



ROYAL JOHANNESBURG &  
KENSINGTON GOLF CLUB

The background of the cover is an aerial photograph of a golf course during sunset. The sky is a warm orange and yellow, and the golf course is lush green with several sand traps and scattered trees. In the distance, a hillside with residential buildings is visible.

*The  
Royal News*

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J A N U A R Y  
2 0 2 1

On behalf of the Board, management and staff, we welcome you back for a new year. We hope you and your loved ones enjoyed quality time together over the festive season and are safe and healthy through the second wave of Covid-19. Throughout the holiday season and the start of the new year, Royal's leadership have continued to adapt and refine trading assumptions, where necessary. We will continue to make the most of every opportunity we see, this despite everything happening around us.

Operational efficiencies gained during the pandemic will carry forward in 2021, as will their challenges. Amongst the most remarkable takeaways from 2020 was our ability to adapt operations and service offerings swiftly and effectively in the face of facility closures, variable human resource availability and the rapidly changing restrictions for public health and safety. We expect that the increased costs associated with Covid-19 mandated protocols such as labour for sanitation and cleaning, as well as elevated maintenance expenses due to the increased rounds, will remain through 2021 and our pace dispersion tactics are pandemic-inspired efficiencies, which we predict will continue throughout the year.

With the current restrictions ongoing, we also focus on becoming more efficient at managing our food & beverage processes, grab-and-go meals, take-out dining, mobile ordering, reduction of single use plastic and healthy alternate meal options. All this whilst learning best practices of companies like Uber Eats.

So far it has been a very wet and challenging season for our course maintenance team, as they work tirelessly to catch up tasks following some severe storms, bunker and waterway repairs, coupled with the excessive growth on course. We will certainly be hoping for some drier conditions in the weeks ahead which will then produce tighter and firmer playing surfaces.

We are excited to once again be hosting some prestigious amateur and professional events, namely the combined SA Amateur Championships (14-19 February) and a new fixture on the Sunshine Tour, the Kit Kat Group Pro -Am, taking place from 1-7 March 2021. Whilst we will see NO spectators for these events, both will receive television coverage to be enjoyed by all. Additionally, as always, our golf team will arrange a variety of reciprocal courses for members to enjoy for the duration of these tournaments.

Off the back of a very successful sales year in 2020, our property developers continue to make great progress with a record month in apartment sales in January. Our property developers have also confirmed the erection of our family centre, fitness club and the residential developments, Brookfield at Royal & the Royal View, which will all come to life in 2021.

As we get the year underway, we will continue to face the macro and micro challenges. However, our approach primarily will continue to showcase our abundant offering, driving innovation, prudent cashflow management and the protection of the balance sheet, all while ensuring a safe facility for members, guests and staff. Our aim with the membership will also be to collectively secure an enhanced, fully immersive and innovative future strategy, that is attached to the Club's already approved plans - this to eliminate the future risks faced by council and government inefficiencies, the weak economy and the effects on one's personal income. We will aggressively pursue to accommodate the entire family, community and ultimately ensure our unique Golf, Country Club and residential living places us in control of our own destiny.

In closing, the positive demand for golf is ongoing. The Club continues to welcome new members and our teams are delivering on both safety prescripts and operational tasks and the financial assumptions remain on track to break-even for the financial year (regulations dependant).



*[Click here to listen to the CEO's Column](#)*



'Royal' continues to be a place where history and tradition meet modern hospitality, as the Club's moniker 'The Royal Experience', underlines our commitment to excellence, which is at the heart of everything we do. We look forward to delivering a year that will certainly define the Club's future success and sustainability.

We extend our deepest condolences to the members and families who have recently lost loved ones and we will continue to keep you in our thoughts and prayers. We wish you and your family a healthy and prosperous year ahead and as always, we thank you for your support. Please continue to use the Club, bring the family and enjoy our wonderful facilities.

Stay safe,

Christopher Bentley





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# Royal welcomes Zander Lombard

*Press Release 28 January 2021:* Zander Lombard announces attachment to Royal Johannesburg & Kensington Golf Club

Zander Lombard has today announced his attachment to the prestigious Royal Johannesburg & Kensington Golf Club, located in Gauteng, South Africa. Having been named as the winner of the 2019 and 2018 World Golf Awards for the best course in Africa and South Africa, it is an attachment that Zander is very proud of and he will display the logo on the belly of his golf bag, as he competes around the world.

