion: "it irritates me when I think like that on this hole HOWEVER I know that if I focus on picking a good target for my swing today I can play this hole better than I have in the past". No BS, just good solid focus on what it is you want instead of what you want to avoid. Even better, you can use emotions (positive or negative) to remind you to stay focused on the task, not what you are feeling. Like many coaches will tell you "feel ain't real" and this is even more true for the mental game.

3. Taking your "range game" to the course

If you play rugby you practice on a rugby pitch. If you play cricket you often practice "in the middle" or in nets that resemble a pitch. Hockey? You guessed it, a hockey field. Golf? Uhm...it's a bit more complicated in our game.

You see if ever a sport had a totally unrelated practice environment to that of where it is played, golf would be

the hands-down winner. Unfortunately, in preparing for their round on the weekend the typical golfer practices in a very sterile environment compared to the one they will compete in.

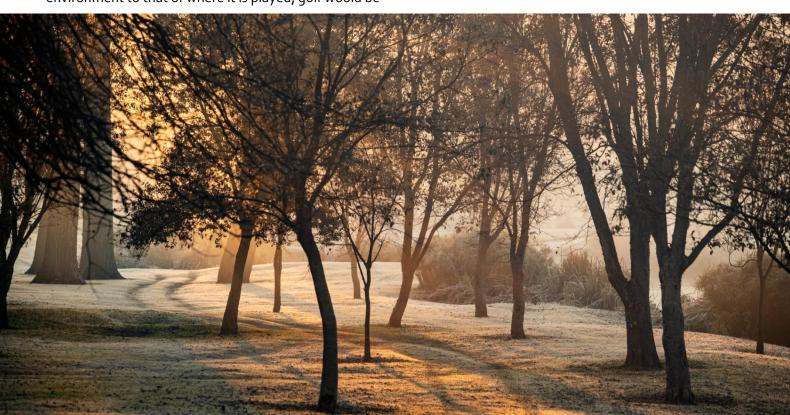
If hitting balls repetitively with the same club over and over is not enough (it doesn't work, science backs this up) we also manipulate potential elements of difficulty to the point that they work against us when we play. What do I mean? Instead of teeing up every ball perfectly on the beautiful manicured practice tee, why not hit one out of a divot or a worse lie. That will probably help you more and be more realistic come Sunday, than being able to hit a 100, seven-irons from a perfect lie?

So if your "range" game is not translating onto the course it ain't your game that's poor but rather your practice. My perfect practice? If you have limited time I'd never hit the same club twice in a row, I'd do my full routine before each shot and introduce at least a 3-5min break between each shot. Does that plan not sound more like the round of golf that you are going to play come the weekend? I certainly see more of a resemblance than what most golfers are doing on most ranges, most of the time.

I can hear a few people grumbling and groaning about how different these above-mentioned suggestions are to how you are doing things now. However, you wouldn't be reading this if you didn't want to improve or were satisfied with your game at the moment would you?

Kind Regards,

Theo



NEW DATE

SOUTH AFRICA -

GOLF CLASSIC

Royal Johannesburg & Kensington Golf Club East Championship Course, 19th August 2021

Join us at our annual Laureus Sport for Good Golf Classic for a day of golf and entertainment to raise funds for Laureus Sport for Good

Entry Price: R6 000.00 + VAT per four-ball



The Laureus Sport for Good Golf Classic will provide you with the opportunity to entertain clients, colleagues and friends in a memorable and safe environment while raising funds to help children and young people overcome violence, discrimination and disadvantage in their lives.

As the Official Global Charity Partner of the British & Irish Lions Series, Laureus is giving you the chance to play alongside Springbok Legends and true heavyweights from the world of rugby.

WHAT TO EXPECT:

- 18 holes of golf
 Halfway house
- Laureus golf shirt
 Laureus goodie bags
- Q & A with Laureus Ambassadors
- Spitbraai dinner
 Auction





For sponsorship opportunities & bookings please contact: Nikki Ferreira on nikki@laureus.co.za

The Golfers Scorecard

One thing is for certain, if we thought winter had gone, it proved us wrong with extreme cold spells we haven't had in years – so don't pack away your longs and jerseys just yet.

What an upside-down month it has been, not only for golf, but for our country as a whole. Luckily with everything going on, golf will always be a way to release stress and get away from all the busyness and mess in the world. So we urge all members to play as much as you can, it's good for your health

League

This has been one of the strangest seasons for all league teams as they were forced to take a 2 month break due the level 4 lock down. Hopefully, as soon as the league season starts again, we will have a few teams being crowned champions.