This wonderful estate, which opened in 1890, has hosted 9 South African Open Championships and 11 Joburg Open Championships, to name a few. Steeped in tradition and history, yet setting the pace in club hospitality and management, it continues to be one of the most prestigious clubs of which to be a member.

"Royal Johannesburg and Kensington Golf Club hosts 2 of my favourite courses to play in South Africa and for me to now be an Ambassador for the club is a huge honour", said Lombard. "It is a fantastic club to be associated with and I really can't wait to showcase what it has to offer on the international golfing stage".

Zander finished the European Tour season ranked 105th on the Race to Dubai rankings and tees it up this week at the Omega Dubai Desert Classic, where he looks to continue his rise up the World Golf rankings.

"On behalf of Royal Johannesburg & Kensington Golf Club we are delighted to welcome Zander as a ambassador to the Club. He is an incredible young talent and a wonderful, passionate ambassador for golf. His sportsmanship and outlook reflect the same values and vision for our Club and he will be a fantastic guiding influence for inspiring the next generation of golfers in South Africa", said Chris Bentley, CEO at Royal Johannesburg & Kensington Golf Club. "We know he will wear our logo with pride and our facilities will provide Zander the support he requires to keep progressing his career and lifting many more coveted trophies in the future. We look forward to working with Zander and the immense value he will add to our members".





The end of 2020 could not have come quick enough for us all I am sure, but before its' welcome departure, we encountered another terrible storm on the 29<sup>th</sup> of December 2020 and received just 69mm in approximately 30 minutes. The damage caused could not have come at a worse time of year for us with skeleton staff on duty while others were away, not to mention suppliers were closed during this period.

Fortunately, the crew on site worked tirelessly, as always, to ensure the course was open for play as soon as possible and worked hard over the past few weeks in repairing the drainage issues on the bottom end of our East course along with repairing bunkers that were severely damaged. This all while performing regular seasonal maintenance.

We still have some damage to our dam between 14 and 15 East as a result of the storms, but are working towards repairing this in the autumn/winter season once the seasonal rains have passed.

It has been a particularly wet season for us having received 442,5mm for the months of November and December alone. Additionally, we have received 76mm for January so far. The rains have most definitely been a contributing factor in terms of green speeds and excessive growth for our kikuyu on course and we thank members for their patience and understanding during times of heavy rains and the repairs that followed.

The first quarter of the year is a busy time for us with some tournament events coming up. This is our main focus for the second half of summer and we look forward to showcasing our wonderful courses once again.

Warm regards,

Shaun Brits





# South Africa's **TOP 100** Courses

The last Golf Digest (SA) Top 100 Golf Courses in South Africa was published in March 2018. Now the former editor has revived and re-established this ranking initiative to rate South Africa's golf courses

## 2021 COURSE RANKINGS

Royal Johannesburg & Kensington Golf Club

### No. 31

**West Course**

Down 4 places from No. 27



### No. 6

**East Course**

Up 1 place from No. 7

## Noteworthy Categories – South Africa



Greens  
7th



Pro Shop  
3rd



Bunkers  
9th



Service  
5th



Fairways  
3rd



Presentation  
3rd



Locker room  
11th



Overall Condition  
4th



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## Note from the Captain

Good day fellow Royal members

Welcome back from your summer holidays - I cannot believe that we are already one month into the new year. The courses are really looking stunning with all the good rains we had over December.

Unfortunately, we are back in level three COVID 19 lockdown. Our inter-schools challenge has been postponed from the original date of 30<sup>th</sup> of January, as the new lockdown impacts on our ability to host the same number of golfers that this competition attracted in November 2020. The new date will be released as soon the lockdown level has being changed.

Thank you to all the members who put their names down for all the knock out competitions. By the time you read this letter the draws should be up on the notice board. Please be aware that this year, the golf department will book the tee times for each round (with the exception of the mixed knockout), so they will be played on an allocated date. In the event that you or your betterball partner cannot play on the designated date, you will need to arrange the match with your opponents prior to the allocated date. If your opponents cannot play earlier, you and your partner will have to forfeit. In the event of neither parties being able to play on the due date or prior, then both sets of players will forfeit their spot in the next round. Please do not go to the golf department and ask for an extension.

I wish all the league sides playing this year the best of luck and let's try and make it a bumper year of sides winning their respective leagues. If any members are keen to play in any of the sides (scratch, mid-am betterball, senior betterball, junior, ladies weekday and Sunday betterball and caddy league), please give your name to Jayde or Liam, and they will notify the relevant captains.

In closing, congratulations to Bruce White on achieving the perfect shot on the 13<sup>th</sup> West - I do believe that that is his 2<sup>nd</sup> hole in one. Well played Doc!!

Nick Watt-Pringle







BROOKFIELD

— *at Royal* —

## HOME IS CLOSER THAN YOU THINK

### A BROOKFIELD AT ROYAL NEW YEAR UPDATE

Dear future Brookfield owners,

We are absolutely thrilled to be back in the sales office!

Off the back of a very successful sales year in 2020, we continue to make great progress onsite and with apartment sales.

All of our teams are hard at work ensure that you and your future neighbours can fully embrace the vision that is Brookfield.

CONSTRUCTION UPDATE



[PLAY ME](#)



The Development team are glad to announce that Bulk Earthworks continue in earnest, platforms are close to reaching their final levels and both will be complete by mid-March 2021.

Construction of the show block is expected to start in February 2021. Once completed, construction of the remaining blocks will follow on from there.

As we edge closer to our vision, we look forward to keeping you updated on all things Brookfield and we wish you all a great 2021!

Be sure to forward the below contact details to a friend or family member today.

If a successful apartment sale is made as a result of our 'Refer a Friend' Campaign, you'll qualify for a

**FREE GOLF MEMBERSHIP FOR TWO YEARS!**

**E | [sales@royaldevelopments.co.za](mailto:sales@royaldevelopments.co.za)**

**T | 0661 683 683**

*Our dedicated sales agents will do the rest!*

**WEBSITE TAB**

**BROCHURE TAB**



*Ts&Cs Apply.*



By Theo Bezuidenhout



*Theo is a psychologist, guest-lecturer and self-confessed sports nut. He is the founder of BVP Sport Psychology as well as the current High Performance Psychologist for GolfRSA. Theo has a professional philosophy that performance (good or bad) is not co-incidental. He therefore encourages clients to maintain both physical and mental processes and routines that lead to consistent performances and a consistent life.*

## Why Set Goals

I am sure you are also being bombarded.

You know, the type of bombardment that we all get via our social media streams this time of the year.

It seems to me that everyone from “pop psychologists” to actors (see Dwayne “The Rock” Johnson) from “life coaches” to “thought leaders” are telling us at the beginning of the year: “fail to plan; plan to fail”. “If you don’t set your own goals, someone else will set them for you” and my personal favourite “if you don’t set goals you will soon work for someone that does”.

Although some of these tag lines might be cliché and slightly cheesy, they are not wrong about a topic that we discuss at length with our BVP Sport Psychology clients this time of year. That is, you guessed it, goal-setting.

Goal-setting has gotten a bad reputation amongst athletes as being repetitive (it should be) and boring (only if you set bad ones). However, it is a proven cornerstone of peak human performance and it may be the most underrated mental skills process known to man (ok maybe I am over exaggerating but if you don’t set the bar high what’s the point...just like with your goals?)

So, ladies and germs please afford me a few words on why I believe you should set goals in 2021:

## 1. Goals remind you why you are making the sacrifice

Every athlete, from junior level to provincial, from amateur to professional all make sacrifices to participate in their sport. If you play in your local recreational football league it could mean training later at night after work or giving up time over weekends to participate.

If you compete at the highest level you might have to give up important phases of your life (your teenage years) or even forego “normal” habits. An example of this is the NBA legend Kobe Bryant who stated that he made the decision to sacrifice sleep during his career so that he could train and rehabilitate better (<https://www.stack.com/a/how-kobe-bryant-sacrificed-sleep-for-greatness>).