League Standings

- Betterball East (8th)
- Betterball West (1st, 4 points ahead of Eye of Africa with only 2 games left)
- Mid Am A (2nd, 3 points behind Randpark)
- Mid Am B (2nd, 3 points behind CCJ)
- Scratch 1st (Tied 1st to Ruimsig and CCJ)
- Scratch 2nd (8th)
- Senior Betterball A (Tied 3rd)
- Senior Betterball B (Tied 6th)
- Junior A: (4th)

Important Dates

Women's Day: 9th August Heritage Champs: 28th August

Hollow tining West Course: 31st August - 3rd Septem-

ber

130TH AGM: 22nd September

Special Mentions

We are happy to announce that all Club knockout games will be resuming in the month of August. An email will be sent by the golf department to inform you of the new dates. Good luck to all members who are still in the knockouts and may the best players win.

The wait is over Our new fleet of EZ-GO golf carts have finally arrived and boy, do they look great. With brand new ethereum batteries along with new funky gadgets, these new EZ-GO carts will make your golfing experience even better. Don't forget to phone the front desk and book your carts now.

Covid 19 Updates

After a gruelling month that seemed like it would never end, it's great to see that life is starting to slowly get back to normality. As the President eased a few restrictions so has Royal - these are the main points that have been lifted for golf.

On course

- Rakes have been put back out on the course.
- Pins may be removed by players
- Sharing of carts will be allowed.
- Halfway house will now be treated as a 10 min sit down and eat.

Off course

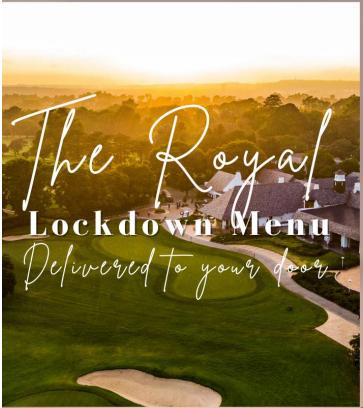
- Shoe cleaning facility has been re-opened
- Showers are open must bring your own towels.
- We urge all members to please still use the selfcheck in portals.

Jayde Rademeyer

Club Operations Director







HEAT AND EAT

	Se	erves 4		lalf ortion
Steak & Guinness Pie	R	210	R	105
Traditional Bobotie	R	210	R	105
Butter Chicken Curry & Rice	R	220	R	110
Chicken & Mushroom Pie	R	210	R	105
Vegetable Chilli Con Carne			Š	
Served with tortilla wraps & rice)	R	185	R	95

HEAT AND EAT

	Serves 4
Hearty Lasagna	R 220
Half Portion Lasagna	R 110
Chicken Schnitzel (Pack of 4)	R 100

Beef Wellington SQ (On request 48 hours lead time)



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SOUP FOR ONE

Butternut	R 40
Minestrone	R 45
Tomato & Basil	R 40

DESSERT FOR FOUR

Malva Pudding & Custard R 125



R30 - 10km Radius Royal
R50 - 20km Radius of royal
We will schedule a delivery time with you or
delivery within 24hours

Greg Jacobs Pro Shop

We have just received some very exciting news! Titleist will be launching their new irons at the end of August. The MB and CB irons remain as is and the T series will be replaced with a much cleaner looking blade. I will be fitted into the T100s heads and look forward to testing a variety of shafts including a few graphite options!

Titleist

Should you wish to book a FREE fitting please drop me a line. Should you wish to find out a little more about these irons, pop into the shop and we can have a chat.

All our winter ware is on sale. You will get 30% off the SRP.

CYLE & SCOTT

GREG JACOBS

SALE
30% OFF
ALL WINTER WAR

We have some stunning Open merchandise including a tour bag, stand bag and backpack. Unlike a lot of limited edition products, this line is very elegant and clean!



Srixon Z-Star and Z-Star XV are on special. 2 sleeves for just R250 and you are saving R150. Don't delay as they will go quickly!



Enjoy your golf this weekend!

Greg Jacobs Head Professional



Contact Membership
(011) 640 3021
membership@royaljk.co.za

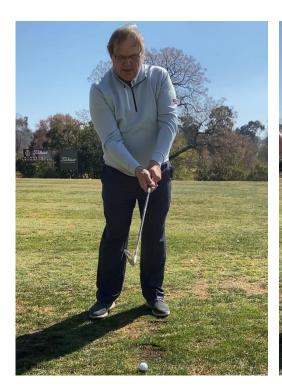
Inclusive of unlimited rounds Only available on upfront payment T's& C's apply

Your monthly golf tip

Click on the link below to watch this month's tip. I discuss the importance of the arm structure at address and the correct shaft lean when setting up to the ball.