If these sacrifices are to prove worthy of your time and effort wouldn’t it be a good idea to link them to a goal so that when you achieve the goal you can show those around you that your sacrifice (and maybe even theirs) was, on some level, worth it?

I don’t know about you but if I am going to work hard, stay up late and make personal sacrifices I want to be clear about when, how and why they paid off. Especially when it comes to being accountable to my loved ones.

## 2. Goals hold you accountable to others

Speaking of being accountable to others.

It is a GREAT function of goal-setting that when we communicate our goals to those closest to us we often feel a (good) obligation to them to work harder at achieving those goals.

I definitely do not want to explain to my colleagues or clients why I was still sleeping when they expected me to be on the first tee at 6.00am for a practice round. So, when I communicate my goal of being more punctual in 2019 (a real goal for me) to our clients I know that they will expect it of me and in turn I will also expect it even more from myself.

If I am only accountable to myself I love a snooze button on cold winter mornings more than anything and I will sleep in, consequences be damned. However, when I know that my clients are depending on what I shared with them regarding my punctuality goal, I have a very strong reason not to disappoint them.



It doesn't make the getting out of bed part easier but it does make it more bearable knowing that I am being accountable to those who depend on me.

### 3. Goals guide you through the good times

I can hear the collective groan. Are goals not supposed to get you TO the good times not THROUGH them? My answer? You would think so but they are also imperative when you taste success.

See the challenge is that we as humans (and athletes) are inherently lazy when it comes to the period after having achieved a goal. Just think of Mr. Caveman when, back in the day, he had a hunt and ate himself to a stand-still (or lie down). He had achieved his goal of survival but the next few hours were crucial in that a predator could take advantage of his immobility.

It is the same with reaching athletic goals. We regularly warn our clients that the only thing that is more "dangerous" than not reaching a goal is achieving it. The reason

is that achieving a goal makes many athletes rest on their laurels and they often stop working as hard.

Thus, when you have achieved a goal and the good times are "rollin" it would advisable to re-define your goals and set more challenging ones. Did you achieve many, or all, of your goals for 2019? Then I am speaking to you!

So, in this our first blog of 2021, I want to challenge you to set some well-defined and challenging goals for yourself for the coming year, but be warned: once you hit a few goals this process can become addictive and lead to unforeseen success and growth. Remember you were warned....

All the best and remember to Play GREAT!

Theo Bezuidenhout







Top Left; Vereauxs Owl | Top Right; Grey Heron

(Photographer: Trevor Barnett)

Bottom Left; Woodland Kingfisher | Bottom Right; Longcrested Eagle





2021 is upon us and as we look ahead with hopes, dreams and aspirations to grasp the year with both hands and strive to live the finest life on offer, we find ourselves battling with what everyone is proposing as the “new normal” with the second wave of COVID making its way through the people of our beautiful country and also, on a much large scale, the world.

Unfortunately for us, COVID is here to stay and as we have seen, there is no quick fix, currently no miracle drug and although the vaccine is on its way, like anything, it will take time for “herd immunity” to take effect. It has affected people worldwide in different ways and one has to take all of this into account. All of this we have heard before on the news or in a general discussion with peers.

Regarding membership and the way forward, we would like to look at this year not as the “new normal” as definition of normal itself does not apply to what is happening around us at the moment but to accept *change!* The change that is happening around us, embrace it and move forward with it. Change the way you look after your health and those around you – wear a mask. Change the way your shop, play golf or visit a restaurant – wash your hands be mindful of those around you and your surrounds. We need to continue to live our lives but we just have to embrace the change that is happening, accept it and use it to our advantage.

We ask all members to assist us in embracing and accepting the changes that happen around the Club on a monthly basis. Be sure to keep up with the changes in COVID-19 regulations and we all look forward to the opening of the bar again, in the not too distant future.

Our membership categories and pricing will go under discussion for the new financial year (July 2021) when we will take into account the changes happening around us and we will communicate these updates to the membership at the end of March 2021 to enable everyone to plan and budget for the upcoming membership subscriptions renewal run. This will start in April 2021 and all annual fees or debit order mandates will be due by end June 2021.

Should you have any queries regarding your membership or rounds please do not hesitate to contact us. We are still running the members incentive that should you refer a new member to the club you will received 12 free rounds. [membership@royaljk.co.za](mailto:membership@royaljk.co.za)



# 2021 CLUB CHAMPIONSHIPS

MENS, LADIES AND JUNIORS

**SATURDAY 13 & SUNDAY 14  
MARCH 2021**

R 500

INCLUDES GIVE AWAYS, GRAB & GO  
HALFWAY FOR BOTH DAYS  
& PRIZE GIVING SNACKS

TO ENTER EMAIL - [ROYAL@ROYALJK.CO.ZA](mailto:ROYAL@ROYALJK.CO.ZA)





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# The Golfers Scorecard

An official welcome back to all our members and I am sure that we are all forever hopeful that 2021 turns into a great year and brings a bit of the 'familiar' back into our daily routine.

## League

Before we had a chance to blink, the league season kicked off for our betterball league players and what a fantastic start it was for our West team. Just a reminder that if you would like to play in any of the league sides please email [golfops@royaljk.co.za](mailto:golfops@royaljk.co.za) and we will ensure the captain of the relevant team, contacts you.

The following league games are scheduled:

- Mid Am League: 13 February 2021
- Junior League: 28 February 2021

## League results

- BB West team vs Maccauvlei (Won)
- BB East team vs Riviera (Lost)

## Important dates

- SA Amateur Match and Strokeplay Championship: **12 to 19 February 2021.**
- Annual Club Championships: **13 & 14 March 2021**
- Betterball knockout round 1: **27 March 2021**
- Greensomes knockout round 1: **6 March 2021**
- Singles knockout round 1: **10 April 2021**
- Mixed knockout round 1: **3 April 2021**

## Special Mentions

We are happy to announce that a reciprocal agreement between Pecanwood and Royal has been recently established. Please see the poster for more information and how to utilize this agreement between 2 amazing golf clubs. Additionally, we are arranging a reciprocal list that can be used during the week of the SA Amateur Championship.

The golf department is investigating a product that is currently being used on the Sunshine Tour. This product has a life span of up to 30 days and will result in rakes being left on the course again as well as the option of taking the flag out the cup. More information will be communicated closer to the time.

The months of December & January have been extremely wet and a draining time for the green keeping staff, with rainfall being at an all time high and a few storms being thrown in the mix. Hats off must go to Shaun Brits and his team for doing an amazing job on the courses despite the obstacles they have been faced with. The courses that have been presented to the members have always been nothing short of world-class despite all the challenges.

In closing, the golf team would like to thank all our members for their understanding, support and patience during these trying times. Whilst we try and offer a Royal experience at all times, it is never easy with the current restrictions and we know that it can cause disruptions to the experience we offer. The understanding and support that has been shown towards our team from the members has been heart-warming and for this we thank you.

Golfing regards,

Jayde Rademeyer



# NEW RECIPROCAL CLUB

MEMBER RATES APPLICABLE



PECANWOOD  
ESTATE  
HOMEOWNERS ASSOCIATION

Bookings: [proshop@pecanwoodgolf.co.za](mailto:proshop@pecanwoodgolf.co.za) | 012 244 8080

## RECIPROCAL CLUBS 2021

Auckland Golf Club, New Zealand	Royal Ascot Golf Club, England
Bloemfontein Golf Club	Royal Cape Golf Club
Chapman Golf Club, Harare, Zimbabwe	Royal Clinique Ports Golf Club, England
Denman Golf Club, England	Royal Dublin Golf Club
East London Golf Club	Royal Durban Golf Club
Hong Kong Golf Club	Royal Colwood Golf Club
Humewood Golf Club	Royal Harare Golf Club, Zimbabwe
Inanda Club	Royal Ottawa Golf Club, Canada
Killara Golf Club	Royal Perth Golf Club, Australia
Kloof Golf Club	Royal Port Alfred Golf Club
Omeya Golf Estate, Windhoek Namibia	Royal Queensland Golf Club, Australia
Pecanwood Estate Golf Club	Royal Wellington Golf Club, New Zealand
Phakalane Golf Estate Botswana	Royal Wimbledon Golf Club, England
Prince's Grant, Durban	Rustenburg Golf Club
Pretoria Country Club	The Victoria Club, Pietermaritzburg
Real Sociedad Hipica Espanola Club de Campo, Madrid	Westlake Golf Club
Royal Aberdeen Golf Club, Scotland	Windsor Golf & Country Club, Kenya
	Zebula Country Club