These winter mornings on the range have been cold to start off with but have warmed up to a very pleasant temperature. I encourage members to come down and do some practicing - we have good quality range balls and both Gavan and I are available for lessons.





The range hours are from 6.30 am until 5.00pm (last bucket sold) Tuesday to Fridays and on weekends and Public holidays the hours are from 6.00 am until 4.00pm (last bucket sold).

You can contact me on 084 503 5477 or Gavan on 082 990 7186 regarding lessons.

I wish you all happy golfing and the good news is the weather will be warming up soon.

Happy Golfing,

Martin Briedé

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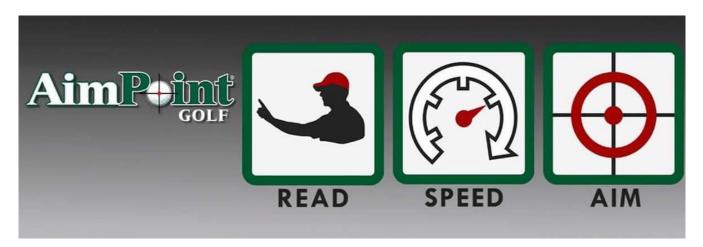
CONTACT:

Martin Briedé 084 503 5477 Gavan Levenson 082 990 7186

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Royal Retreat Wellness & Performance Centre

AimPoint - e



Increase your birdie conversions and decrease your score with AimPoint

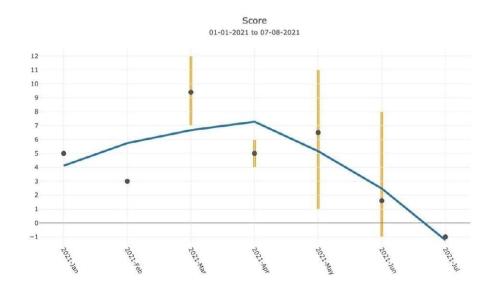
Courtesy of Mark Sweeney, founder of AimPoint.

The first graph illustrates that the amateur took an AimPoint Class in March 2021 after which his birdie conversions increased steadily over 5 months.

The second graph illustrates in the same time period how his score decreased.

AimPoint helps to eliminate three-putting, builds self confidence in your line of putt and can help you drop 4 to 5 shots off your handicap if you use it consistently.





Brothers Marcus and Miles did their personal calibration with me at Royal JKGC as a follow-up on their AimPoint Express Green Reading lesson 2 weeks prior. They have been dialled in based on their arm length and finger thickness. Looking forward to seeing how they progress in the USA when they return to college in August.

Contact me for more information and bookings.

Sandra van den Bergh Certified level 3 AimPoint Instructor The only certified AimPoint instructor in Africa

Frankling Certified Amironit instructor in Africa

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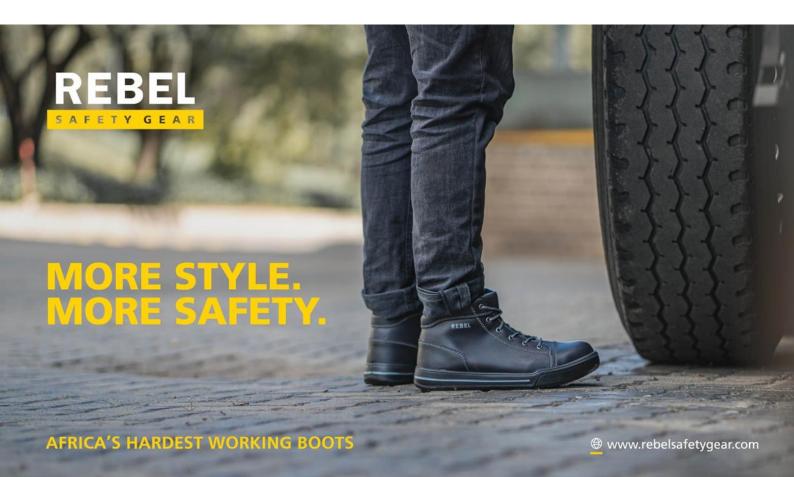
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TO ADVERTISE IN THE MONTHLY NEWSLETTER - PLEASE EMAIL: marketing@royaljk.co.za



As our newsletter continues to evolve, we are looking to make it even more useful and interesting for our members We encourage you to share your thoughts with us. THE ROYAL NEWS - JULY EDITION

JULY 2021

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