# MIXED OPEN

*East Course*

**SUNDAY 28 FEBRUARY 2021**

*11h30 onwards*

R 450 (visitors & members without pre-paid round)

R 150 (members using a pre-paid round)

**Bookings: [ladies@royaljk.co.za](mailto:ladies@royaljk.co.za) or WhatsApp 082 772 0489**

Royal Jhb & Kensington Golf Club | no. 1 on Fairway Avenue, Linksfeld North | 011 640 3021 | [www.royaljk.co.za](http://www.royaljk.co.za)



Welcome back to the Club and our beautiful courses and I trust you all had a happy festive season, wherever you were. I know that it wasn't a very happy time for a few of our lady members who succumbed to the dreadful virus, but I am thrilled to be able to report that all those affected, continue to recover and it is hoped that they will all be back on the course again soon.

Our 2020 Festival of Golf was a great success and finished off what was a dreadful year for most, on a high note. Thank you to everyone who supported the various competitions, took raffle tickets and just embraced the week of golf and friendship. Two competitions involving the ladies were the open mixed competition held on Sunday 6<sup>th</sup> December and the ladies open day, held on Tuesday 8<sup>th</sup> December and the winners of those days were:

Open Mixed:

Sam Hudson, Robyn van Ginkel, Colin Garden and Neil Urmson

Ladies Open:

Gill Wood, Jenni Bell, Lynn Mordt and Pam Spencer

It was definitely Pam Spencer's lucky week as she was the winner of the wheelbarrow raffle – well done Pam!

Our year started off very well on Thursday 21<sup>st</sup> January with our weekday league team romping home with a 3 – 0 victory over Eagle Canyon at Eagle Canyon. Our Sunday league team took on Modderfontein on the West Course on Sunday 24<sup>th</sup> January and went down 1 – 2 to a very strong team. Well done to the players of both teams and thank you again to our two dedicated captains, Lynn Gardner (weekday league) and Sandra van den Bergh (Sunday league).

We will be holding an open mixed competition on Sunday 28<sup>th</sup> February, East Course, from 11h30 onwards and are hoping to get good support from our members and their friends. Please see the poster attached in the newsletter and should you have any queries, please do not hesitate to get hold of me. On the subject of mixed competitions, the draw for this year's mixed knockout will be out by early February, so please look out for that if you have entered.



In closing, I thought I'd share an interesting clip about women's golf and why women should be encouraged to play this wonderful game (credits to Derek and Sheena James):

## A game for all ....

Women account for just a quarter of golfers worldwide. But the positive benefits of golf apply to everyone, regardless of gender, age or ability.

## Health and wellness ....

A single round is at least 10 000 steps out in the fresh air. You're getting movement and stress relief in one.

## Social connection ....

Golf is a great way to make new friends or strengthen existing relationships, or both. And there is also lots of opportunities to network.

## Personal growth ....

Golf may be a challenging game, but overcoming obstacles during a round, builds confidence and helps you achieve self-actualisation.

Worth remembering when you are having a bad round.....

Happy golfing ladies and look forward to seeing you all around the Club. Please keep happy, healthy and safe....,

Wendy Huddy



## GROCERIES

Delivered to your door

### MEAT

BACK BACON **R89** p/kg  
CHICKEN BREAST FILLET **R89** p/kg  
TRADITIONAL BOEREWORS **R80** p/kg  
BEEF RUMP STEAK **R135** p/kg  
BEEF PATTIES 4x150g **R60**

PREMIUM MINCE (90/10) **R80** p/kg  
BEEF WHOLE FILLET STEAK **R185** p/kg  
BONELESS LEG OF LAMB **SQ** p/kg  
LAMB LOIN CHOPS **SQ** p/kg

### FROZEN FOOD

CHIPS 1KG **R35**  
PEAS 1KG **R39**  
MINI PEPPER STEAK PIES 60pc **R159**  
VEGETABLE SAMOOSAS 60pc **R129**  
BOBOTIE SPRINGROLLS 50pc **R175**

CORN 1KG **R39**  
MIXED VEGGIES 1KG **R39**  
BEEF SAMOOSAS 60pc **R150**  
HASHBROWN 1.2KG packet **R85**

### DAIRY

GRATED CHEDDAR 1KG **R100**  
GOUDA 1 KG **R100**  
MILK LONG LIFE (FULL FAT) 1L **R18**

MOZZARELLA 1 KG **R95**  
MILK LONG LIFE (LOW FAT) MILK 1L **R18**

### DRY GOODS

TOMATO SAUCE 500ML **R40**  
HONEY 500G **R60**  
GOLDEN SYRUP **R40**

C&B MAYONNAISE 750g **R35**  
MAPLE SYRUP **R40**  
PEANUT BUTTER 400g **R40**

### TINNED FOOD

COCONUT MILK 400G **R18**  
SWEET CORN 400G **R23**  
TINNED TOMATO 400G **R15**

PINEAPPLE PIECES 400G **R28**  
TOMATO & ONION MIX 410G **R20**

**SPECIAL REQUESTS WELCOME**  
**ALL ITEMS WILL BE SANITIZED**



### DELIVERY FEE:

R30 - 10km radius of Royal  
R50 - 20km radius of Royal We will  
schedule a delivery time with you or  
deliver within 24 hours

Call or WhatsApp: Erik 082 924 5665  
Email: fb@royaljk.co.za



## HEAT & EAT

Delivered to your door

### Serves four

Hearty Lasagna **R220**  
Steak & Guinness Pie **R210**  
(Half portion **R105**)  
Traditional Bobotie **R210**  
(Half portion **R105**)  
Butter Chicken Curry & Rice **R220**  
(Half portion **R110**)  
Honey Glazed Gammon **SQ**  
(On request 48 hours lead time)

Moroccan Chicken & Cous Cous **R240**  
(Half portion **R120**)  
Chicken Schnitzel (pack of 4) **R100**  
Vegetable Chilli Con Carne **R185**  
(Half Portion **R95**)  
*Served with tortilla wraps & rice*  
Beef Wellington **SQ**  
(On request 48 hours lead time)



### Soup for one

Butternut **R40**  
Minestrone **R45**  
Tomato & Basil **R40**

### Dessert for four

Malva Pudding & Custard **R125**

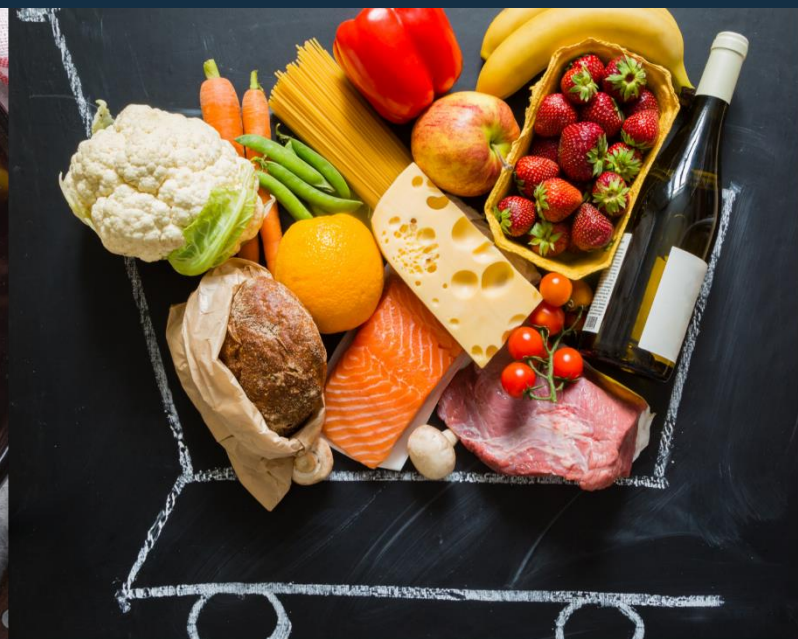
### Delivery Fee

R30 - 10km Radius of Royal  
R50 - 20km Radius of Royal  
We will schedule a delivery  
time with you or deliver  
within 24 hours

Call or WhatsApp: Erik : 082 924 5665  
Email: fb@royaljk.co.za  
EFT or Credit Cards payments only



All safety and hygiene measures will be followed  
All items will be sanitised before delivery



## DINNER MADE EASY

ORDER YOUR HEAT & EAT MEALS TODAY  
DELIVERED TO YOUR DOOR

## WE CAN HELP WITH YOUR GROCERIES

CHECK OUR MENU'S TO SEE WHAT WE HAVE ON OFFER  
DELIVERED TO YOUR DOOR



ROYAL JOHANNESBURG & KENSINGTON GOLF CLUB

*Make Valentines day special with a romantic dinner  
hamper delivered to your door*



# Valentine's Dinner hamper For 2 R595

## STARTER

GREEK MEZE PLATTER  
DOLMADES, BEEF KOFTAS, CALAMATA OLIVES, MARINATED  
BRINJAL WITH HUMMUS, TZATZIKI & PITA

## MAIN

SLOW COOKED LEBANESE LAMB SHANK SERVED WITH  
CARAMELISED ONION MASH POTATO AND SEASONAL  
VEGETABLES

## DESSERT

HOMEMADE CHOCOLATE BROWNIE WITH VANILLA ICE CREAM &  
CHOCOLATE DIPPED STRAWBERRIES

*Accompanied with a bottle of non alcoholic wine  
All heating instructions will be included*

Delivery Fee

R30 - 10km radius of Royal

R50 - 20km radius of Royal

Pre order before 5pm Wednesday 10 February

ALL ORDERS WILL BE SCHEDULED FOR DELIVERY

**Contact: Erik 082 924 5665 | Email: fb@royaljk.co.za**



## Greg Jacobs Pro Shop

I'm very excited that I have been able to secure another 50 dozen ProV1 X golf balls on the promotion price of R600 per dozen saving you R200. Come get yours while stocks last.

To all you corporates out there, Titleist also have a deal running that when you buy 12 dozen balls or more you will not pay for the printing of the logo! You can also benefit from the ProV1 X special while stock last.



There are 2 huge launches happening on the 19 February. TaylorMade are showcasing the new Sim 2 range. You would have seen Rory playing with the driver in Abu Dhabi this past weekend.



I attended the online launch of the new Callaway Epic Speed. They are launching a full range of product from balls to putters to drivers and everything in between. They suggest it is the longest and most forgiving driver they have ever made! If the success of the Epic Flash and Mavrik ranges are anything to go by then this driver will be nothing short of great.

Whichever brand appeals to your fancy, make sure you get fitted by a professional to get the most out of your purchase.





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## Your monthly golf tip

Gavan and I wish all members all the best for 2021. We hope it will be a year of great golf. Come down to the range for some practice and contact us if you need help with the game.

I am starting this year with a video explaining my three favourite drills to get your year started in the right way. Click the link below and enjoy.







Just a reminder that Aimpoint Golf offers a full putting solution – **Green Reading, Speed & Distance Control and Aim.**

Golfers such as Ricky in the photo here have benefitted tremendously from an AimPoint lesson and follow-up. We initially focused just on AimPoint Express Green Reading for him and his full time caddy, followed by Personal Calibration to adapt for finger thickness and arm length. We worked through a Speed and Distance Control session using the patented AimPoint speed strip and practised start line training.

Ricky plays on the IGT Tour and has sent me many a testimonial of the impact of AimPoint on his game. In mid January he sent me a message: "Hey Sandra. I shot 67 – 71 – 64 this week. I made 26 putts with 13 greens in my final round. Putter got really hot so that was nice."

So why not learn a technique that will improve your self confidence in your line of putt, give you a repeatable and trusted system to work with on any green on any golf course and lower your handicap!

Contact me for more information and bookings.

**Sandra van den Bergh**

**Certified level 3 AimPoint Instructor**

*The only certified AimPoint instructor in Africa*

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**Golf Guys** – Your one stop shop for golf solutions [valueadds@royaljk.co.za](mailto:valueadds@royaljk.co.za) – [Click here to view brochure](#)

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